



Join your Fellow Travelers on a journey through the

ACA LAUNDRY LIST TRAITS

RECOMMENDED FOR THOSE ACA'S WHO HAVE ALREADY WORKED ACA'S TWELVE STEPS Or

OPEN TO ANYONE WHO FEELS THIS WORKSHOP ALIGNS WITH THEIR RECOVERY JOURNEY

Sixteen week workshop designed to explore the **Laundry List Traits** using a proven format

October 7, 2023 to January 20, 2024 Saturdays 9:30 am to 11:00 PST

In Person Only
Quaker Meeting House
225 Rooney Street
Santa Cruz

No Pre-Registration Show up at first meeting to register

(Nominal Fee \$2.00 a week to cover Room Rent only)

Questions: Contact **RENÉE** 831-320-7932 <u>wrenhard@aol.com</u> **JEANNIE** 650-380-5254 jeanniemac40@gmail.com