

MBACA MEETING AGENDA

Location: [Meeting by Zoom ID: 898 9797 7526 PW: 792214](#)

Date: **October 26, 2024**

Time: 4-5:30 PM

AGENDA DETAILS

I. WELCOME

- a. ACA Serenity Prayer
- b. Request Volunteer to protect meeting from zoom hackers

II. READINGS

- a. Mission Statement and Commitment to Service of Monterey Bay ACA Intergroup
- b. 10th Tradition and 10th Concept
- c. Guidelines for Business Meetings

III. WELCOME TO ALL THE IG REPS

- a. Vice Chair recognizes any new IG /reps, proxies and visitor.
- b. Determine who is eligible to vote

IV. MINUTES

- a. Review of September minutes
- b. Motion to accept minutes

V. REPORTS

- a. OFFICERS

- i. Chairperson – Evie
 - ii. Vice Chairperson – Renee
 - iii. Secretary – Jeannie
 - iv. Treasury – Dottie
 - v. WSO Representative - Peg
- b. INTERGROUP – from area meetings representatives
- c. COMMITTEE AND COORDINATOR
 - i. Literature – Carol
 - ii. Website – Carol
 - iii. Virtual Speaker Meeting – Bob
 - iv. Workshop Coordinator – Bob
 - v. Outreach – Rosa
 - vi. Retreat – Dottie
 - 1. Review Retreat Financial and Evaluation Reports

VI. OLD BUSINESS

- a. Second signatory for IG account – need volunteer
- b. Workshop / meeting time conflict – continued discussion
- c. IG expansion to surrounding counties (Los Gatos)

VII. NEW BUSINESS

- a. Spring Retreat

VIII. CONCLUSION

- a. Next meeting to be held November 23, 2024
- b. Motion to adjourn

ACA Monterey Bay InterGroup

Cash Sources and Uses

2024

	Group	Source/Payee	Type	7th Trad.	Group Donation	Event	Lit. Sales	R	Lit. Purchase	Payment	Totals	Bank Bal Calc	BR
01/01/24		Beginning Balance						*			\$516.76	\$1,588.73	
01/01/24	CA1264	Monday 9:30 SV	VN		\$240.00			*			\$756.76	\$1,828.73	
1/15/24	CA1553	Getting the Band back	VN		\$100.00			*			\$856.76	\$1,928.73	
01/21/24		IG Speaker Meeting	VN	\$30.00				*			\$886.76	\$1,958.73	
1/22/24	AC82458	Literature Purchase	VN					*	\$149.75		\$737.01	\$1,808.98	
01/23/24	LPG WS	Literature Sales	VN				\$151.75	*			\$888.76	\$1,960.73	
01/27/24	CA1553	Literature sales	VN				\$127.00	*			\$1,015.76	\$2,087.73	
1/27/24		Literature sales IG open house	VN				\$37.50	*			\$1,053.26	\$2,125.23	
1/28/24		Open house Raffle	VN			\$10.00		*			\$1,063.26	\$2,135.23	
1/29/24		LL workshop	VN		\$34.00			*			\$1,097.26	\$2,169.23	
1/29/24		Open house expense	VN					*		\$68.00	\$1,029.26	\$2,101.23	
1/29/24		Website backup	VN					*		\$4.99	\$1,024.27	\$2,096.24	
1/30/24		IG open house raffle	BA			\$274.00		*			\$1,298.27	\$2,370.24	
1/30/24		IG open house 7th trad	BA	\$67.00				*			\$1,365.27	\$2,437.24	
2/2/24		Open house Deposit return	VN			\$50.00		*			\$1,415.27	\$2,487.24	
2/6/24	AC83414	Literature Purchase	VN					*	\$191.67		\$1,223.60	\$2,295.57	
2/13/24	AC1233	Literature Sales	VN				\$145.50	*			\$1,369.10	\$2,441.07	
2/16/24		Mistaken Venmo transfer	VN	\$17.00				*		\$16.00	\$1,370.10	\$2,442.07	
2/27/24		Website backup	VN					*		\$4.99	\$1,365.11	\$2,437.08	
3/9/24	CA1276	Literature Sales	VN				\$21.50	*			\$1,386.61	\$2,458.58	
3/9/24	CA1553	Literature Sales	VN				\$18.00	*			\$1,404.61	\$2,476.58	
3/7/24		Literature Purchase	VN					*	\$176.18		\$1,228.43	\$2,300.40	
3/3/24	CA1276	Literature Sales	VN				\$11.75	*			\$1,240.18	\$2,312.15	
3/3/24	CA1553	Literature Sales	VN				\$60.50	*			\$1,300.68	\$2,372.65	
3/8/24		Literature Sales	VN				\$0.00	*			\$1,300.68	\$2,372.65	
3/11/24		Literature Sales	VN				\$0.00	*			\$1,300.68	\$2,372.65	
3/29/24		Website backup	VN					*		\$4.99	\$1,295.69	\$2,367.66	
3/25/24	CA682	Individual 7th tradition	PP	\$5.00				*			\$1,300.69	\$2,372.66	
4/1/2024		Literature Purchase	VN					*	\$120.99		\$1,179.70	\$2,251.67	
4/4/24	CA1553	Literature Sales	VN				\$24.00	*			\$1,203.70	\$2,275.67	
4/4/24	CA1276	Literature Sales	VN				\$54.25	*			\$1,257.95	\$2,329.92	
4/15/24	CA1276	Literature sales	VN				\$0.00	*			\$1,257.95	\$2,329.92	
4/15/24	CA1553	Literature sales	VN				\$0.00	*			\$1,257.95	\$2,329.92	
4/21/24		IG Speaker Meeting	PP	\$0.00				*			\$1,257.95	\$2,329.92	
4/23/24		IG Speaker Meeting	VN	\$20.00				*			\$1,277.95	\$2,349.92	
4/23/24	CA1354	Saturday Serenity	VN		\$100.00			*			\$1,377.95	\$2,449.92	
4/23/24		IG Speaker Meeting	VN	\$22.11				*			\$1,400.06	\$2,472.03	
4/25/24	CA1233	Literature Sales	VN				\$59.50	*			\$1,459.56	\$2,531.53	
4/22/24	CA1276	Heart Circle	BA		\$120.00			*			\$1,579.56	\$2,651.53	
4/29/24		Website backup	DC					*		\$4.99	\$1,574.57	\$2,646.54	
4/29/24	CA1233	Tuesday 12:30	VN		\$40.00			*			\$1,614.57	\$2,686.54	
5/1/24		Literature Purchase	VN					*	\$164.41		\$1,450.16	\$2,522.13	
5/6/24		Zoom	PP					*		\$159.90	\$1,290.26	\$2,362.23	

