

# MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES Saturday, SEPTEMBER 23, 2023 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

ATTENDEES: INTERGROUP REPRESENTATIVES					
GROUP#	INTERGROUP MEMBER MEETING	IGR REP	PRESENT	PROXY	VOTES
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"	Matthew/Sophia	No	No	
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	No	No	
CA1107	SUN 7:00 pm "Red Book Meeting" – Monterey	Abe	No	No	
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Coco	х		1
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle	Х		1
CA1308	MON 7:00 pm Quaker House "Authentic Men"	Need			
CA1233	<b>TUE</b> 12:30 pm "Inner Loving Parent – Inner Child"	Wendy	No	No	
CA1416	TUE 6:00 pm "Tony A Meditation" Quaker House	Carol	Х		1
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Need			
CA1241	WED 6:00 pm Salinas "Freedom from the Past"	Need			
CA1373	WED 5:30 pm "ACA@UCSC"	Need			
CA1170	THU 5:30 pm "Women in Recovery"	Victoria	No	No	
CA1553	<b>THU</b> 5:30 pm "Getting the Band Back Together"	Bob	Х		1
CA1504	THU 7:00 pm Red Church "Serenity Seekers"	Need			
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Need			
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Lorna	Х		1

ATTENDEES: OFFICERS VISITORS					
TITLE	NAME	PRESENT	PROXY	VOTES	VISITORS
Co-Chairs	Evie and Paul	Evie/ <b>Paul</b>		1	
Vice-Chair	Renée	Х		1	
Secretary	Jeannie	Х		1	
Treasurer	Dottie	х		1	
WSO Rep	Peg	No	No		

ATTENDEES: COMMITTEE CHAIRS					
COMMITTEES	STATUS	CHAIR	PRESENT	PROXY	VOTES
Website / Zoom	Active	Evie	Х		1
Workshop Coordinator	Active	Bob	Х		
Quarterly Virtual	Active	Shari	х		1
Speaker Meeting	Active	Shari	^		
Literature Depot Host	Active	Carol	X		
Outreach Committee	Active	Rosa	X		1
Retreat Committee	Hiatus	Open			
Fun Task Force	Hiatus	Open			



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#### OPENING

- Paul opened the meeting at 4:00 pm
  - Welcomed everyone and Coco as new Intergroup Rep for the ACA Scotts Valley meeting no visitors
  - Paul asked if someone would be responsible for security of meeting (against Zoom bombing)
     Carol volunteered
  - Announced meeting was being recorded
- ACA Serenity Prayer recited. Members read aloud Mission Statement, Commitment to Service, 9<sup>th</sup> Tradition, 9th Concept, and Guidelines for ACA Business Meetings
- Roll call taken by Renée, Vice Chair, and voting rights clarified. A quorum was established, *as above*. (IGRs, proxies, officers and committee chairs vote, visitors do not. One vote per person even if filling multiple roles.) 11 voting members, meeting one-less-than-2/3 quorum requirement of 9 (12 after Dottie joined us later)

## MINUTES

Paul thanked Carol for drafting July minutes and asked if there were any additions or corrections to the July 22, 2023 meeting minutes. No revisions acknowledged

**Motion** to approve the minutes of 07/22/23 meeting as presented Motion made by Renée, seconded by Beverle and passed unanimously (11-0-0)

## REPORTS

- Co-Chairpersons Paul and Evie Paul Chairing today's meeting
  - No report
- Vice Chairperson Renée No Report
- Secretary Jeannie No Report
  - o Revised Contact List will be circulated with this month's IG meeting minutes
    - Clarity asked for in regard to two meetings on Contact List (Wed 9:30 am Live Oak "Serenity Seekers" and Thurs 7:00 pm Red Church "Serenity Seekers") that do not have representatives but have email addresses acknowledged that these email addresses would be getting all information sent to IG Reps
  - o Question regarding status of Santa Cruz Bonfire Meeting on first and third Mondays of the Month
    - It was determined it wasn't being held due to no secretary and should be removed from the Conscious Contact
- Treasurer Dottie Report distributed via email and attached to agenda
  - September 7<sup>th</sup> Tradition donations thru 9/23 were \$10.00
  - o September Literature Purchase was \$111.69
  - o September Literature Sales were \$52.50
  - September deposit for site of January 2024 Intergroup Open House 6<sup>th</sup> Year Anniversary \$190.00
  - September subtotal \$1,341.14 in addition to following reserves

Prudent Reserve \$800.00

Outreach \$65.56

Events \$56.41

Travel \$150.00

[Total Reserves \$1,071.97] bringing the total balance of \$2,413.11



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## **REPORTS CONT'D**

**Motion** to accept the 9/23/23 Treasurer's Report as submitted Motion made by Renée, seconded by Carol and passed unanimously (11-0-0)

