

MONTEREY BAY ACA INTERGROUP IG#654 MEETING MINUTES

Saturday, October 25, 2025, at 4:00 pm

Zoom Meeting ID: 89897977526 PC: 792214

ATTENDEES: INTERGROUP REPRESENTATIVES					
GROUP #	INTERGROUP MEMBER MEETING	IGR	PRESENT	PROXY	VOTES
CA1277	SUN 3:30 pm "Adult Loving Parent"	Sophia			
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	X		1
CA1264	MON 9:30 am "Scotts Valley ACA"	Jeannie	X		1
CA1371	MON 5:30 pm "Stepping Up in ACA"	Beverle	X		1
CA1308	MON 7:00 pm "Authentic Men"	Charlie	X		1
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	She'a Shaunna	X		1
CA1416	TUE 6:15 pm "Tony A Meditation"	Carol	X		1
CA1601	TUE 7:00 pm "New Love ACA Group" – Monterey	Megan			
CA1169	WED 9:30 am "Serenity Seekers"	Need			
CA1373	WED 5:30 pm "ACA @ UCSC"	Need			
CA1170	THU 5:30 pm "Women in Recovery"	Need			
CA1553	THU 5:30 pm "Gettin' the Band Back Together"	Bob	X	Jim C	1
CA1469	THU 7:30 pm "ABCs of ACA" Los Gatos	Krista			
WEB1329	FRI 8:15 am "8:15"	Shari	X		1
CA1276	SAT 9:00 am "Heart Circle"	Patt	X		1

ATTENDEES: OFFICERS/VISITORS					
TITLE	NAME	PRESENT	PROXY	VOTES	VISITORS
Chair	Evie	X		1	
Vice Chair	Renée	X		1	
Secretary	Need	Carol temp substitute			
Treasurer	Carol	X			
WSO Rep	Peg	X			
Visitors					

ATTENDEES: COMMITTEE CHAIRS/COORDINATORS					
COMMITTEE	STATUS	CHAIR	PRESENT	PROXY	VOTES
Website/Zoom	Active	Carol	X		
Workshop Coordinator	Active	Bob			
Quarterly Virtual Speaker Meeting	Active	Bob			
Literature Depot Host	Active	Caryn	X		1
Outreach Committee	Active	Need			
H&I Committee	Inactive	Need			
Retreat Committee	Active	Evie	X		

OPENING

- Evie opened meeting at 4:01 pm with Serenity Prayer
- Carol volunteered to provide Zoom meeting security
- Members read Mission Statement, Commitment to Service, 10th Tradition, 10th Concept and Guidelines for Business Meetings
- Carol is serving as secretary today with the help of zoom recording and AI Companion.
- Roll taken by Renee, voting rights clarified, quorum established at 10, with 10 voting members present. Two more arrived later for an eventual total of 12 voting members.

MINUTES

- Evie asked if there were any changes to the minutes of the September meeting and called for a motion to approve.
Motion to approve September meeting minutes made by Renee, 2nd by Carol Vote: (10-0-0)

OFFICERS' REPORTS

Chair Evie – Thanked everyone for coming to the meeting and for all the support for the recent Potluck / Hybrid Speaker Meeting.

MONTEREY BAY ACA INTERGROUP IG#654 MEETING MINUTES

Saturday, October 25, 2025, at 4:00 pm
Zoom Meeting ID: 89897977526 PC: 792214

Vice Chair – Renee -- No report but suggested we start thinking about who is interested in being 2026 officers; nominations in December, elections in January

Secretary - open position, no report. Evie asked if anyone wanted to volunteer for the position.

Treasurer – Carol - Carol screen shared the Treasurer's report. The \$1000 donation to WSO as voted last month has been made. The Speaker Meeting received \$175 in 7th tradition donations. VFW hall rental was \$225. Monday Authentic Men made a generous contribution of \$300. There was a literature sale to the Authentic Men's meeting. Currently have General Fund: \$2060.51 plus Reserves: \$1780.52 which totals \$3841.03. When we receive the \$100 VFW hall deposit back the General Fund and total will increase by \$100.

Motion: Accept Treasury Report as displayed Renee/Peg Vote: (10-0-0)

WSO rep: Peg reminded us that each meeting and Intergroup gets to vote on the proposal to rename ACA to Adult Children of Alcoholics and Disfunctional Families. She asked for clarification on how to identify the individual meeting reps in our area.

The meetings are listed on page 1 of the minutes.

On www.adultchildren.org, go to find a meeting. After locating the meeting click on "Contact this meeting"; after agreeing to keep the information confidential you will be given a name, email address and/or phone number of the meeting contact.

Meetings are invited to include comments on why they voted the way they voted.

Intergroup also can vote on this; Evie will put the vote on December agenda.