										Events	\$56.41			
										Travel	\$150.00			
										Total Reserve	\$1,071.97			
										Grand Total	\$4,737.41			

ACA Monterey Bay Intergroup IG654 LITERATURE INVENTORY REPORT

Oct 2024

ITEM	9/22 BEGINNING QUANTITY	# BOUGHT	# SOLD	10/21 ENDING QUANTITY
BIG RED BOOK - HARD COVER	6	0	6	0
12 STEP WORKBOOK	6	0	4	2
STRENGTHENING MY RECOVERY -SO	4	0	3	1
LAUNDRY LIST WORKBOOK	3	0	1	2
LOVING PARENT GUIDEBOOK	7	0	2	5
A NEW HOPE	0	0	0	0
NEWCOMER BOOKLET	46	0	22	24
TOTAL LITERATURE INVENTORY				

OUR PRICE	BEGINNING INVENTORY VALUE	ENDING INVENTORY VALUE
\$18.50	\$111.00	\$0.00
\$12.00	\$72.00	\$24.00
\$10.00	\$40.00	\$10.00
\$12.00	\$36.00	\$24.00
\$11.75	\$82.25	\$58.75
\$1.60	\$0.00	\$0.00
	\$0.00	\$0.00
	\$341.25	\$116.75

Total Sales	Total New Stock Purchased	Sales minus Purchases
\$ 259.70	\$ -	\$ 259.70

\$ (224.50) Change in inventory value

GIFTS TO NEWCOMERS	Prior YTD	This month	Ending YTD		
NC Pamphlets	16	2	18		
Speaker Meeting NC Gift Books	2		2		
Books / pamphlets	\$ 80.90	\$ 3.20	\$ 84.10		
Postage	\$ 18.48	\$ 2.64	\$ 21.12	stamp price	\$ 0.66
Total	\$ 99.38	\$ 5.84	\$105.22		

FILLED ORDERS

	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	TOTALS: QTY & \$
	9/28/24	10/3/24	10/7/24	10/21/24	10/21/24									
BIG RED BOOK - HARD COVER qty				3	3									6
" amt	\$ -	\$ -	\$ -	\$ 55.50	\$ 55.50	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 111.00
12 STEP WORKBOOK qty		1		3										4
" amt	\$ -	\$ 12.00	\$ -	\$ 36.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 48.00
STRENGTHENING MY RECOVERY qty				1	2									3
" amt	\$ -	\$ -	\$ -	\$ 10.00	\$ 20.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 30.00
LAUNDRY LIST WORKBOOK qty				1										1
" amt	\$ -	\$ -	\$ -	\$ 12.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 12.00
LOVING PARENT GUIDEBOOK qty		1		1										2
" amt	\$ -	\$ 11.75	\$ -	\$ 11.75	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 23.50
A NEW HOPE qty														0
" amt	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
NEWCOMER BOOKLET qty	1		1	20										22
" amt	\$ 1.60	\$ -	\$ 1.60	\$ 32.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 35.20
Cost of newcomer/gift	\$ (1.60)	\$ -	\$ (1.60)		\$ -		\$ -							\$ (3.20)
Markup for non Meeting events														\$ -
	\$ 1.60	\$ 23.75	\$ 1.60	\$157.25	\$ 75.50	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 259.70
Postage for newcomer / gift	\$ 1.32		\$ 1.32											\$ 2.64
	Suzanne / Campbell CA	Carol via Heart Circle	Megan Mountlake Terrace WA	Morgan Authentic Men CA1308	Kate Getting the Band CA1553									

INCOMING SHIPMENTS RECEIVED

Order#:	Date	TOTALS
BIG RED BOOK - HARD COVER		0
12 STEP WORKBOOK		0
STRENGTHENING MY RECOVERY - SOFT		0
LAUNDRY LIST WORKBOOK		0
LOVING PARENT GUIDEBOOK		0
A NEW HOPE		0
NEWCOMER BOOKLET		0
Total paid:		\$ -

	Count	Initials	DATE
BIG RED BOOK - HARD COVER	0	ccg	10/21/24
12 STEP WORKBOOK	2	ccg	10/21/24
STRENGTHENING MY RECOVERY - SO	1	ccg	10/21/24
LAUNDRY LIST WORKBOOK	2	ccg	10/21/24
LOVING PARENT GUIDEBOOK	5	ccg	10/21/24
A NEW HOPE	0	ccg	10/21/24
NEWCOMER BOOKLET	24	ccg	10/21/24

Photo confirmation-->



Literature Depot Price Review October 2024

Repricing methodology

After Intergroup formed, we decided to pass on our discount benefit to our member meetings.

Periodically we re-price our books because WSO raises their prices and shipping costs change.

This includes weighing the components of a shipment to allocate shipping costs.

We round our prices up to the nearest 25 cents for ease of calculation for sales.

In October 2024 we ordered **A New Hope** for the first time, which requires figuring out what our price needs to be.

The others haven't been revised for a while so this will align with new shipping costs.

Also including actual sales tax in this calculation for the first time. Sales taxes are based on item's list price.

Based on order # AC9739 7 October 2024	Shipping \$ total	Weight of this item lbs	This item's Share of shipment weight	This item Total Ship \$	Item	Qty	Current List each	With 30% discount	Shipping \$ each	Tax \$ Each (based on List Price)	Our cost each incl tax and shipping	Old Meeting Price	Suggest New Meeting Price (our cost rounded)	Increase	WSO (List) Price at ACA events
	\$ 26.09	14.625	54%	\$ 14.13	BRB	6	\$ 21.00	\$ 14.70	\$ 2.36	\$ 2.00	\$ 19.05	\$18.50	\$ 19.25	\$ 0.75	\$ 21.00
Book wt	27	2.625	10%	\$ 2.54	Step WKB	2	\$ 14.00	\$ 9.80	\$ 1.27	\$ 1.33	\$ 12.40	\$12.00	\$ 12.50	\$ 0.50	\$ 14.00
in lbs		2.563	9%	\$ 2.48	SMR	5	\$ 12.00	\$ 8.40	\$ 0.50	\$ 1.14	\$ 10.04	\$10.00	\$ 10.00	\$ -	\$ 12.00
			0%	\$ -	LLW		\$ 14.00	\$ 9.80	\$ 1.57	\$ 1.33	\$ 12.70	\$12.00	\$ 12.75	\$ 0.75	\$ 14.00
		3.250	12%	\$ 3.14	LPG	2	\$ 14.00	\$ 9.80	\$ 1.57	\$ 1.33	\$ 12.70	\$11.75	\$ 12.75	\$ 1.00	\$ 14.00
		3.812	14%	\$ 3.68	NewHope	10	\$ 10.00	\$ 7.00	\$ 0.37	\$ 0.95	\$ 8.32		\$ 8.50		\$ 10.00
			0%	\$ -	NC		\$ 2.25	\$ 1.58	\$ 0.03	\$ 0.21	\$ 1.82	\$1.60	\$ 2.00	\$ 0.40	\$ 2.25
Total wt		26.87	100%	\$ 25.97											