- Discussion regarding whether the cost of the 8/19/23 Inner Child Non-Dominant Handwriting Workshop was covered by Workshop donations. The donations were not reflected on the Treasurer's Report and thus an amended report to be circulated
- WSO Rep Peg absent, Report submitted and given by Paul
  - o The WSO quarterly meeting will be held November 4 Peg will attend
  - o The World Conference will be held on November 17<sup>th</sup> and 18<sup>th</sup>, on line only

## **IGR REPORTS**

- Sunday 3:30pm "Adult Loving Parent" (Matthew/Sophia) Absent No Proxy No Report
- Sunday 6:00pm "Laundry Lists" Peg Absent Lorna gave abbreviated report
  - Not as well attended as previous months
  - Many out of area attendees and a few newcomers
  - No one willing to step up to service positions
- Sunday 7:00pm "Red Book Meeting" Monterey Abe Absent No Proxy No Report
- Monday 9:30am "ACA of Scotts Valley Coco No Report
- Monday 5:30pm "Stepping Up in ACA" Beverle
  - Very comfortable secretary
  - Meeting going pretty well 3-4 core members
  - o A few newcomers that come once and don't return
  - August saw more attendance than September
- Monday 7:00pm "Authentic Men": No IGR No Report
- Tuesday 12:30pm "Inner Loving Parent-Inner Child" Wendy Absent No Proxy No Report
- Tuesday 6:00pm "Tony A Meditation" Carol
  - o Meeting now in person only at Quaker Meeting House in Fellowship Room
  - o 6-8 regularly in attendance, there were 11 one time
  - Has seen a couple of newcomers
  - Guided meditation format and reading from Tony A's Laundry List
- Wednesday 9:30am "Serenity Seekers" No IGR No Report
- Wednesday 6:00pm "Freedom from the Past"- Salinas No IG No Report
- Wednesday 5:30 pm "ACA @ UCSC" No IGR Beverle gave abbreviated report
  - Hasn't met for last two weeks meeting on Hiatus students back on campus next week
  - The secretary has not been able to participate in the last couple weeks
- Thursday 5:30pm "Women in Recovery" Victoria Absent No Proxy Lorna gave abbreviated report
  - Well attended on Zoom with 15-16 women each week (non-binary)
  - o Usually one or two newcomers a week



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#### IGR REPORTS – CONT'D

- Thursday 5:30 pm "Getting the Band Back Together" Bob
  - o There has been a change in officers
  - Attendance 15-20
  - Good supply of literature
- Thursday 7:00pm "Serenity Seekers "- No IGR
- Friday 7:15pm "Friday Night ACA" No IGR Carol gave abbreviated report
  - The meeting is getting ready to fold
- Saturday 9:00am "Heart Circle" Lorna
  - Hybrid Meeting
  - 8-10 attend every week attendance has dwindled from 15-20 on-line attendance about 7
  - o Recent addition to format is a request that those that don't feel well stay home
  - Services positions are ok

## MEETINGS WITH NO CURRENT INTERGROUP REPRESENTATION

Monday 7:00 pm Quaker Meeting House "Authentic Men"	WED 9:30 am Live Oak "Serenity Seekers"		
Wednesday 6:00 pm "Freedom from the Past	Wednesday 7:00 pm "ACA @ UCSC"		
wednesday 6.00 pm Freedom nom the Past	Meeting on Hiatus – Consult WSO website for status		
Thursday 7:00pm "Serenity Seekers"	Friday 7:15pm Barn Studio "Friday Night ACA"		

## **COMMITTEE REPORTS**

- Literature Depot Carol Host Report distributed with agenda
  - Screen shared spreadsheet showing September 15 sales and purchases leaving current inventory
    - 6 Big Red Books
    - 4 Yellow Step Workbooks
    - 7 Strengthening My Recovery
    - 4 Laundry List Workbooks
    - 9 Loving Parent Guidebooks
    - 31 Newcomer Booklets
  - \$214.18 spent for literature in September with total September sales of \$232.50

**Motion** to accept the September, 2023 Literature Report as submitted Motion made by Renée, Seconded by Dottie and passed in favor unanimously (11-0-1)

- Carol mentioned that we should entertain putting a one sentence suggestion in the Conscious Contact regarding newcomer pamphlets. Her suggestion was that member meetings that do not have literature may announce that newcomers can obtain a newcomer pamphlet by sending an email request to <a href="mailto:mbacaliterature@gmail.com">mbacaliterature@gmail.com</a> with their mailing address and the pamphlet will be mailed to them all agreed and Carol will provide the sentence language to Jeannie for Conscious Contact inclusion
- Mention was made that previously there was a two-person literature inventory verification system in place and
   Carol asked if anyone would be interested in being a part of this verification system. No one responded



