



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, January 20, 2024 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

ATTENDEES: INTERGROUP REPRESENTATIVES					
GROUP #	INTERGROUP MEMBER MEETING	IGR REP	PRESENT	PROXY	VOTES
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"	Sophia	X		1
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	X		1
CA1107	SUN 7:00 pm "Red Book Meeting" – Monterey	Abe	X		1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Need			
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle	X		1
CA1308	MON 7:00 pm Quaker House "Authentic Men"	Need			
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Need			
CA1416	TUE 6:15 pm "Tony A Meditation" Quaker House	Carol	X		1
CA1601	TUE 7:00 pm "New Love ACA Group" Monterey	Abe	X		
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Di	X		1
CA1373	WED 5:30 pm "ACA@UCSC"	Need			
CA1170	THU 5:30 pm "Women in Recovery"	Victoria	X		1
CA1553	THU 5:30 pm "Getting the Band Back Together"	Bob	X		1
CA1504	THU 7:00 pm Red Church "Serenity Seekers"	Need			
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Need Lorna Today	X		1

ATTENDEES: OFFICERS VISITORS					
TITLE	NAME	PRESENT	PROXY	VOTES	VISITORS
Co-Chairs	Evie and Paul	Paul	Paul	1	
Vice-Chair	Renée	X		1	
Secretary	Jeannie	X		1	
Treasurer	Dottie	X		1	
WSO Rep	Peg	X			
VISITORS					Shari

ATTENDEES: COMMITTEE CHAIRS					
COMMITTEES	STATUS	CHAIR	PRESENT	PROXY	VOTES
Website / Zoom	Active	Evie	X		
Workshop Coordinator	Active	Bob	X		
Quarterly Virtual Speaker Meeting	Active	Bob	X		
Literature Depot Host	Active	Carol	X		
Outreach Committee	Active	Rosa	X		1
H&I Committee	Active	Kyle	No	No	



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, January 20, 2024 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

OPENING

- Evie opened meeting at 4:00 pm
 - Welcomed everyone - one visitor - Shari
 - Evie asked if someone would be responsible for security of meeting (against Zoom disruptors)
Carol volunteered
 - Announced meeting was being recorded
- ACA Serenity Prayer recited. Members read aloud Mission Statement, Commitment to Service, 1st Concept, 1st Tradition, and Guidelines for ACA Business Meetings
- Roll call taken by Renée, Vice Chair, and voting rights clarified. A quorum was established. (IGRs, proxies, officers and committee chairs vote, visitors do not. One vote per person even if filling multiple roles.) originally 15 total voting members (2 members left early), meeting one-less-than-2/3 quorum requirement of 10

MINUTES

Evie asked if everyone read and if there were any revisions to December 16, 2023 minutes

Motion to approve the December 16, 2023 minutes as submitted

Motion made by Carol, seconded by Renée, and passed (14-0-1)

Evie requested that the nominations and voting process of the officers take place prior to Reports (out of order on agenda)

Chairperson – Evie was nominated and voted into service – Vote was unanimous

Vice Chairperson – Renée volunteered to hold position for second year - voted into service – Vote unanimous

Secretary – Jeannie volunteered to hold position for second year - voted into service – Vote unanimous

Treasurer – Dottie volunteered to hold position for second year - voted into service – Vote unanimous

WSO Rep – Peg volunteered to hold position for second year - voted into service – Vote unanimous

Paul was recognized and appreciated for his diligent service as last year's Co-Chairperson

REPORTS

- **Chairperson** – Evie
 - Evie worked with Carol to revise new Intergroup Rep documentation for upcoming February 10 orientation
 - All reps are invited to attend
 - Carol gave a rundown of what is to be discussed
 - Orientation documentation is on website under IG Business and on the website calendar
 - Same Zoom coordinates being used for orientation as IG meetings (898 9797 7526 PC: 792214)
- **Vice Chairperson** – Renée No Report
- **Secretary** – Jeannie
 - Mentioned any changes to IG contact information should be emailed to her at jeanniemac40@gmail.com as well as any new IG contact information for IG Contact List to be distributed to IG's in the future



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, January 20, 2024 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

REPORTS – CONT'D

- **Treasurer** – Dottie - Report as of January 12 attached to final agenda (minus second page reporting final 2023 totals was screen shared and was previously sent in separate email)
 - 2023 Balance - \$516.76
 - 01/01 7th Tradition Donation \$240.00 (9:30 am ACA Scotts Valley meeting)
 - January 12th Total \$756.76
 - In addition to following reserves
 - Prudent Reserve \$800.00
 - Outreach \$ 65.56
 - Events \$ 56.41
 - Travel \$150.00

[Total Reserves \$1,071.97] bringing the total balance of \$1,828.73

Motion to accept the Treasurer’s Report of January 12, 2024, as submitted
Motion made by Renée, seconded by Carol and passed unanimously (14-0-0)