LLW weighs same as LPG

Used shipping cost for Newcomer pamphlets from an earlier analysis as there were none in this shipping and they are very lightweight

Sales Tax components	Tax rate this order	Tax amt this order
Los Angeles County	0.25%	0.64
SantaCruz County Dist Special Tax	2.25%	5.7
Los Angeles County local tax	1.00%	2.54
CA state tax	6.00%	15.21
Total sales tax rate	9.50%	24.09

Lb-oz calculator		
Lbs	oz	Lbs decimal
1	9.3	1.58125

Recovery in the Redwoods Retreat -- Actual Finances

Intergroup expenses applicable to other future events

Event Tickets Plus	(\$99.00)	1 year license thru 7/29/2025
Can use for workshop RSVP's to estimate attendance		
First Aid Kit	\$0.00	Donated by Beverle
<u>Other apps used by website for registration</u>		
SMTP.com for emailing RSVP received	(\$30.00)	1 month for 50k emails
Constant Contact for mass mailings to individuals (info about the retreat, follow-up evaluation)	(\$11.00)	per month

October 6, 2024 One-Day Retreat Camp Redwood Glen		Income and expenses
Price per attendee (Venmo, check, cash)	\$30.00	
Number of paying registrants	58	
Number actually attending	50	
Total collected from paying registrants		\$1,740.00
Additional payment by replacement attendee		\$30.00
Actual facility fees* for day use and lunch for 58 @ \$24 per attendee		(\$1,392.00)
Coffee / tea provided by facility at \$10 per refill		(\$50.00)
Deposit already paid to facility		\$96.00
Insurance for 1 day		(\$171.42)
Photocopying		(\$46.36)
7th tradition collected		\$97.00
Raffle ticket sales		\$472.00
Net income from retreat		\$775.22

*Facility requires final payment of \$1346 by October 21 (**15 days after the retreat**)

Retreat Actual Finances 10-2024.xlsx Final 10/16/1014

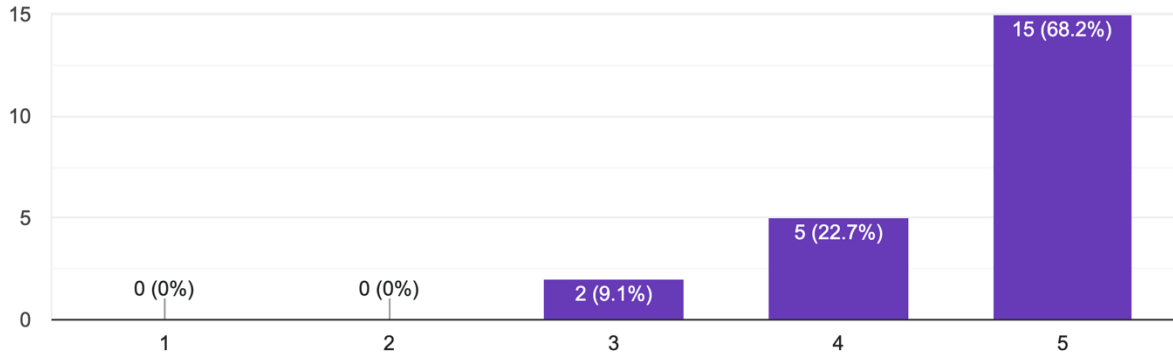
ccg

Recovery in the Redwoods Evaluation

23 responses

Registration and payment

22 responses



Registration / payment comment

8 responses

Reasonable price that I could come-up with the cash..... The registration process was simplified & clarified so that even I got it right.....Thank You Muchly

Easy and fast which I appreciate it very much 💕

Two step process might be streamlined into one process

As a venmo user I found it easy but might suggest a paypal link next time for this that don't have venmo.

Easy to use and no glitches.

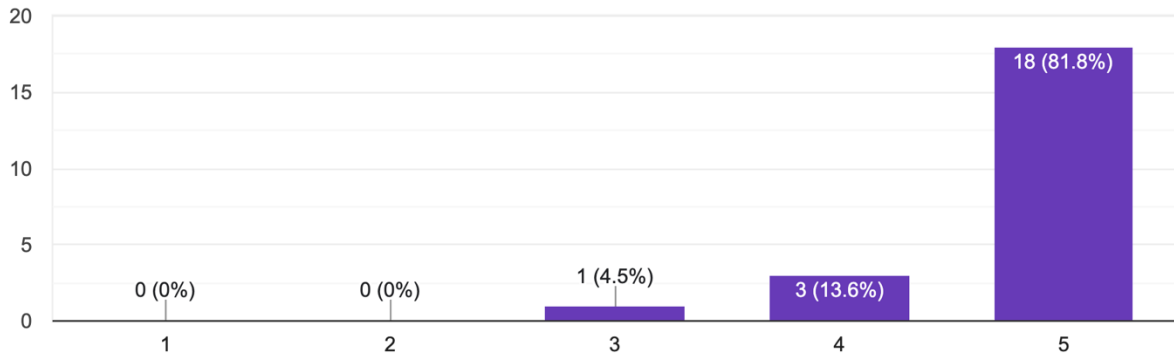
Trouble setting up Venmo, otherwise awesome

simple, easy process

I received conflicting info concerning whether I could make payment when I checked in but it was clarified beforehand

Check-in

22 responses



Check-in comment

9 responses

Lack of knowledge as to where to sign-in & the exact location of each building was a bit stressful. The parking lot contained no directions that I saw upon arrival., I was tardy getting there (late the previous nite I had someone explain the map to me & compare it to my interpretation) Still found the need to follow others when that was an option & ask for directions (which eventually..... right before workshop completion, was no longer needed).

Well oriented and professional

Fun to decorate the name tags and get the uno cards.

Although there were last minute changes to event locations it would be nice to have had site map. One posted on event schedule board too

Organized, friendly and fun welcome!

