



**MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES**

**Saturday, July 22, 2023 @ 4:00 pm**

**Zoom Meeting ID: 898 9797 7526 PC: 792214**

**ATTENDEES: INTERGROUP REPRESENTATIVES**

GROUP #	INTERGROUP MEMBER MEETING	IGR REP	PRESENT	PROXY	VOTES
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"	Matthew/Sophia	No	No	
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	x		1
CA1563	SUN 7:00 pm "Red Book Meeting" – Monterey	Abe	No	No	
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	<b>Need</b>			
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle	<b>X</b>		1
CA1308	MON 7:00 pm Quaker House "Authentic Men"	<b>Need</b>			
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Wendy	No	No	
CA1416	TUE 6:15 pm "Tony A Meditation" Quaker House	Carol	<b>X</b>		1
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	<b>Need</b>			
CA1241	WED 6:00 pm Salinas "Freedom from the Past"	<b>Need</b>			
CA1373	WED 7:00 pm "ACA@UCSC"	<b>Need</b>			
CA1170	THU 5:30 pm "Women in Recovery"	Victoria	No	No	
CA1553	THU 5:30 pm "Getting the Band Back Together"	Bob	<b>X</b>		1
CA1504	THU 7:00 pm Red Church "Serenity Seekers"	<b>Need</b>			
CA1313	FRI 7:15 pm "Friday Night ACA"	<b>Need</b>			
CA1276	SAT 9:00 am "Heart Circle"	Lorna	<b>X</b>		1

**ATTENDEES: OFFICERS VISITORS**

TITLE	NAME	PRESENT	PROXY	VOTES	VISITORS
<b>Co-Chairs</b>	Evie and Paul	Evie/Paul		1	Di D.
<b>Vice-Chair</b>	Renée	<b>X</b>		1	
<b>Secretary</b>	Jeannie	No	Carol		
<b>Treasurer</b>	Dottie	<b>X</b>		1	
<b>WSO Rep &amp; Delegate</b>	Peg	<b>X</b>			

**ATTENDEES: COMMITTEE CHAIRS**

COMMITTEES	STATUS	CHAIR	PRESENT	PROXY	VOTES
<b>Website / Zoom</b>	Active	Evie	X		1
<b>Workshop Coordinator</b>	Active	Bob	X		
<b>Quarterly Virtual Speaker Meeting</b>	Active	Shari	X		1
<b>Literature Depot Host</b>	Active	Carol	X		
<b>Outreach Committee</b>	Active	Rosa	X		1
<b>Retreat Committee</b>	<b>Hiatus</b>	<b>Open</b>			
<b>Fun Task Force</b>	<b>Hiatus</b>	<b>Open</b>			



# MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, July 22, 2023 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

## OPENING

- Evie opened the meeting at 4:00 pm
  - Welcomed everyone; Di is visiting today.
  - Evie asked for a volunteer for the security of the meeting (against zoom bombing). Carol volunteered.
- ACA Serenity Prayer was recited. Members read aloud Mission Statement, Commitment to Service, 7th Tradition, 7th Concept, and Guidelines for ACA Business Meetings
- Evie announced the meeting was being recorded.
- Roll call taken by Renée, Vice Chair, and voting rights clarified. A quorum was established, *as above*. (IGRs, proxies, officers and committee chairs vote, visitors do not. One vote per person even if filling multiple roles.) 11 voting members, meeting one-less-than-2/3 quorum requirement of 9.

## MINUTES

Evie asked if there were any additions or corrections to the June meeting minutes. No revisions noted.

**Motion** to approve the minutes of 6/24/23 meeting as distributed. (Carol/Renee) (9-0-2)

## REPORTS

- **Co-Chairpersons** – Evie and Paul – Evie Chairing today’s meeting – No report
- **Vice Chairperson** – Renée – No Report
- **Secretary** – Jeannie – Carol doing today’s minutes in Jeannie’s absence - No Report
- **Treasurer** – Dottie screen shared Treasurer’s Report circulated earlier via email (and posted on website)
  - June 7<sup>th</sup> Tradition donations were \$7.00 by individuals, \$62 from speaker meeting, none from member meetings
  - June Literature Purchase was \$252.89
  - June Literature Sales were \$0
  - June subtotal \$1,187.64 in addition to following reserves
 

Prudent Reserve	\$800.00
Outreach	\$ 65.56
Events	\$ 56.41
Travel	\$150.00

**Motion** to accept the Treasurer’s Report of 07/20/23 as submitted. (Renee/Peg) (11-0-0)

- **WSO Rep & Delegate** – Peg reported that the next quarterly report is August 5. She has attended training. The main topic of discussion is around specialized meetings and inclusion. She reported that worldwide, the number of ACA groups has increased 150%. (It was clarified that Peg is both our WSO Rep and Delegate).

