

# Conscious Contact

Serving Santa Cruz and Surrounding Areas

[Acamontereybay.org](http://Acamontereybay.org)

Dear Fellow Travelers,

## Welcome to the February Intergroup newsletter.

*This issue offers a brief snapshot of our January meeting, including newly elected trusted servants, financial highlights, upcoming events, and ways members can get involved. Thank you to everyone who continues to support ACA recovery through service, participation, and connection across our Monterey Bay meetings.*

## January Intergroup Highlights

### Officer Reports

#### 2026 Officer Elections

The following officers were elected unanimously to serve in 2026:

- Chair: Carol
- Vice Chair: Evie
- Secretary: Jeannie Mac
- Treasurer: Renee
- WSO Representative: Peg

#### Treasurer's Snapshot

Year-End 2025 Totals: \$3,987.26

January 2026 Totals: \$3,922.55

January expenses included VFW Hall rent and deposit for the quarterly potluck speaker meeting. The Treasurer's Report was approved unanimously.

#### Group & Meeting Notes (Brief)

- Many meetings reported **steady or growing attendance** and heartfelt sharing.
- Several meetings continue due to a **small core of trusted servants**.
- Some groups still need **Intergroup Representatives (IGRs)** and other service support.



## What's Coming Up!

### February 24

Intergroup Meeting

### April 19

Hybrid Potluck Speaker Meeting

### May 30

Spring Retreat 2026


## How to Get Involved / Service Openings

Service keeps ACA meetings and Intergroup healthy—and help is needed.

#### Current needs include:

- Intergroup Representatives (IGRs) for several meetings
- Participation on committees (Retreat, Workshops, Events)

Even small commitments make a big difference. If you are interested in serving, please reach out at the next Intergroup meeting or connect with an Intergroup Rep.

 *Your service helps strengthen our fellowship.*

## Committee & Coordinator Updates

### Hybrid Speaker Meeting

- **Quarterly Potluck Speaker Meeting:** Next meeting is Sunday April 19<sup>th</sup> at the VFW Hall. Setup 4:15 pm | Potluck 4:30 pm | Speaker 5:30 pm (Hybrid)

Intergroup approved adding an **in-person raffle at quarterly potlucks throughout 2026** to help offset venue costs.

### Literature & Website

- Literature sales and inventory remain healthy.
- Website maintenance continues; expanded analytics would require a paid upgrade.

### Retreat Committee

The **2026 retreat is on hold** pending additional participation. A final decision will be made after the next Retreat Committee meeting.



### New Business

Intergroup voted to approve the proposed ACA name change to **ACAD**:

- Yes: 11 | No: 1 | Abstain: 0

A minority opinion regarding financial impact was heard; no votes changed.




### Upcoming Dates

- **Next Intergroup Meeting:** Saturday, Feb. 28 at 4 p.m.

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*We are grateful for each of you who makes up the Monterey Bay ACA community. Your presence, service, and willingness to connect strengthen our shared journey of recovery.*

*We look forward to connecting with you at upcoming meetings, workshops, and events. Until then, may your Inner Loving Parent continue to guide you with gentleness, clarity, and peace.*

 *With gratitude and fellowship,*  
**Monterey Bay ACA Intergroup**

Visit <https://acamontereybay.org/minutes-2026/> for a complete report of the meeting minutes

## Get Involved (cont)

### Retreat 2026

Are you interested in participating in the planning of the retreat? Join the retreat committee and be heard and prepare for your ideas to come into action with love.

Help us support our theme: FUN IN FELLOWSHIP

Contact any of the committee members: Evie or Renee for more info or send an email to: [mbacaretreat831@gmail.com](mailto:mbacaretreat831@gmail.com)

You can also fill out our volunteer form online at:

<https://acamontereybay.org/retreat-2026-volunteer/>

### Be a Speaker!

Interested in sharing your ACA journey? Let us know!

Email [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) for more info.

### Donations Welcome!

Support our fellowship by donating via Venmo.

Email [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) for more info.