

# MONTEREY BAY ACA INTERGROUP IG#654 MEETING MINUTES

Saturday, November 22, 2025, at 4:00 pm

Zoom Meeting ID: 89897977526 PC: 792214

ATTENDEES: INTERGROUP REPRESENTATIVES					
GROUP #	INTERGROUP MEMBER MEETING	IGR	PRESENT	PROXY	VOTES
CA1277	SUN 3:30 pm "Adult Loving Parent"	Sophia			
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg		Eric	1
CA1264	MON 9:30 am "Scotts Valley ACA"	Jeannie	X		1
CA1371	MON 6:00 pm "Stepping Up in ACA"	Beverle	X		1
CA1308	MON 7:00 pm "Authentic Men"	Charlie	X		1
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	She'a Shaunna	X		1
CA1416	TUE 6:15 pm "Tony A Meditation"	Carol	X		1
CA1601	TUE 7:00 pm "New Love ACA Group" – Monterey	Megan			
CA1169	WED 9:30 am "Serenity Seekers"	Need			
CA1373	WED 5:30 pm "ACA @ UCSC"	Need			
CA1170	THU 5:30 pm "Women in Recovery"	Need			
CA1553	THU 5:30 pm "Gettin' the Band Back Together"	Bob	X		1
CA1469	THU 7:30 pm "ABCs of ACA" Los Gatos	Krista			
WEB1329	FRI 8:15 am "8:15"	Shari	X		1
CA1276	SAT 9:00 am "Heart Circle"	Patt	X		1

ATTENDEES: OFFICERS/VISITORS					
TITLE	NAME	PRESENT	VISITORS	PROXY	VOTES
<b>Chair</b>	Evie			Dottie	1
<b>Vice Chair</b>	Renée	X			1
<b>Secretary</b>	Need	Carol is temp substitute			
<b>Treasurer</b>	Carol	X			
<b>WSO Rep</b>	Peg				
<b>Visitors</b>	DeAnn		1		

ATTENDEES: COMMITTEE CHAIRS/COORDINATORS					
COMMITTEE	STATUS	CHAIR	PRESENT	PROXY	VOTES
<b>Website/Zoom</b>	Active	Carol	X		
<b>Workshop Coordinator</b>	Active	Bob	X		
<b>Quarterly Virtual Speaker Meeting</b>	Active	Bob	X		
<b>Literature Depot Host</b>	Active	Caryn	X		1
<b>Outreach Committee</b>	Active	Need			
<b>H&amp;I Committee</b>	Inactive	Need			
<b>Retreat Committee</b>	Active	Evie		Carol	

<b>OPENING</b>
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- Renee, Vice-Chair, opened the meeting at 4:00 pm with the ACA Serenity Prayer
- Carol volunteered to provide Zoom meeting security
- Members read Mission Statement, Commitment to Service, 11th Tradition, 11th Concept and Guidelines for Business Meetings
- Carol is serving as secretary today with the help of zoom recording and AI Companion.
- Roll taken by Renee, voting rights clarified, quorum established at 12, with 12 voting members present and one guest.

<b>MINUTES</b>
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- Renee asked if there were any changes to the minutes of the October meeting, which were emailed with the agenda, and called for a motion to approve.

**Motion to approve October meeting minutes made by Caryn, 2<sup>nd</sup> by Patt Vote: (12-0-0)**

<b>OFFICERS' REPORTS</b>
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**Chair** Evie – Absent

**Vice Chair** – Renee -- Mentioned November is gratitude month and people might want to make a donation to WSO.

**Secretary** - open position, no report. No volunteers today to take this position.

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**Treasurer – Carol** - Carol screen shared the Treasurer’s report. Not much activity since last meeting. There was a literature sale to the Heart Circle meeting and a literature purchase. Currently have General Fund: \$2069.94 plus Reserves: \$1780.52 which totals \$3850.46. The \$100 VFW hall deposit for our October speaker meeting was returned, and a new check issued to reserve the facility for January 25.

**Motion: Accept Treasury Report Dottie/Patt Vote: (12-0-0)**

**WSO rep: Peg** absent today. Renee reminded members that their meetings can vote (until end of January) on the proposed name change of ACA to Adult Children of Alcoholics and Disfunctional Families. Carol clarified meetings must be registered and are each issued a unique link for their vote.

