

CONSCIOUS CONTACT

Newsletter for ACA Monterey Bay Intergroup

July-August 2023

We welcome your input in the Monterey Bay Intergroup. If you would like to bring something up at the monthly Intergroup meeting, please join us - all are welcome to attend the meetings held on the fourth Saturday of each month at 4:00pm – (August hiatus)

The next Intergroup meeting will be held Saturday, September 26, 2023 at 4:00 pm PST

Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214

Please think about becoming an Intergroup Rep for your home meeting. There are many mentors and an orientation to make you feel welcome and supported in this rewarding service position.

Member Meetings With No Current IGR

Monday 9:30 am "ACA Scotts Valley"	Monday 7:00 pm "Authentic Men"
Wed 9:30 am Live Oak "Serenity Seekers"	Wednesday 6:00 pm "Freedom from the Past"
Wednesday 5:30 pm "ACA @ UCSC"	Thursday 7:00pm "Serenity Seekers"
Friday 7:15pm "Friday Night ACA"	

Meeting News/Events/Upcoming Workshops

- **Tuesday Tony A Meditation meeting at Quaker Meeting House now at 6:15pm**
- **Upcoming Workshop on non-dominant handwriting coming up Saturday, August 19 at Resource Center for Nonviolence!** Check acamontereybay.org/events for more information
- **Upcoming Step Study (zoom) 14-week using Tony A's steps beginning Wednesday, September 6** - check acamontereybay.org/events for more information
- **Zoom Quarterly Speaker "Potluck" Meeting October 15 at 5:30-7:00 PST** with 3 speakers, game, giveaway, and a sponsorship corner – look for the flyer to be posted on the acamontereybay.org website

If your group has an event to announce or a change to your meeting that you would like to post on our website, please send your request via email to mbacaweb@gmail.com

CONTACT US

General questions acamontereybay@gmail.com
Want to offer a workshop? mbacaworkshops@gmail.com
Buy literature for your meeting mbacaliterature@gmail.com
Update your meeting info mbacaweb@gmail.com

7TH TRADITION DONATIONS

Donate to Intergroup: PayPal mbacatreasurer@gmail.com. Please share this information with your group's Treasurer and announce at your meetings. Also, Intergroup donations can be made via Venmo @dottie-treasurer. If on behalf of a meeting, please state which meeting.

ACA World Service Office (WSO)'s primary purpose is getting literature out globally and the rising costs of translations, paper, printing and transportation, as well as paying special workers prompted this special message. Please go to adultchildren.org and click on the "Contribution" button if you wish to make a tax deductible donation.