Fast and simple

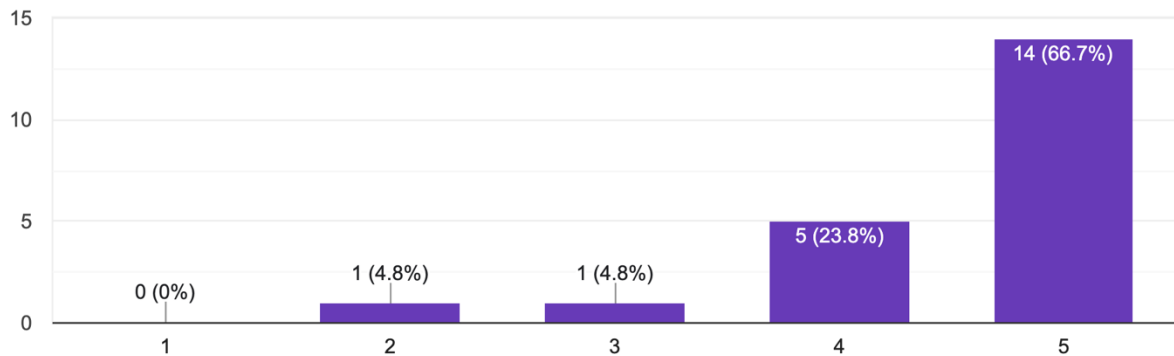
friendly welcome, fun stickers, to be more welcoming and inclusive, could use pronoun name tags (hello my name is, my pronouns are...)

I was unaware there was another event going on simultaneously; perhaps that could've been mentioned?

Check-in volunteers were welcoming and well informed

Welcome and icebreaker

21 responses



Welcome / icebreaker comment

14 responses

Very fun!

Nice to be forced to meet new people

I arrived too late to watch or play; seems like it would have been fun.

I don't usually like icebreakers but this one was fun; our question was favorite ACA literature.

Didn't go was volunteering at checking in booth

There wasn't enough time for everyone to share.

Did not attend but I heard good things about it

Nice way to meet new friends

Perhaps additional time to rotate groups so more of us can get to know new faces.

I loved having a few minutes to make a connection with people I hadn't met before.

it was long/tiring, and some people in my group talked so long that only half got to introduce themselves

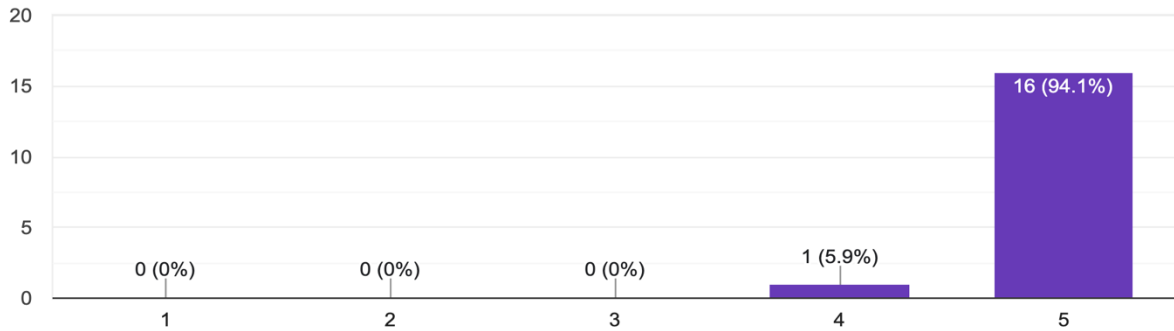
content and atmosphere were great - audio was bad when the mic was not used

Really enjoyed forum for meeting new ACA co travelers

I missed this as I had a late arrival.

Boundaries Workshop - Carol

17 responses



Boundaries workshop comment

15 responses

The combination of discussion and role-play was very effective.

Information was very helpful. Role play was fun. My partner really got into it and challenged me. It was great!!!!

Learned lot's will instructed and well written easy to follow and understand 🙌👍

So many great shares and practices

Carol was great. She could have used a bell or a signal to quiet the room.

I really enjoyed the enthusiastic participation and the format

Very helpful and the conversations that came up in the room were helpful

I was the facilitator and enjoyed the lively participant engagement. We all learned from each other.

Did not attend but my husband gives it a 10!

content was very helpful - esp what words to say - was able to define and set a boundary during the practice with breakout folks. Suggest a mic in order all can hear - I moved up but those behind me had challenges

Really well -done; Especially helpful was the buddy system practice part.

Did not attend but people liked it

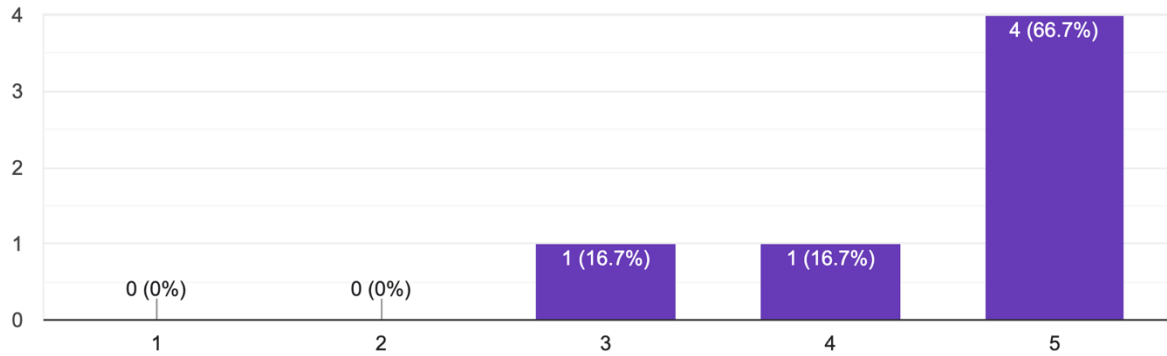
Didn't attend

Did not attend

really enjoyed the handouts and explanations and group discussion.