- Shari mentioned Scotts Valley meeting should be thanked for their 7th Tradition donation
- Dottie mentioned there are several meetings using in their format a one minute break for members to make 7th Tradition donations., which has been proven helpful in securing donations. Script language to be provided in next issue of the *Conscious Contact*
- **WSO Rep** – Peg
 - Next Quarterly Business Meeting February 3, 2024 6:00 to 10 am
 - 2024 ABC Ballot Proposals to be available January 22nd
 - Carol will put Proposals on a Google document for meetings to use in their voting process
 - Renée reminded us that meetings are autonomous and each meeting chooses to vote or not to vote at their discretion
 - The Intergroup will vote on these Proposals and the results will be submitted to Peg for WSO reporting prior to the April deadline

IGR REPORTS

- **Sunday 3:30pm “Adult Loving Parent”** Sophia
 - Sophia will continue as sole IG Rep
 - Held on Zoom only with about 7 attending
 - Continues to be small meeting
 - Format consists of reading Chapters 5, 8 13 and 14 of the Big Red Book
- **Sunday 6:00pm “Laundry Lists”** – Peg
 - Format will address all Laundry List Traits throughout the year and not one Trait a month to accommodate all 14
 - No regular secretary - attendees trade off reading script
 - Carol screen shares and is assisting as Treasurer
 - Zoom costs are being shared with the Saturday morning Heart Circle meeting
- **Sunday 7:00pm “Red Book Meeting ” – Monterey - Abe** Left meeting early No Report



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, January 20, 2024 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

IGR REPORTS – CONT'D

- **Monday 9:30 am “ACA of Scotts Valley” – No IG Rep** Jeannie gave abbreviated Report
 - Well attended with 17 attending last week
 - Good time for fellows to attend from out of the country
 - Jeannie and Renée co secretaries – looking for Treasurer and IG Rep
 - Format includes reading/sharing on *Strengthening My Recovery* with a speaker last meeting of month
- **Monday 5:30 pm “Stepping Up in ACA” - Beverle**
 - Shari, Dottie, and Beverle holding down meeting
 - Shari and Beverle rotating secretaries with Dottie as treasurer
 - A couple fellow travelers have periodically returned
 - Format changed to reading/sharing on *Strengthening My Recovery*
 - One minute pause to make 7th Tradition contribution incorporated into script
- **Monday 7:00 pm “Authentic Men”- No IGR** No Report
- **Tuesday 12:30 pm “Inner Loving Parent-Inner Child” No IGR** Evie gave abbreviated Report
 - In person meeting with format reading of Chapter 8 Inner Child
 - 8 minutes of inner child activities *i.e.*, non-dominant handwriting, coloring, etc.
 - Usually at least 10-12 attend
 - Rotating secretary
- **Tuesday 6:15 pm “Tony A Meditation” – Carol**
 - 9 attended last week
 - Format is a guided meditation
- **Tuesday 7:00 pm “New Love ACA Group” Monterey – Abe** Left early No Report
- **Wednesday 9:30 am “Serenity Seekers” – Di**
 - Zoom only – 3 outside area attended last meeting
 - Rotating secretary
- **Wednesday 5:30 pm “ACA @ UCSC” – No IGR** No Report
- **Thursday 5:30 pm “Women in Recovery” – Victoria**
 - Attendance fluctuates with 16 last meeting from all over (one from New Zealand)
 - 4 rotating secretaries
 - Format is reading Big Red Book for 3 weeks 4th week speaker or reading from *Strengthening My Recovery*
 - Victoria mentioned she was having issues with IG website (addressed in Web Report)
 - Victoria has recommitted to being IG Rep for this meeting for 2024
- **Thursday 5:30 pm “Getting the Band Back Together” – Bob**
 - About 15 routinely attend
 - Format rotates weekly – meditation, non-dominant handwriting and spinning “Wheel of Possibilities”
 - Meeting is preparing to make WSO contribution
- **Thursday 7:00 pm “Serenity Seekers” – No IGR** No Report
- **Saturday 9:00am “Heart Circle” – No IGR** Lorna gave abbreviated Report
 - Lorna stepping down as IG Rep – meeting looking for new Rep
 - Hybrid/In-Person Meeting
 - 6 on Zoom and 9-10 fellow travelers in the room
 - This meeting is sharing Zoom expenses with the Sunday 6:00 pm Laundry List meeting to defray costs



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, January 20, 2024 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

MEETINGS WITH NO CURRENT INTERGROUP REPRESENTATION	
Monday 9:30 am "ACA Scotts Valley"	Monday 7:00 pm Quaker House "Authentic Men"
Tuesday 12:30 pm "Inner Loving Parent – Inner Child"	Wednesday 7:00 pm "ACA @ UCSC"
Thursday 7:00pm "Serenity Seekers"	Saturday 9:00 am Barn Studio "Heart Circle"