## IGR REPORTS

- **Sunday 3:30pm “Adult Loving Parent” – (Matthew/Sophia)** – Absent – no report
- **Sunday 6:00pm “Laundry Lists” – Peg** Meeting continues without an assigned secretary; several people share this duty. Many attendees are from out of area. No zoom bombers.
- **Sunday 7:00pm “Red Book Meeting” – Monterey - Abe** Absent
- **Monday 9:30am “ACA of Scotts Valley – No IGR**
  - Renee reported attendance is up (20), people from all over the world.
  - Need a secretary (3 month commitment) end of July.
- **Monday 5:30pm “Stepping Up in ACA” – Beverle**
  - Secretary is newcomer Victoria



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, July 22, 2023 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

- Rotating agenda
- **Monday 7:00pm “Authentic Men”: No IGR**
- **Tuesday 12:30pm “Inner Loving Parent-Inner Child” Wendy – Absent / no report**
- **Tuesday 6:15pm “Tony A Meditation” – Carol**
  - Meeting now in person only at Quaker Meeting House in Fellowship Room
  - Secretary and Treasurer filled
  - Others encouraged to attend - Guided meditation format and reading from Tony A’s Laundry List
- **Wednesday 9:30am “Serenity Seekers” – No IGR**
- **Wednesday 6:00pm “Freedom from the Past”- Salinas - No IGR**
- **Wednesday 5:30pm “ACA @ UCSC” – No IGR**
  - Beverle gave a quick status overview: meeting still hybrid, in a modular building next to the Cove; continues with core in-person and zoom attendees
- **Thursday 5:30pm “Women in Recovery” – Victoria – Absent**
  - Lorna reported attendance has been great lately (15) with many from out of area. Non-binary included.
- **Thursday 5:30 pm “Getting the Band Back Together” – Bob**
  - Strong attendance with an excess of 20 attending each week
  - Rotating format
- **Thursday 7:00pm “Serenity Seekers” – No IGR**
- **Friday 7:15pm “Friday Night ACA” – No IGR** – Carol reported still looking for an in-person venue. Many attendees are from out of the area. 4 local regulars are keeping it going with the rotating format. Some regulars from out of area.
- **Saturday 9:00am “Heart Circle” – Lorna**
  - 8-12 every week – attendance has dwindled from 15-20
  - Service positions filled
  - Not an in person meeting yet but looking for a meeting location

**MEETINGS WITH NO CURRENT INTERGROUP REPRESENTATION**

<b>Monday 9:30 am “ACA Scotts Valley”</b>	<b>Monday 7:00 pm “Authentic Men”</b>
<b>Wed 9:30 am Live Oak “Serenity Seekers”</b>	<b>Wednesday 6:00 pm “Freedom from the Past”</b>
<b>Wednesday 7:00 pm “ACA @ UCSC”</b>	<b>Thursday 7:00pm “Serenity Seekers”</b>
<b>Friday 7:15pm “Friday Night ACA”</b>	

**COMMITTEE REPORTS**

Literature Depot – Carol Host reported current inventory:

- 6 Big Red Books
- 6 Yellow Step Workbooks
- 6 Strengthening My Recovery
- 5 Laundry List Workbooks
- 9 Loving Parent Guidebooks
- 39 Newcomer Booklets
  - Purchased literature to replenish from June sales. Clarified that 6 step workbooks were bought back from the workshop. Totals \$252.89 as reported on Treasurer’s Report. No sales in July.

**Motion** to accept the Literature Report as of 7/14/23 as submitted. (Renee / Rosa, 11-0-0)

**COMMITTEE REPORTS – CONT’D**

Website/Zoom - Evie



## MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, July 22, 2023 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

- Website was taken down being taken down for maintenance on May 31<sup>st</sup> from 1:00-4:00 pm
- July website graph revealed the most hits were on the day of the speaker meeting, 7/16 116 hits , Best Overall 7/11/2020 327, cumulative total 108,356 since 2018. 2021 was the year with most hits; zoom meeting links are a common reason for people to visit the website.
- Web committee meets 1-3 times per month; Carol does day-to-day maintenance.