Spiritual Gifts of the Steps Workshop - Shari

6 responses



Spiritual Gifts workshop comment

9 responses

I didn't go to it but I'm sure it was fabulous because Shari is awesome

Went to Boundaries Workshop as it was relevant to my current recovery progress

I did not attend

I would have loved to go to this but was leading another workshop at the time

Loved Shari and the class!

n/a

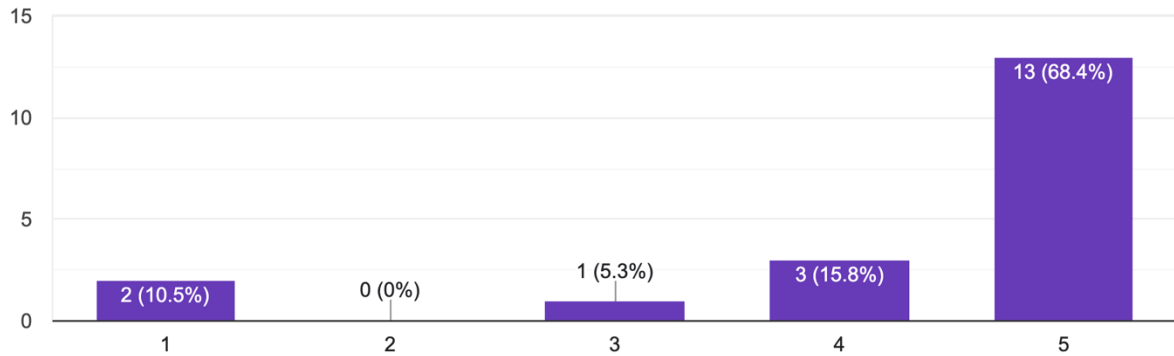
Did not attend

it was really good, well thought through, interactive, had a ceremony

didnt attend but hope to attend next time

Crafts / Personal Time

19 responses



Crafts / Personal Time comment

11 responses

I will cherish my beaded bracelet for years to come and always remember I made it there.

Time for my little girl to play

Unfortunately, it was very hot that day.,

Wasn't crazy hot yet, so able to enjoy being outdoors

Too hot in craft room. As someone out of area I got lost. Folks disappeared to I don't know where and I was left alone. Although I don't have answer as to where it may have been nice to have a prearranged social time. Meeting?

Very thoughtful crafts set up

I went to the Crafts Room. Nice to have free unscheduled quiet time outside the classroom setting.

was nice to have a break to relax a bit

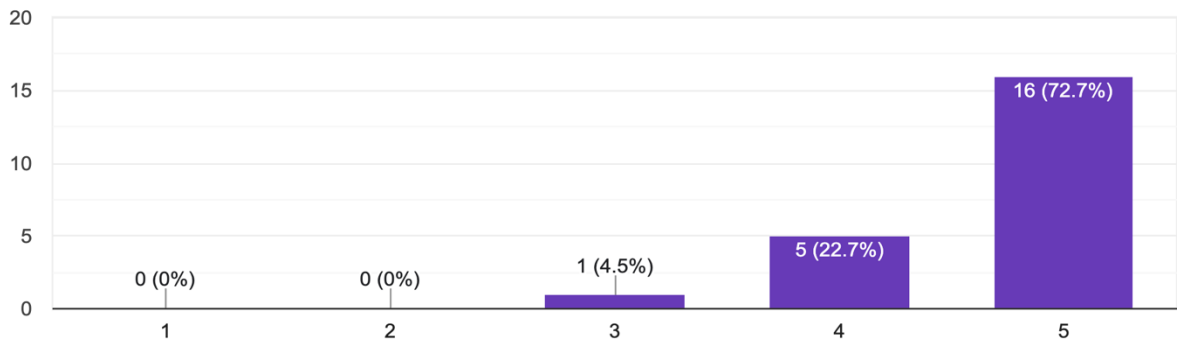
Was much appreciated; wish I had had more/longer time for this much needed section..... I noticed my Inner Children were feeling Very Peaceful 😊 ☺, & Appreciated and drawing contentedly.

adored the sewn bags and the rocks, loved making a bracelet. my inner kiddo was thrilled

Had a wonderful time stringing beads for a bracelet, sitting with a fellow traveler, and helping each other with securing the bracelets. The only feedback is it would have been great if we had the stretchy stuff that is used to string beads.

Lunch

22 responses



Lunch comment

16 responses

Lunch was excellent and the variety of food was perfect.

Delicious

Loved the potatoes and the fellowship

Food was good and well balanced nutritious also plenty of greens 🙌👍

my dietary needs are challenging, so I appreciate the effort very much

I was able to talk with and get to know my table mates and the food was good

Thank you for giving us the option to have a full vegetarian meal

Nice options

I was grateful they offered choices that fit my eating preferences. Nice sitting with several fellow travelers around a round table.

appreciated the round tables to meet and chat with others, food was good

Thnx...Loved o gf

Good choices for vegetarians and gluten free folks

I had a broccoli sprout that had brown spots on it

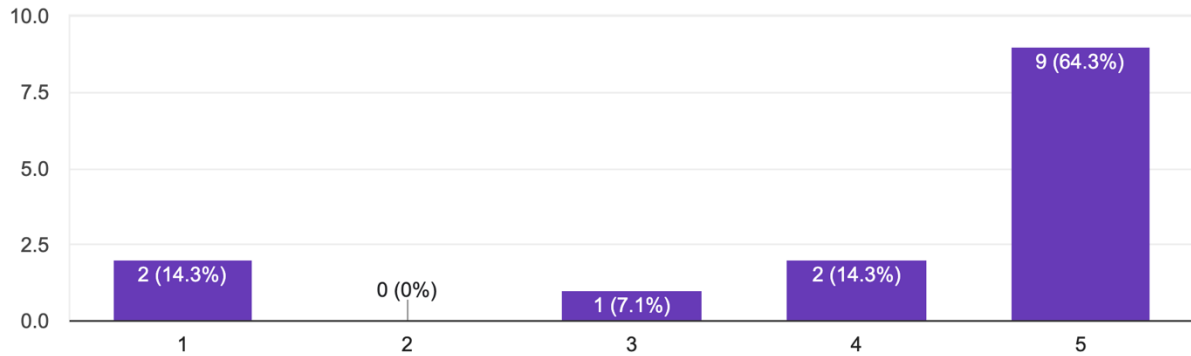
Perfect for all dietary restrictions

The food was fantastic! I also sat with folks that I had not previously met.

Awesome

Crafts Room

14 responses



Crafts Room comment

9 responses

The craft room was such a thoughtful and fun touch and a great way to keep people connecting during breaks!

Lots of choices

didnt use

Too hot

The room and chairs were uncomfortable. I relocated to do my craft but would have liked a group experience.

