

MBACA MEETING AGENDA

Location: [Meeting by Zoom ID: 898 9797 7526 PW: 792214](#)

Date: **June 22, 2024**

Time: 4-5:30 PM

AGENDA DETAILS

I. WELCOME

- a. ACA Serenity Prayer
- b. Request Volunteer to protect meeting from zoom hackers

II. READINGS

- a. Mission Statement and Commitment to Service of Monterey Bay ACA Intergroup
- b. 6th Tradition and 6th Concept
- c. Guidelines for Business Meetings

III. WELCOME TO ALL THE IG REPS

- a. Vice Chair recognizes any new IG /reps, proxies and visitor.
- b. Determine who is eligible to vote

IV. MINUTES

- a. Review of May minutes
- b. Motion to accept minutes

V. REPORTS

- a. OFFICERS
 - i. Chairperson – Shari (proxy for Evie)
 - ii. Vice Chairperson – Carol (proxy for Renee)
 - iii. Secretary – Jeaninie
 - iv. Treasury – Dottie
 - v. WSO Representative - Peg

- b. INTERGROUP – from area meetings representatives
- c. COMMITTEE AND COORDINATOR
 - i. Literature – Carol
 - ii. Website – Carol
 - iii. Virtual Speaker Meeting – Bob
 - iv. Workshop Coordinator – Bob
 - v. Outreach – Rosa
 - vi. Retreat – Dottie

VI. OLD BUSINESS

- a. Hybrid intergroup meeting update
- b. IG Rep participation in service
- c. First Aid Kit update

VII. NEW BUSINESS

- a. Identify additional signer for IG bank account

VIII. CONCLUSION

- a. Next meeting to be held July 27, 2024
- b. Motion to adjourn

Attached reports:

Treasury Report May 2024

Literature Report June 2024

Web Committee Report June 2024

Workshop Evaluation summary

Retreat proposed ticket sales and budget

ACA Monterey Bay InterGroup

Cash Sources and Uses

2024

	Group	Source/Payee	Type	7th Trad.	Group Donation	Event	Lit. Sales	R	Lit. Purchase	Payment	Totals
01/01/24		Beginning Balance						*			\$516.76
01/01/24	CA1264	Monday 9:30 SV	VN		\$240.00			*			\$756.76
1/15/24	CA1553	Getting the Band back	VN		\$100.00			*			\$856.76
01/21/24		IG Speaker Meeting	VN	\$30.00				*			\$886.76
1/22/24	AC82458	Literature Purchase	VN					*	\$149.75		\$737.01
01/23/24	LPG WS	Literature Sales	VN				\$151.75	*			\$888.76
01/27/24	CA1553	Literature sales	VN				\$127.00	*			\$1,015.76
1/27/24		Literature sales IG open house	VN				\$37.50	*			\$1,053.26
1/28/24		Open house Raffle	VN			\$10.00		*			\$1,063.26
1/29/24		LL workshop	VN		\$34.00			*			\$1,097.26
1/29/24		Open house expense	VN					*		\$68.00	\$1,029.26
1/29/24		Website backup	VN					*		\$4.99	\$1,024.27
1/30/24		IG open house raffle	BA			\$274.00		*			\$1,298.27
1/30/24		IG open house 7th trad	BA	\$67.00				*			\$1,365.27
2/2/24		Open house Deposit return	VN			\$50.00		*			\$1,415.27
2/6/24	AC83414	Literature Purchase	VN					*	\$191.67		\$1,223.60
2/13/24	AC1233	Literature Sales	VN				\$145.50	*			\$1,369.10
2/16/24		Mistaken Venmo transfer	VN	\$17.00				*		\$16.00	\$1,370.10
2/27/24		Website backup	VN					*		\$4.99	\$1,365.11
3/9/24	CA1276	Literature Sales	VN				\$21.50	*			\$1,386.61
3/9/24	CA1553	Literature Sales	VN				\$18.00	*			\$1,404.61
3/7/24		Literature Purchase	VN					*	\$176.18		\$1,228.43
3/3/24	CA1276	Literature Sales	VN				\$11.75	*			\$1,240.18
3/3/24	CA1553	Literature Sales	VN				\$60.50	*			\$1,300.68
3/8/24		Literature Sales	VN				\$72.25	*			\$1,372.93
3/11/24		Literature Sales	VN				\$39.50	*			\$1,412.43
3/29/24		Website backup	VN					*		\$4.99	\$1,407.44
3/25/24	CA682	Individual 7th tradition	PP	\$5.00				*			\$1,412.44
4/1/2024		Literature Purchase	VN					*	\$120.99		\$1,291.45
4/4/24	CA1553	Literature Sales	VN				\$24.00	*			\$1,315.45
4/4/24	CA1276	Literature Sales	VN				\$54.25	*			\$1,369.70
4/15/24	CA1276	Literature sales	VN				\$54.25	*			\$1,423.95
4/15/24	CA1553	Literature sales	VN				\$24.00	*			\$1,447.95
4/21		IG Speaker Meeting	PP	\$5.00							\$1,452.95
4/23/24		IG Speaker Meeting	VN	\$20.00				*			\$1,472.95
4/23/24	CA1354	Saturday Serenity	VN		\$100.00			*			\$1,572.95
4/23/24		IG Speaker Meeting	VN	\$22.11				*			\$1,595.06
4/25/24	CA1233	Literature Sales	VN				\$59.50	*			\$1,654.56
4/22/24	CA1276	Heart Circle	BA		\$120.00			*			\$1,774.56
4/29/24		Website backup	DC					*		\$4.99	\$1,769.57
4/29/24	CA1233	Tuesday 12:30	VN		\$40.00			*			\$1,809.57
5/1/24		Literature Purchase	VN					*	\$164.41		\$1,645.16
5/6/24		Zoom	PP					*		\$159.90	\$1,485.26