COMMITTEE & COORDINATOR REPORTS

- **Literature Depot – Carol Host** – Report distributed with final agenda and screen shared
 - January sales and purchases leaving current inventory
 - 6 Big Red Books
 - 4 Yellow Step Workbooks
 - 3 Strengthening My Recovery
 - 4 Laundry List Workbooks
 - 5 Loving Parent Guidebooks
 - 36 Newcomer Booklets
 - January purchases amounted to \$201.01 with total January sales of \$219.50
 - Sales minus purchases \$18.49

Motion to accept the January, 2024 Literature Report as submitted
Motion made by Jeannie, seconded by Renée, and passed unanimously (13-0-0)
- Evie questioned need for motions to accept committee reports
 - It was determined it was not necessary and going forward there would be no motions made for committee reports
- **Website/Zoom - Evie** - Site Traffic Graph distributed with final agenda/screen shared
 - January website revealed the most hits on 1/15 70
 - Web provider has been contacted to learn why files deleted to cause website to be down
 - Carol continues investigation as to who deleted the files on the provider’s side
 - Numerous reports of visitors to website receiving suspicious hacker notifications
 - Other providers have been researched regarding services and costs and will be brought to IG if not resolved
 - Suggested that if IG Reps experience suspicious activity when opening website, they close the browser
- **Quarterly Virtual Speaker Meeting - Bob**
 - Next Speaker Meeting this Sunday January 21st
 - Flyer available on IG website and was previously distributed with *Conscious Contact*
 - Flyer was also sent to those receiving *Conscious Contact* on Wednesday as reminder
 - Carol thanked Shari for all her work for past two years coordinating this meeting and also thanked Bob for stepping up to take position
- **Workshop Coordinator – Bob**
 - Most events are independent
 - Shari currently facilitating IG sanctioned event - Zoom only Loving Parent Guidebook Workshop which just closed for participation
 - Renée doing next IG sanctioned event – Loving Parent Guidebook Workshop in person starting February 3rd



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, January 20, 2024 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

COMMITTEE & COORDINATOR REPORTS CONT'D

- Bob and Peg were both very enthusiastic about attending weekly WSO ACA puppet workshop addressing conversations with inner child (children) and loving parent with sock puppets
 - Held on Fridays via Zoom contact innerchildpuppets@gmail.com for invitation and further information
 - They are thinking about hosting a puppet event since format is available
- **Outreach Committee – Rosa**
 - Committee has finished letter writing campaign to entities that might be interested in giving ACA information to their clients
 - Victoria has compiled a list of suggested nonprofit places to post updated Outreach Flyer
 - Flyer available in English and Spanish on the IG website
 - Spanish flyer points readers to WSO website since currently there are no local Spanish speaking meetings
 - Outreach Committee will have a table at next week's IG Sixth Year Anniversary Celebration Open House
 - Will have above-mentioned Flyers
 - The list of suggested places to post
 - Outreach Committee will be emphasizing their work on social media this year
- **ACA Monterey Bay Intergroup Sixth Year Anniversary Celebration Potluck – Renée**
 - Potluck Celebration Saturday January 27th Resource Center for Non Violence Santa Cruz 11:00-2:00 pm
 - Flyer available on IG website and was be distributed with the *Conscious Contact*
 - Flyer was also sent to those receiving *Conscious Contact* on Wednesday as reminder
 - Recognized Committee's hard work in putting this Open House together
- **H&I Committee – Kyle Absent, No Report**

OLD BUSINESS

- **Finished Appointment of volunteers to other service positions**
 - Literature Depot Host – Carol will continue
 - Workshop Coordinator – Bob will continue
 - Outreach Coordinator – Rosa will continue
 - Quarterly Speaker Meeting – Bob (previously appointed)
 - H&I Coordinator – Kyle (previously appointed)

NEW BUSINESS

- **Email from Stephen Gibson dated January 11 Regarding IG Postings on ACA WSO Facebook Page**
 - Suggestion was made IG check out the Facebook Page to determine our participation
 - Jeannie mentioned she added Stephen's email address on the *Conscious Contact* list
 - Tabled for discussion at February Intergroup meeting
- **Ballot Proposal reminder (partial email attached to agenda)**
 - This was tabled for discussion at February Intergroup meeting

MEETING AFFIRMATIONS AND SUGGESTIONS

- Bob and Peg were appreciated for their enthusiastic energy around the WSO puppet workshop
- Lorna was recognized and appreciated for her service as Intergroup Rep



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, January 20, 2024 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

- Shari was appreciated for her wonderful Intergroup service
- Evie asked a few questions about Intergroup Reps and Officers' favorite sports teams since the SuperBowl is coming up and what sports were played as kids getting us in a very playful and jovial space to end meeting

Please send any future agenda items to acamontereybay@gmail.com

The next Intergroup meeting scheduled for Saturday, February 24th 4:00-5:30 pm
Zoom 898 9797 7526 passcode 792214

Motion to adjourn meeting

Motion made by Renée seconded by Evie passed unanimously (13-0-0)

The meeting was adjourned at 5:35 pm following the ACA Serenity Prayer

Respectfully submitted,

Jeannie Mac
Intergroup Secretary
January 24, 2024