Thank You for the inspirational stones and burlap bags! Nice souvenir - so nice to have a Craft Room - a little too hot for me though

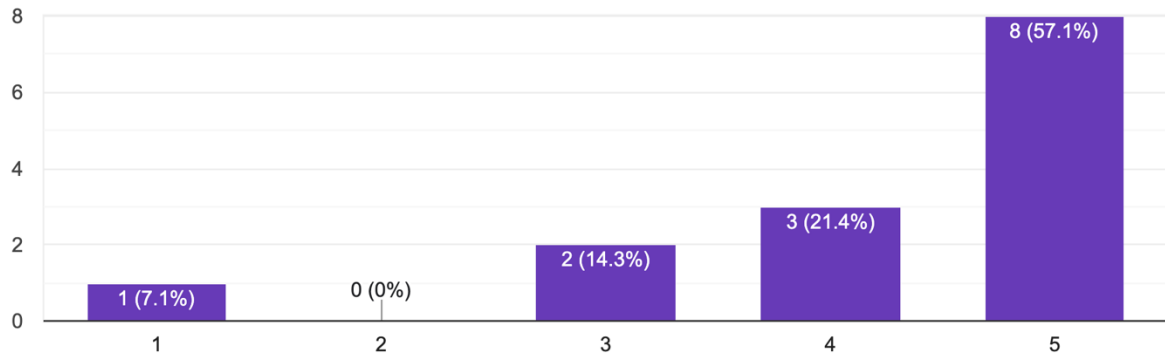
enjoyed finger painting, potato print, drawing with crayons. It was hot but I liked it.

the gifts were so thoughtful - the bag and rock...

Hot

Games

14 responses



Games comment

10 responses

Liked the choices. Unfortunately the heat slowed me down.

Too hot

Was too hot to play outside - My inner kids loved the rubber chickens!

I'm not a game gal myself but the offerings looked like fun

it was so hot outside otherwise may have liked more

Did not attend

great fun

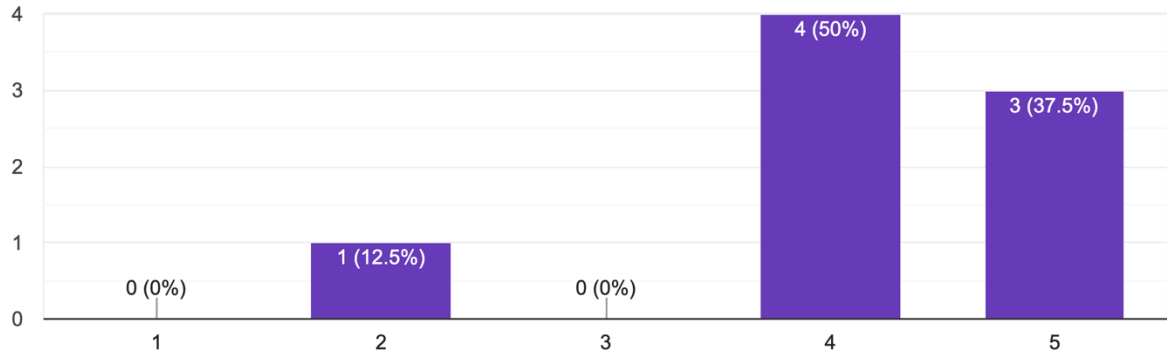
Way fun!!!

It was 95 degrees so too hot to enjoy

A lotta fun...tried every game offered. especially like throwing the chicken.

Joy & Gratitude Workshop - Fellowship

8 responses



Joy & Gratitude workshop comment

11 responses

Was excellent beautiful message and amazing speakers

Not really a workshop, great sharing from panel and participants though.

Loved the panel participants' take on the subject - they were all so different loved that there was a microphone and loved the room - a/c was great and ambient lighting made for a peaceful setting

Did not attend this session

Did not attend but my husband loved it!

n/a

I didn't taste the above

Good audience participation

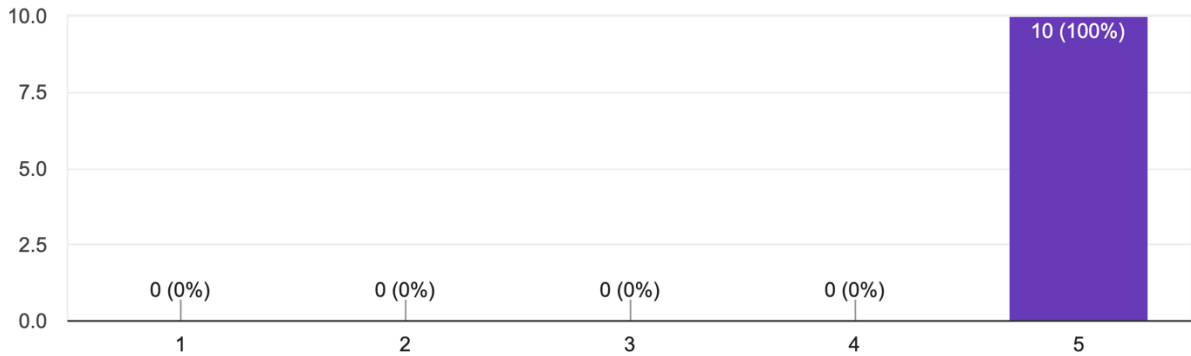
i left early as i was overheated

Liked the way Claudio included audience participation

Could not hear people in audience when they talked but speakers were very good on the panel. Glad it was air conditioned!

ACA Emotional Integrity Workshop - Shari

10 responses



ACA Emotional Integrity Workshop comment

11 responses

Did not attend

I didn't go to it because I was at the Joy and gratitude workshop

Appreciate the energy, community and shares. Although must need to mention, it was called "emotional integration" but that's fine I knew what you meant. :)

Incredible mediation and nice introduction to the LPG for those who haven't done it yet (like me!)

Looking in the other person's eyes exercise was moving.

esp appreciated the guided meditations

Well, it went much better than I expected. Very important subject matter, treated with great respect.

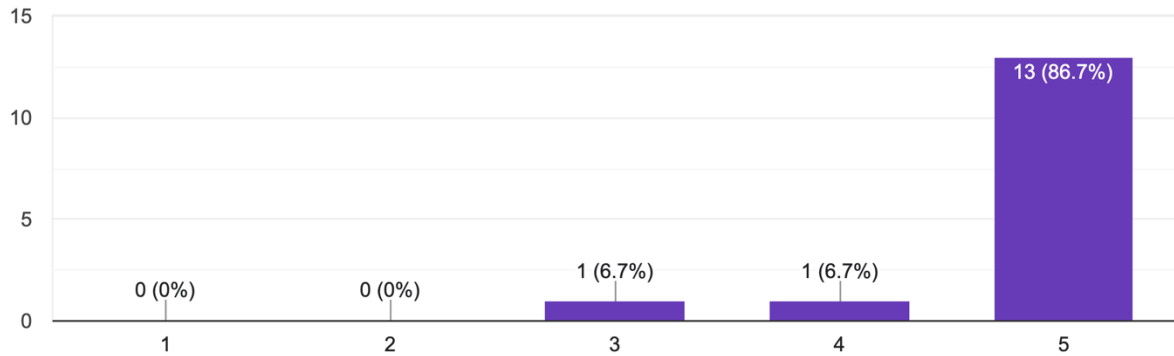
i left early as i was overheated

didnt attend but hope to attend next time

had an amazing experience of being a toddler with another fellow traveler as well as a second amazing experience of sitting across from someone I do not know and looking at each other's eyes for a long while. It was a beautiful moment.