5/20/24		Literature Sales	VN					\$10.00			\$1,495.26
											\$1,495.26
Totals				\$166.11	\$634.00	\$334.00	\$911.25		\$803.00	\$263.86	\$1,495.26
										Reserves	
										Prudent	\$800.00
										Outreach	\$65.56
										Events	\$56.41
										Travel	\$150.00
										Total Reserves	\$1,071.97
										Grand Total	\$2,567.23

ACA Monterey Bay Intergroup IG654 LITERATURE INVENTORY REPORT

June 2024

ITEM	5/20/24 BEGINNING QUANTITY	# BOUGHT	# SOLD	6/15 ENDING QUANTITY
BIG RED BOOK - HARD COVER	6	0	0	6
12 STEP WORKBOOK	5	0	1	4
STRENGTHENING MY RECOVERY -SO	6	0	0	6
LAUNDRY LIST WORKBOOK	3	0	0	3
LOVING PARENT GUIDEBOOK	8	0	0	8
NEWCOMER BOOKLET	19	0	5	14
TOTAL LITERATURE INVENTORY				

OUR PRICE	BEGINNING INVENTORY VALUE	ENDING INVENTORY VALUE
* \$18.50	\$111.00	\$111.00
\$12.00	\$60.00	\$48.00
\$10.00	\$60.00	\$60.00
\$12.00	\$36.00	\$36.00
\$11.75	\$94.00	\$94.00
\$1.25	\$23.75	\$17.50
	\$384.75	\$366.50
		\$ (18.25)

Total Sales	Total New Stock Purchased	Sales minus Purchases
\$ 18.25	\$ -	\$ 18.25

* BRB price 7/27/22 from \$12.58 to \$15.60 per WSO price incr to \$21; corr 10/22 to \$18.50 to incl tax

Change in inventory value

GIFTS TO NEWCOMERS	Prior YTD	This month	Ending YTD	
NC Pamphlets	10	1	11	
Speaker Meeting NC Gift Books	2		2	
Books / pamphlets	\$ 44.00	\$ 1.25	\$ 45.25	
Postage	\$ 9.24	\$ 1.32	\$ 10.56	stamp price \$ 0.66
Total	\$ 53.24	\$ 2.57	\$ 55.81	