## INTERGROUP REPRESENTATIVE REPORTS

- **Sunday 3:30 pm “Adult Loving Parent” Sophia absent, no report**
- **Sunday 6:00 pm “Laundry Lists” Eric** reported this meeting has a small core group and others are welcomed.
- **Monday 9:30 am “ACA of Scotts Valley” Jeannie** reported the meeting is strong, with as many as 13-18 at a meeting. Still needs a treasurer (Dottie is interim).
- **Monday 6:00 pm “Stepping Up in ACA” Beverle** stated 4 core members rotate secretary duties. Attendance varies from 4-12 but usually not many.
- **Monday 7:00 pm “Authentic Men” Charlie**  
Healthy attendances with 15-20. All service positions filled, including a new treasurer.
- **Tuesday 12:30 pm “Inner Loving Parent-Inner Child” She’aShaunna** reported attendance is 5-7 lately. They need a treasurer but other positions are filled, and they are stocked with literature.
- **Tuesday 6:15 pm “Tony A Meditation” Carol**  
Increased participation lately with 10 or more, new people attending, deep shares. Guided meditation and reading from Tony A book.
- **Tuesday 7:00 pm “New Love ACA Group” Monterey Megan absent – no report**
- **Thursday 5:30 pm “Getting’ the Band Back Together” Bob** reports the meeting is healthy with 15-25 all positions filled.
- **Thursday 7:30 pm “ABCs of ACA” Krista absent**
- **Thursday 5:30 pm ‘Women in Recovery’ –no IGR,** Dottie reported meeting is very well attended . All positions except Intergroup Rep are filled.
- **Friday 8:15 am “8:15” Shari** Meeting going great. 27-34 attending including lots of newcomers, however most attendees don’t have a BRB so hard to find readers. They read Chapters 8 & 15 of BRB, meeting lasts 45 minutes with 2 minute shares. Looking at becoming a ‘group’ instead of a ‘meeting’.
- **Saturday 9:00 am “Heart Circle” Patt** Meeting lately 15-18 with several in the room and some online. Shares are from the heart. Little or no time lag between shares.

## COMMITTEE / COORDINATOR REPORTS

- **Literature Depot – Caryn** was traveling so unable to display the report, which was emailed out with the agenda in advance of the meeting. She made one literature purchase, to replenish BRB and Inner Loving Parent stock. The newcomer who won the gift book at the October speaker meeting came to a meeting Caryn was attending and Caryn was able to give her a book, avoiding mailing cost.  
**Website – Carol** reported she and Evie have developed and posted a form for 2026 Retreat volunteers to sign up, offer to speak or offer workshops. No responses so far. Evie emailed out a notice and there is a red button on the front page of our website [www.acamontereybay.org](http://www.acamontereybay.org)

**Hybrid Speaker Meeting ad hoc committee– Carol** reported she has reserved the same facility (Tres Pueblos VFW hall on 7<sup>th</sup> Ave) for our next speaker meeting on Sunday, January 25, 2026. emailed out the committee’s latest meeting notes in advance. Evie stated attendance was 35 including online.

**Virtual Speaker Meeting & Workshops – Bob;** No workshop activity other than the 2 agenda items for upcoming multi-week workshops.

- **Retreat Committee – Carol** reported on Evie’s behalf that the committee is seeking volunteers, including being a committee member. Please announce at meetings and ask interested parties to send an email to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com). The Koinonia facility is booked for Saturday, May 30, 2026.
- **Outreach – vacant**

## OLD BUSINESS

- **None**

## NEW BUSINESS

**Laundry Lists Workshop starting January 10: DeAnn** requested that Intergroup sanction the next workshop which meets Saturdays 9:30-11:00 at Quaker Meeting House. The current workshop on Loving Parent Guidebook has 12-15 attending each Saturday. Laundry Lists workshop will run January 10-April 25.

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**Motion: Renee / 2<sup>nd</sup> by Shari: Sanction the Laundry Lists Workshop for Saturdays January 10-April 25**

Vote: 12-0-0

Intergroup thanked DeAnn for offering these workshops as a service to our ACA community.

**Loving Parent Guidebook Workshop starting January 14 2026 5:30-6:45pm**

Shari screen-shared a flyer for the workshop she will be presenting . She asks people to contact her in advance to register so she can be prepared.

When asked if she requests donations from workshop participants, Shari responded that she does and that she donates part of the proceeds to WSO with a 60/40 split. She recently donated \$325 to the WSO literature fund. Her recent Grief Unraveled (Sunday afternoon) workshop was attended by 37. The group thanked Shari for her service in offering these workshops.

**Motion: Jeannie / 2<sup>nd</sup> by Dottie: Sanction Loving Parent Guidebook online workshop Weds. January 10-April 25**

Vote: 12-0-0

Shari will send Carol the flyer to post on the IG website.

<b>CONCLUSION</b>
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- **Next meeting Saturday, December 27 at 4pm.**
- **December meeting will include the nomination of officers for 2026. Election process is part of the January meeting. Please mention at meetings that they may be considering who will be their Intergroup Rep for 2026, and may want to consider holding an officer service position. Meetings are autonomous in choosing their Intergroup rep.**
- **Motion: Adjourn after prayer: (Jeannie/Carol) Vote: 12-0-0**
- Renee closed the meeting at 4:40 with the Unity Prayer.

Respectfully submitted ,

Carol G

Substitute / Temporary Secretary 11/23/25