Raffle Drawing

15 responses



Raffle drawing comment

10 responses

Lots of nice items

Excellent job and I won a valuable price 🙌👍👍

So many lovely prizes to choose from and so much fun to hear co travelers' responses when they won a prize

I didn't win anything but it was fun to see people winning things they really wanted.

fantastic prizes and wonderful set up - really liked that you could choose the item your tickets applied to and I won exactly what I wanted most wow!

I didn't have the cash, so I only bought 1.

Then I forgot the named-side went in the box. Had to leave early due to a friend "passing-over" & my needing to be with others who knew her.

Awesome prizes

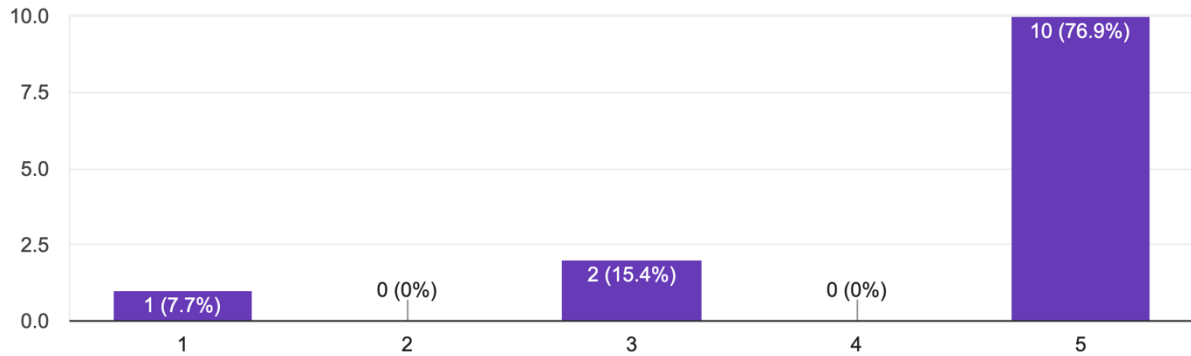
i left early as i was overheated

Left early

Great prizes...bummed I did not win something.

Speaker

13 responses



Speaker comment

9 responses

Bob was great. Wonderful presentation

Excellent, fantastic message and very encouraging very empowering thank you! Renée! Veberle! and Claudio. Great job you'!!! 🙌

Bob was good, I may have had speaker open event (would have given a few extra minutes for attendees to settle/arrive. By the time Bob spoke many had left event

Great topic, clear and concise. Excellent speaker.

having a celebration friend - wonderful message to take away

The speakers were great, when you could hear them. They would turn their heads & their voices were soft so requests were made to talk louder. Disappointing to hear only part of a good thing.

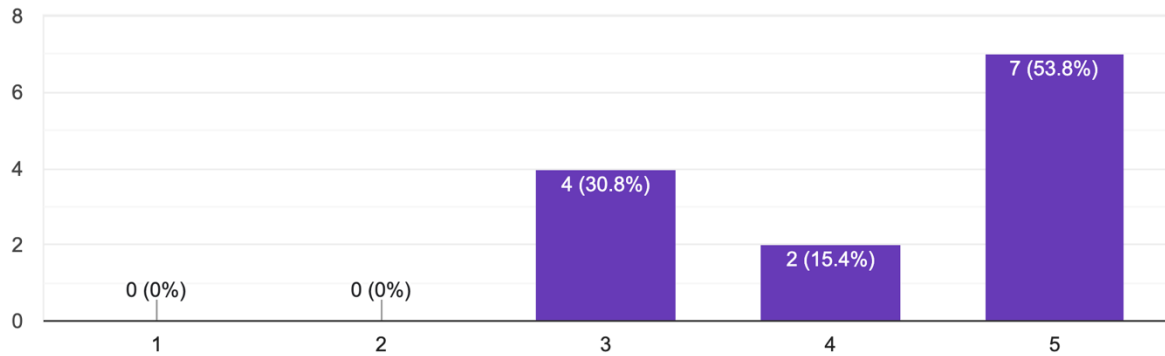
Loved Bob's message and delivery

i left early as i was overheated

Left early

God Box / Closing

13 responses



God Box / Closing comment

10 responses

Great way to end the event.

Although hot at other camps there is sharing/thank yous at closing circle.

I welcomed the chance to write a grump remark get it off my heart and know it would be released

Too hot outside to enjoy the fire but God Box was a great idea. Closing in a circle with a prayer was nice.

love the concept - was a little unsettling because of the fires going on - perhaps use bowl of water instead. notes written on slips of paper with felt tip pens, you could drop your own note and watch the water dissolve the words

Helpful& thoughtful idea that gave me a bit of hope. Had to miss the last part of the program. BOO 😞 HOO

Too hot for a bonfire

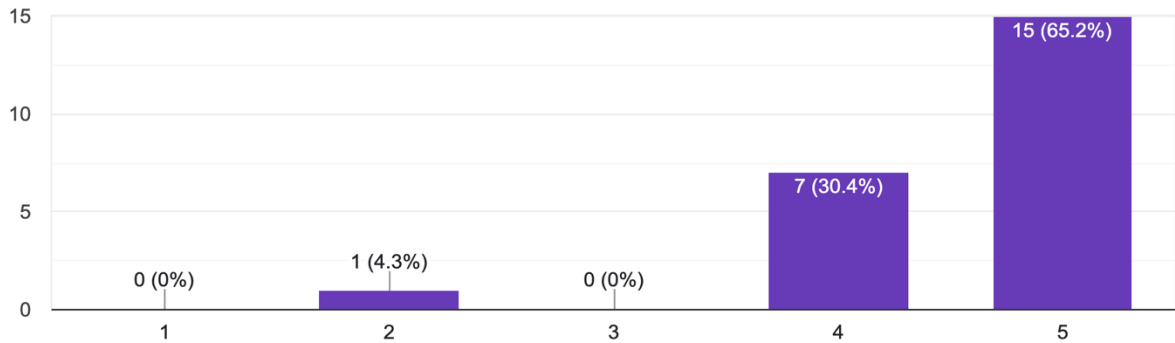
i put notes in but had to leave before the bonfire. the whole idea was great

Nice idea but too hot

Left early

How did you like Camp Redwood Glen?