FILLED ORDERS

	DATE 5/25/24	DATE 5/29/24	DATE 6/15/24	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	DATE	TOTALS: QTY & \$
BIG RED BOOK - HARD COVER qty														0
" amt	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
12 STEP WORKBOOK qty			1											1
" amt	\$ -	\$ -	\$ 12.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 12.00
STRENGTHENING MY RECOVERY qty														0
" amt	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
LAUNDRY LIST WORKBOOK qty														0
" amt	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
LOVING PARENT GUIDEBOOK qty														0
" amt	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
NEWCOMER BOOKLET qty	4	1												5
" amt	\$ 5.00	\$ 1.25	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 6.25
Cost of newcomer/gift		\$ (1.25)		\$ -	\$ -		\$ -							\$ (1.25)
Markup for non Meeting events														\$ -
Postage for newcomer / gift		\$ 1.32												\$ 1.32

Donna Sat 9am CA1276 Dorothy / Porterville Donna Sat 9am CA1276

INCOMING SHIPMENTS RECEIVED

Order#:

Date			TOTALS
	BIG RED BOOK - HARD COVER		0
	12 STEP WORKBOOK		0
	STRENGTHENING MY RECOVERY - SOFT		0
	LAUNDRY LIST WORKBOOK		0
	LOVING PARENT GUIDEBOOK		0
	NEWCOMER BOOKLET		0
	Total paid:		\$ -

	Count	Initials	DATE
BIG RED BOOK - HARD COVER	6	ccg	6/16/24
12 STEP WORKBOOK	4	ccg	6/16/24
STRENGTHENING MY RECOVERY - SOFT	6	ccg	6/16/24
LAUNDRY LIST WORKBOOK	3	ccg	6/16/24
LOVING PARENT GUIDEBOOK	8	ccg	6/16/24
NEWCOMER BOOKLET	14	ccg	6/16/24

Photo confirmation-->



Web Committee Report – ACAMontereybay.org

Site was migrated in May from BlueHost to GoDaddy at a cost savings.

Domain registration was moved from BlueHost to Porkbun also at a cost savings, as reported last month.

There was an 18 hour downtime for the domain registration move, but otherwise site has been up with daily backups.

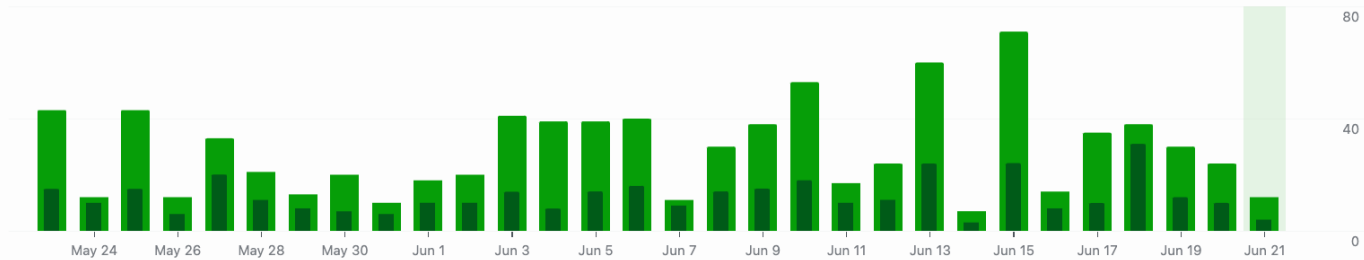
June 21, 2024

Last update: 5:04 PM (Updates every 30 minutes)

Last 30 Days

Views Visitors

Days



Views

12

Visitors

4

Likes

0

Comments

0

Posts & pages

Views

Home page / Archives	3
My front page	3
Authentic Men CA1308	1
Red Book Meeting CA1107 -- Sundays 7pm in main meeting hall	1
New Love ACA Group - Monterey Tuesdays 7pm	1
Literature Order Forms	1
Workshop Documentation	1
Heart Circle back to the Barn (and hybrid) - CA1276	1