### **Quarterly Virtual Speaker Meeting - Shari Chair**

- Shari thanked IGR's and officers who attended the 7/16 speaker meeting. Attendance was lower (39), as typical in summer. Renee, Dottie and Shari supported the Sponsorship Corner.
- Next Virtual Speaker Meeting scheduled Sunday October 15 5:30-7:00pm.
- Clarified that if we move to in-person or hybrid speaker meeting, Shari will not be able to organize due to her location.
- Speaker Meeting Committee Chair vacancy will be coming up in January.

### **Workshop Coordinator – Bob**

- Bob reported the venue for Evie's upcoming workshop on Non-Dominant Handwriting is the Resource Center for Nonviolence, Community Room, Saturday August 19 1-4pm. Cost to Intergroup is \$125 of which \$50 is a refundable deposit if the room is left in good condition.
- Flyer will be posted on the website when it is ready.
- Shari suggested the flyer state 'donations will be accepted'.
- Question came up wondering if Resource Center for Non-Violence is a hybrid-friendly venue.

### **Outreach Committee – Rosa Chair**

- Committee has made a list of the community and health organizations to which to send information.
- They are going to edit the therapist letter to bring it up to date.
- Confirmed IG treasurer will reimburse for postage.
- It was noted that a more recent trifold for therapists is downloadable from [adultchildren.org/literature](http://adultchildren.org/literature) (free downloads)
- Can make the therapist packets available again via Literature Depot for ACA members to hand deliver to their therapist/caregiver.
- Meetings are on the first Friday of the month, 5:30 pm; this is on the Events calendar at [acamontereybay.org](http://acamontereybay.org)
- Rosa will submit minutes to be posted on our website.

### **Ad Hoc Six Year Anniversary committee – Renee Chair**

- Renee and Beverle met July 9 to begin planning.
- Possible January 28 event 11am-2pm
  - Potluck with soup, salad and sandwiches
  - No children, no pets, no alcohol, no perfume
  - Beverle will manage the food
  - Need volunteer for speakers, raffle, activities
  - Next meeting Friday July 28 5:30pm (zoom) – Renee will email to Evie, Beverle, Jeannie, Dottie
  - Will try to book Resource Center for Non-violence
  - Requesting a budget of \$200 to cover rent and food
  - Anyone else who wants to volunteer please contact Renee

**Motion:** Set a budget of \$200 for 6-year Anniversary event from the General Fund. (Renee/Lorna) (11-0-0)

### **OLD BUSINESS**

**Literature given to newcomers at speaker meetings;** more costly if multiple gifts and shipping required.

- Shari limited speaker meeting this time to one gift; recipient was local so no shipping cost this time.
- Since Covid the Literature Depot also mails newcomer pamphlets to newcomers attending zoom meetings.
- Discussed tracking the cost of giveaways; Carol offered to add line items to the literature report so that year-to-date giveaways and postage cost are visible.



## MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, July 22, 2023 @ 4:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

### NEW BUSINESS

#### Should Intergroup take August off

- Last year we did not have a meeting in August. This year we have more activity (Workshop and Outreach coordinators, and a workshop coming up in August).
- Clarified that monthly reports (literature, treasury) would be sent in and then both August and September reports reviewed in the September meetin

**Motion:** No Intergroup meeting in August. (Paul/Renee) (9-0-2)

#### Step Study – zoom – Tony A

- Shari requested intergroup approval / sanction for a 14-week Tony A step study workshop which she is planning to offer via Zoom starting September 6. It will be Wednesdays at 5:30pm.
- Discussion involved clarifying 2 meanings for the word ‘sanction’ which can be positive in terms of approval or support, or negative in terms of punishment. If sanctioned, the flyer will be posted on the website.

**Motion:** Favorably sanction the Tony A Step Study to be offered by Shari via zoom starting September 6 for 14 weeks. (Renee / Carol). (11-0-0)

#### Affirmations (Previously Evaluations)

- Meeting very productive and informative
- Evie’s demeanor in the meeting was very smooth and calm
- Everyone’s service / contribution appreciated

#### Suggestions - None

Please send any future agenda items to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com)

The next Intergroup meeting scheduled - Saturday, September 23, 2023 4:00-5:30 pm  
Zoom 898 9797 7526 passcode 792214

Please send any future agenda items to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com)

**Motion to Adjourn.** (Shari/Dottie) (11-0-0)

The meeting was adjourned at 5:22 pm following the ACA Serenity Prayer

Respectfully submitted,

Carol G. on behalf of Jeannie Mac  
Intergroup Secretary  
7/23/23