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## COMMITTEE REPORTS – CONT'D

 Carol pointed out that instead of a two-person verification system, the current monthly report includes a photo showing literature inventory. She asked if someone would like to validate the court by reviewing the photograph and no one responded. (Photo is available on each monthly report)

## Website/Zoom - Evie - Report distributed with agenda

- September website graph through September 13 revealed the most hits on 9/11 hits approximately 65 hits, Best
   Overall views on 7/11/2020 327, cumulative total 110,658
- Evie screenshared the contact page and brought up the five contact lists the thinking being that all five addresses might not be necessary. Any comments regarding this can be directed to Evie and/or Carol

## Quarterly Virtual Speaker Meeting - Shari Chair

Next Virtual Speaker Meeting scheduled Sunday October 15 as follows:

"Connections"

Sunday October 16 5:30-7:00 PDT

Zoom 898 9797 7526 passcode 792214

Chair - Shari T

https://acamontereybay.org/event/speaker-meeting-connections/

- Flyer to be distributed and is posted on the website
- Shari mentioned this would be the last speaker meeting of the year and her hosting of these meetings although she would stay in the position until the end of the year to assist anyone willing to take over

## • Workshop Coordinator – Bob Report distributed with agenda

- Bob shared the evaluations from the Non-Dominant Handwriting Workshop held August 19<sup>th</sup> overall workshop was very well received with high marks for extremely clear objectives of the workshop were met with overall rating of 4.6 out of 5
- Suggestion made that the evaluation information be posted in the Conscious Contact with appreciation to Evie
- Also shared list of workshop topics participants of the above workshop were interested in
- Discussion ensued regarding the financing of Workshops and it was determined Bob as Workshop Coordinator needs to be a part of the finance reporting to the treasurer of workshop costs that are to be financed by the Intergroup
- o Also noted that all workshop coordinators work with Bob as Workshop Coordinator Chair

## ACA Intergroup Sixth Year Anniversary Celebration

- Renée reported the Open House Committee met on August 30<sup>th</sup> and the next meeting is the 29th
- Celebration will be held on Saturday January 27<sup>th</sup> at the Resource Center for Non Violent Communication in Santa Cruz from 11:00-2:00 pm
- o Rental Agreement signed and deposit made for \$190.00 (shown in this month's Treasurer's Report)

## • Outreach Committee – Rosa No Written Report

- o Outreach Committee updated the Letter to Therapists
- Also revised the Tear-Away Flyer with a QR Code
- Posted in public areas and will go back to see how many were used
- o Determine if it has generated traffic on the website
- Will distribute at in person meetings so fellow travelers can post in their local areas
- Retreat Committee On Hiatus No Chair
- Fun Night Task Force On Hiatus No Chair



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**OLD BUSINESS** 

No Old Business

**NEW BUSINESS** 

Out of agenda sequence – unaddressed entries will be on next meeting's agenda

- Shall IG sanction the October 7<sup>th</sup> Laundry List Traits Workshop
  - o Renée shared that an in person Laundry List Traits Workshop was beginning on Saturday, October 7<sup>th</sup> at the Quaker Meeting House
  - She had asked that the Workshop be sanctioned by Intergroup strictly to post a flyer on the IG website and distribute it with the Conscious Contact
  - She received a detailed email from the Chair and answered the questions in the IG meeting
  - Extensive discussion regarding previously discussed use of "Intergroup Sanctioned" and "Intergroup Sponsored" was held
  - Difference being Sanctioned is information on website and in the Conscious Contact and Sponsored meaning financed by Intergroup

**Motion** the October 7<sup>th</sup> Laundry List Traits Workshop be sanctioned by the Intergroup, the flyer To be on the Intergroup website and flyer distributed with the *Conscious Contact* Motion made by Shari and seconded by Rosa and passed (10-1-0)

- Shall IG donate to WSO?
  - o In previous years IG has made \$800 contributions in April and October
  - Last donation was made in April for \$1,000 (\$200 more because of WSO plea for funds)
  - Shari suggested we ask the IG Reps to ask their meetings for more IG contributions and mention in the Conscious Contact
  - WSO contribution to be put on October meeting agenda

## **AFFIRMATIONS and SUGGESTIONS**

No affirmations or suggestions due to time constraints

Please send any future agenda items to <a href="mailto:acamontereybay@gmail.com">acamontereybay@gmail.com</a>

The next Intergroup meeting scheduled for Saturday, October 28 4:00-5:30 pm Zoom 898 9797 7526 passcode 792214

Motion was made to adjourn meeting by Renée seconded by Shari passed unanimously (11-0-0)

The meeting was adjourned at 5:30 pm following the ACA Serenity Prayer

Respectfully submitted,

Jeannie Mac Intergroup Secretary September 25, 2023