Referrers

Views

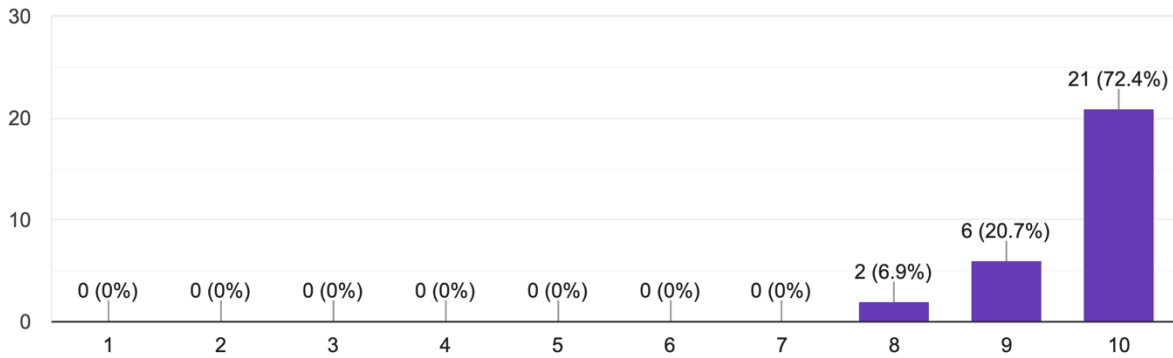
xtrafficplus.xyz	1
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Evaluation for “Dealings with Feelings” Workshop 6/8/2024 RCNV 2-4pm

29 people filled out evaluation forms

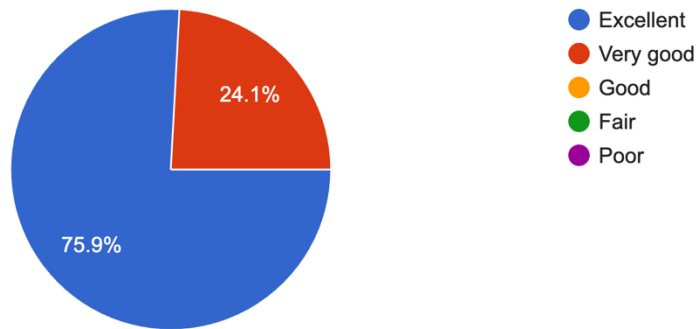
How likely are you to recommend this workshop to a friend/ fellow traveler?

29 responses



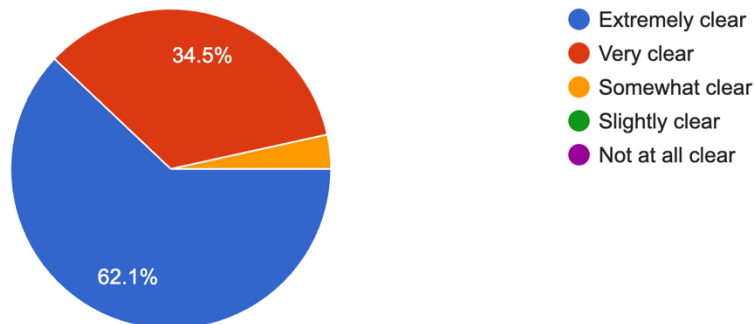
Overall, how would you rate the workshop?

29 responses



How clear were the objectives of this workshop?

29 responses



What did you like about the workshop?

28 responses

All of it

Clarity, focus, gentleness

How warm and friendly Shari is. The content was excellent. There was a lot I never knew before.

I loved the exercise about what I am feeling - layering down.

The handout & powerpoint; the feelings wheel; the setup with sharing at the table

Grounding and meditation

Laughter

I learned so much about handling triggers, and about loving self compassion

All of it

The guided way & the handouts

Shari's gentle, kind & skilled leadership, practicing & sharing w/others, have some time w/feelings, wheel very helpful

Unhurried timing, good speaker / presenter, good materials (handouts) to think about feeling. It was nice to have refreshments.

Speaker and content

Experiential - the example of sharing on feeling and layering down, with someone else. Handouts were helpful. Also the snacks.