INTERGROUP REPRESENTATIVE REPORTS

- **Sunday 3:30 pm "Adult Loving Parent" Sophia absent, no report**
- **Sunday 6:00 pm "Laundry Lists" Peg** reported it has authentic shares. Core attendees.
- **Monday 9:30 am "ACA of Scotts Valley" Jeannie**
Meeting is strong, with as many as 20-30 at a meeting. Still needs a treasurer (Dottie is interim).
- **Monday 5:30 pm "Stepping Up in ACA" Beverle hadn't arrived yet, Shari reported**
4 core members rotate secretary duties. Attendance varies from 4-12. Renewed annual zoom in July.
- **Monday 7:00 pm "Authentic Men" Charlie**
Healthy attendances with 20+, newcomers. Voted to contribute quarterly to this IG and WSO with 60/40 split.
- **Tuesday 12:30 pm "Inner Loving Parent-Inner Child" She'aShaunna absent, no report**
- **Tuesday 6:15 pm "Tony A Meditation" Carol**
Increased participation lately with 10 or more. Guided meditation and reading from Tony A book.
- **Tuesday 7:00 pm "New Love ACA Group" Monterey Megan absent – no report**
- **Thursday 5:30 pm "Getting the Band Back Together" Bob absent, Jim C proxy**
The meeting is healthy with about 20 attending, lots of literature, rotating topic each week, strong core group.
- **Thursday 7:30 pm "ABCs of ACA" Krista absent – Jeannie reported attendance is down since they moved to a new location; she will find out more next week.**
- **Thursday 5:30 pm 'Women in Recovery' – Kerri no longer IGR, no report**
- **Friday 8:15 am "8:15" Shari**
Meeting going great. 18-26 attend.. They read Chapters 8 & 15 of BRB, meeting lasts 45 minutes with 2 minute shares.
- **Saturday 9:00 am "Heart Circle" Patt**
Meeting lately 15-17 in the room and 2 or 3 online. Shares are in depth and little or no space between shares. Newcomer today.

COMMITTEE / COORDINATOR REPORTS

- **Literature Depot – Caryn** presented the literature report for October.
Mailed 2 newcomer pamphlet, sold literature to Monday Authentic Men. No purchases this month. She will mail the gift book to the newcomer from the speaker meeting when she gets a mailing address.

Website – Carol reported she and Evie are working on a form for 2026 Retreat volunteers to sign up, offer to speak or offer workshops.

Hybrid Speaker Meeting ad hoc committee– Evie emailed out the committee's latest meeting notes in advance. Evie stated attendance was 35 including online. It was noted that the team unfortunately forgot to set the zoom setting for the game music to be audible to zoom participants. We will do better next time. One member stated she didn't enjoy the music game. The idea was to have some fun interaction for participants when the meetings were all zoom. Shari said she has other fun ideas she will send to Bob. Financial recap: VFW charged \$225 and we received \$175 in 7th tradition so our net cost was \$50.

Virtual Speaker Meeting & Workshops – Bob absent today; Evie read a brief report that Bob had sent, stating we had a successful first hybrid potluck / speaker meeting.

Motion: Renee/ Jeannie – Continue regular schedule of quarterly speaker meeting as hybrid with potluck (11-0-0)
Informal show of hands indicated members support using the VFW hall again. Carol will follow up with the venue.

MONTEREY BAY ACA INTERGROUP IG#654 MEETING MINUTES

Saturday, October 25, 2025, at 4:00 pm
Zoom Meeting ID: 89897977526 PC: 792214

Next one will be **Sunday, January 25**

- **Retreat Committee – Evie, Chair**

Evie and Carol are working on an electronic form for volunteers which we expect to have ready within the next 2 weeks. Next meeting is Friday 10/31. We are also seeking volunteers to help on the Retreat Committee.

- **Outreach – vacant**

OLD BUSINESS

- **Liability insurance - Renee**

Renee reached out to Greater East Bay and San Francisco Bay Intergroups and received no response.

NEW BUSINESS

Potluck / Speaker Meeting survey results are incomplete (only 6 so far). Evie will report next month when more results are in.

Workshops: Shari has two workshops coming up – Grief Unraveled for Sunday, November 19 and Loving Parent Guidebook (multiple weeks) starting in January.

Motion: Sanction Shari's Grief Unraveled for 11/19/25 and Loving Parent Guidebook Workshop starting in January 2026 (Carol/Renee) Vote: (12-0-0)

Shari will send Carol the Grief Unraveled flyer to post on the IG website.

CONCLUSION

- **Next meeting Saturday, November 22 at 4pm.**
- **Motion: Adjourn after prayer: (Renee/Carol) Vote: 12-0-0**
- Evie closed the meeting at 4:42 with the Unity Prayer.

Respectfully submitted ,

Carol G

Substitute / Temporary Secretary 10/25/25