23 responses



Camp Redwood Glen comment

14 responses

This is a wonderful venue and I never knew it was there!

Wonderful facility

It was too hot on the day of event

Nice setting, a drive from Watsonville but okay

Lovely to be in the woods. Buildings/areas were kind of spread out, and it required a lot of effort to get around.

I thought the setting was really and and of course would have been better if it had been cooler

Only a bit hot in the afternoon but a lovely setting

I liked the combination of indoor and outdoor space. Beautiful redwoods create a calming atmosphere.

Love the venue!

nice clean facilities, pretty, close enough to get to but still an adventure

I enjoyed the area; although at the end of summer it appeared hot, dry and barren. The seating arrangements were well thoughtout so we all could see & be heard.

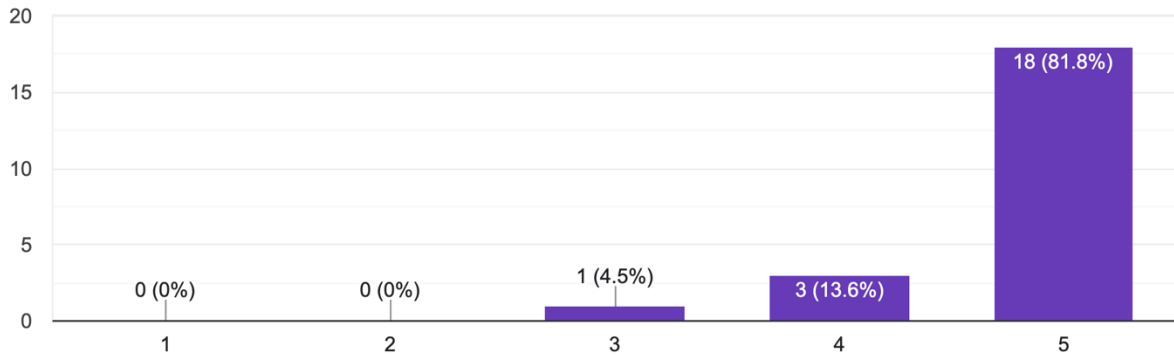
Just too hot.

Beautiful setting with good accomadations.

Amazing location

Drinks and snacks

22 responses



Drinks and snacks comment

12 responses

Awesome selection of snacks

Thank you to all who prepared food for this!!

Again, it's hard to cater to my restrictions with pre-fab food, but I could enjoy at least one item which was appreciated.

Grateful for the love put into home made snacks

Thanks for having coffee and tea and water all day

Very thoughtful assortment of goodies

I was glad that a variety of snacks was offered.

fun to see so many homemade items shared

Nice variety; something for everyone

Great snacks brought by participants

would have like bubbly water cans. loved the morning snacks.

More choices for drinks would of been nice

What did you especially enjoy about the retreat? Please explain

20 responses

The format, schedule, everything was so thoughtfully planned and flowed beautifully.

Everyone was enjoying the day

meeting and being around fellow travelers. Making connections and new friends

Meeting other ACA folks from areas outside of SC County. Boundaries class was all I could take as I had to leave before lunch.

Everything! From start to end had a great time thank you.

Being in community with new friends and old.

Community and getting to know people outside of meetings. Fun to be "at camp" with everybody.

I enjoy any community gathering. As someone who's default is to isolate and has to work on being with people I don't really know a camp/event help me to meet a greater number of my tribe

The camaraderie among fellow travelers - felt safe - my favorite times were during the Ice Breaker and at the panel -

It was great to see so many people and meet many people I have only seen on zoom screens before! I had some really lovely conversations and the opportunities to connect were abundant!

Fellowship

opportunity to make connections with others

A fellow & myself role played.....it was more than helpful.

Meeting people from out of town

The location and the workshops

the games & crafts

Inner child felt safe

The camaraderie, the people.

I enjoyed meeting new fellow travelers, the workshops were amazing. i had some amazing experiences on that day.

Only stayed until after lunch. Very welcoming and everything was amazing.

What did you dislike about the retreat? How could it be improved.

16 responses

Have it again!

Nothing

Nothing

Very satisfied with everything thank you committee and all volunteers 🙏

It was intensely long for me. I would personally do better with a shorter day.

I didn't feel there was a central focal point.

Too Hot - and I know you weren't responsible for that! :)

People seemed to need to leave earlier than 5pm, so perhaps doing the God box around lunch time

Weather too hot. Some workshop and activity location changes were confusing.

create a "convo corner" for folks who'd like to chat together more could go there. I had FOMO about not getting to go to all the workshops however I did like the flow of the day and would not have wanted it more packed in...

Walking in the STEAMING HOT 🥵 WEATHER FROM BUILDING TO BUILDING, recognizing where the next program- segment would be held & getting there on-time.

Can't change the weather

Having to choose between workshops; I wanted to attend all of them

its nobody's fault, it was too hot so i had to miss the afternoon as i got very dizzy

too hot. Maybe have it at a different time of year. Early spring or later fall?

Way too hot for all venues to not be air conditioned

Suggestions for future

12 responses

Another one in the spring

overnighter

Hope we do it again.

Some parts were hard to hear. Even when microphones were used. But that comes with folks using microphone closer to mouth.

Written program and Map

It would be lovely to have some ACA meetings available for those that would like to share in a safe container. I personally love to heal through song and dance, and I will think of a potential offering to volunteer to facilitate that in the future.

Maybe have only one workshop at a time?

have a sliding scale available and/or encourage home groups to sponsor/partial sponsor

I'm not sure if it's feasible but perhaps the workshops could be staggered vs simultaneous? I was told they'd be available again in the near future so I'll hafta be vigilant and patient 🙏

Try a diferent venue

All venues air conditioned . For me, the day was a bit too long.

Other comments

11 responses

Thank you so much to all who put this together. It was a wonderful event and I am so glad I went!

Awesome day!!!!

Hard to choose between workshops

I think the organizers, volunteers and presenters did a great job. It appeared to run smoothly despite the weather and last minute changes, and was a joy to attend. I got a lot out of it.

I don't know about other event locations near you. For me a place with less spread out activities. Maybe have been different if cooler.

Thank you for all who participated on the Retreat Committee!

Would zip line be possible to do as an activity? The facility has it.

FANTASTIC - so much love and care put into the retreat. THANK YOU!!!!

It's more fun when walking to & from Program segments plus entering a workshop, finding a chair,...& having someone to share comments between "classes".

It was really a special and wonderful day. Thank you!

I did not answer questions to events I did not attend.

Results pulled from google form 10/16/24 after closing the survey

ccg