In-person, learn new tools, snacks

Safe movement into action from my feelings. Loved the movement, anger/laughter, meditation, guided meditation. Good air

Emotions vs feelings, 10 reasons why we avoid feeling

Slides, handout

Shari's presentation skills and her empathetic, compassionate, friendly, lively, joyful style!

The guidance through the exercises

The important info - feeling like I received the tools to solve some difficult situations

The final meditation was best - but too short

Feeling wheel, action planning accessible for free (donation)

Well organized, heartfelt, the lights were soft

Fundamental and very descriptive

The feeling wheel for explaining feelings; fellow travelers trying to better their lives

Relaxing, well thought out

Mix of different tools & topics covered

What did you dislike about the workshop?

A concern, not a dislike: needed a little more time for sharing in break-out portion

Not enough handouts but no RSVP probably made it hard to estimate!

The sugar

Would like to have heard more about somatic practices such as tapping, cold therapy, massage etc.

The venue was too small

Trying to overcome preconceived thoughts & feelings of the content. It took half the workshop

What does it mean "Is the feeling true?"

The volume on the TV could have been louder? Would have liked to go over the bottom of feeling wheel page

No hot water for tea

What type of workshop(s) are you interested in?

Any!

16 week workshop

All of them with this presenter

Anything you do would most likely be helpful for me. You were wonderful. I imagine anything you would teach would be done w/love & compassion

More like this - just a few hours. Thank you!

Boundaries

Boundaries

Fear, Distorted thinking

Inner child

Inner child

Inner teen

Inner Loving Parent

Loving Parent

Loving parent (how to be)

Loving Parent Guidebook

Loving Parent Guidebook 1 day workshop

Non-dominant writing

Non-violent communication practice

Non-violent communication; our own parts to theirs

Non-violent communications

Reparenting check-in

Step study

Step study

Step study, 4th Step, 11th Step

Stop dissociation

Evaluation results were compiled by entering into Google Forms and using the graphic and spreadsheet detail.

By Carol G 6/10/2024

ACA Monterey Bay Intergroup 2024 1-Day Retreat - Financial Analysis and Budget Request

Ticket Price		Stripe Fee (applies to all)	TicketSpice	Events Cal has lowest fee, we collect the most	EventBrite
		2.9%+\$0.30	\$.99 plus Stripe fee	2% plus Stripe fee	3.7% +\$1.79 plus Stripe fee
\$29.00		\$1.14	\$0.99	\$0.58	\$2.86
Total Fees per ticket including Stripe			\$2.13	\$1.72	\$4.00
Actual total fees based on test with Stripe				\$ 1.87	
We make this much per ticket			\$26.87	\$27.28	\$25.00
Actual net based on test with Stripe				\$27.13	

Ticket fees for electronic ticket sales - test using Stripe

	Theoretical	Actual	
Actual stripe calc	\$1.14	\$ 1.29	\$.25 more due to credit card fee
Events cal 2%	\$ 0.58	\$ 0.58	
Total fees per ticket	\$1.72	\$ 1.87	

Stripe has a 7-day delay for the net payment to reach the bank account
 Facility requires final payment by October 21, **15 days after the retreat**

2024 One-Day Retreat Budget Request	
Total income after fees if 40 pay \$29*	\$1,085.20
Facility fees including lunch for 40	(\$960.00) \$24 per participant
Insurance	(\$119.92)
Net income if 40 participants	\$5.28
Additional income for each additional attendee	\$3.13 if over 40 attendees
* Additional income expected from 7th Tradition donations at retreat plus proceeds from a potential raffle	

- Retreat Committee requests Intergroup approval to:**
1. Sign the contract with Redwood Glen, committing to 40 participants (and \$960 minimum)
 2. Purchase the \$119 insurance certificate for the October 6 event
 3. Establish a Stripe account linked to the IG bank account
 4. Web Committee set up and test registration page using Events Calendar

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Retreat Financial Analysis and Budget Request 6-2024.xlsx

ccg rev 6/21/24