

CONSCIOUS CONTACT

Newsletter for ACA Monterey Bay Intergroup

March 25, 2023

We welcome your input in the Monterey Bay Intergroup. If you would like to bring up something at the monthly Intergroup Meeting, please join us at any of our monthly meetings - you are invited and welcome to attend the meetings held on the fourth Saturday of each month at 2:00pm.

The next Intergroup meeting will be held Saturday, April 22, 2023 at 4:00pm PST

Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214

(please note 4:00 pm time change is for this meeting only)

The Following meetings are in need of Intergroup Reps. Please think about becoming a rep for your home meeting. There are many mentors and even an orientation to make you feel welcome and supported in making this a positive and rewarding service position.

Member Meetings With No Current IGR

Sunday 3:30 pm PAMF "Adult Loving Parent"

Monday 7:00 pm Quaker Meeting House "Authentic Men"

Wednesday 6:00 pm "Freedom from the Past"

Thursday 7:00pm "Serenity Seekers"

Monday 9:30 am "ACA in Scotts Valley"

Tuesday 12:30 pm "Breathe Easy"

Wednesday 7:00 pm "ACA @ UCSC"

Friday 7:15pm Barn Studio "Friday Night ACA"

WSO soliciting input from member meetings regarding the ABC Proposals. Vote for the proposals your meeting feels should be on the next world conference agenda. **Deadline for meeting input is April 10th.** Please check out the proposals at ACAWSO.org/bpc/.

Intergroup needs volunteers interested in service:

Workshop Coordinator position is open. This is a great opportunity to give service and be involved in workshop offerings.

Questions? **Interested?** Send an email to acamontereybay@gmail.com for a job description and more information or contact Shari, the previous Workshop Coordinator at sharithomas831@gmail.com.

Next Quarterly Virtual Speaker Meeting will be Sunday April 16th from 5:30-7:00 pm with a sponsorship corner after the meeting. Three great speakers are lined up so please join us! The flyer is being sent to those receiving the *Conscious Contact* by email and can also be found under Events on the Intergroup's website acamontereybay.org.

The **Member Survey** has recently been sent to those receiving the *Conscious Contact* via email and can also be found on the Intergroup website. Please let us know *your* interests by submitting this Survey. This assists the Intergroup in knowing what you want!

Some of our regular Zoom meetings need your support:

Monday 9:30am "ACA Scotts Valley"

Wednesday 6:00 pm "Freedom from the Past"


Thursday 7:00 pm "Serenity Seekers"

Monday 5:30pm "Stepping Up in ACA"

Thursday 5:30pm "Women in Recovery"

Find the Zoom info on the acamontereybay.org website under "Meetings"

These FIVE meetings, meeting IN PERSON, need your support to continue to grow. Check the website for any last-minute changes on these meetings:

<p>Monday 7:00 pm "Authentic Men" Tuesday 12:30 pm "Inner Loving Parent-Inner Child" Tuesday 7:00 pm "Breathe Easy" Monterey Wednesday 5:30pm "ACA@UCSC"</p>	<p>The Bonfire  Meeting meets at Twin Lakes Beach at 6pm on the 2nd and 4th Mondays of each month.</p> <p>COME AND JOIN US!!</p>
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If your group has an event to announce or a change to your meeting that you would like to post on our website, please use the new online **Web Request Form** under the **Intergroup Business** tab. **Here is the link:** <https://acamontereybay.org/autodraft/> If you have an **urgent** request, send an email to mbacaweb@gmail.com.

If you would like information on some local facilities that are available to accommodate in-person meetings, please send an email to acamontereybay@gmail.com for a copy of the worksheet.

CONTACT US

Monterey Bay ACA Intergroup	acamontereybay@gmail.com
Intergroup Treasurer	mbacatreasurer@gmail.com
Workshop Coordinator	mbacaworkshops@gmail.com
Retreat (on Hiatus)	mbacaretreat@gmail.com
Literature	mbacaliterature@gmail.com
Fun Night Committee (on Hiatus)	mbacafuncommittee@gmail.com
Website Committee	mbacaweb@gmail.com

The ACA World Service Office (WSO) has recently sent an email about the importance of sending 7th Tradition donations to the WSO. WSO's primary purpose is getting literature out globally and the rising costs of translations, paper, printing and transportation, as well as paying special workers prompted this special message. Please go to adultchildren.org and click on the "Contribution" button if you wish to donate.

Donate to Intergroup: PayPal mbacatreasurer@gmail.com. Please share this information with your group's Treasurer and announce at your meetings. Also, Intergroup donations can be made via **Venmo** @dottie-treasurer.

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