



MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, February 25, 2023 @ 2:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

ATTENDEES: INTERGROUP REPRESENTATIVES

GROUP #	INTERGROUP MEMBER MEETING	IGR REP	PRESENT	PROXY	VOTES
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"	Need			
WEB0287	SUN 6:00 pm "Laundry Lists"	Need			
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Need			
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle		No	
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"	Need			
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Wendy		No	
CA1416	TUE 7:00 pm "Tony A Meditation"	Carol	X		1
CA1107	TUE 7:00 pm "Breathe Easy" – Monterey	Need			
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Di		No	
CA1241	WED 6:00 pm Salinas "Freedom from the Past"	Need			
CA1373	WED 7:00 pm "ACA@UCSC"	Need			
CA1170	THU 5:30 pm "Women in Recovery"	Need			
CA1504	THU 7:00 pm Red Church "Serenity Seekers"	Need			
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Need			
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Lorna	X		1

ATTENDEES: OFFICERS VISITORS

TITLE	NAME	PRESENT	PROXY	VOTES	VISITORS
Co-Chairs	Evie and Paul	X		1	Matthew
Vice-Chair	Renée		Carol		
Secretary	Jeannie	X		1	
Treasurer	Dottie	X		1	
WSO Rep	Peg				

ATTENDEES: COMMITTEES

COMMITTEES	STATUS	CHAIR	PRESENT	PROXY	VOTES
Website / Zoom	Active	Evie			1
Workshop Coordinator	Active	Open			
Quarterly Virtual Speaker Meeting	Active	Shari			1
Literature Depot Host	Active	Carol G			
Outreach Committee	Active	Rosa			1
Retreat Committee	Hiatus	Open			
Fun Task Force	Hiatus	Open			

OPENING

- Paul opened meeting at 2:02 pm and announced it was being recorded and welcomed everyone
- ACA Serenity Prayer was recited. Members read aloud the Mission Statement, the Commitment to Service, the 2nd Tradition, the 2nd Concept, and the Guidelines for ACA Business Meetings
- No revised agenda sent out - Paul mentioned he will do in the future
- Paul added to today's agenda time at end of meeting to evaluate the meeting



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OPENING - CONT'D

- Roll call was taken by Carol, acting as Vice Chair, and voting rights clarified. A quorum was established, *as above*. (IGRs, proxies, officers and committee chairs vote, visitors do not. One vote per person even if filling multiple roles.) 8 voting members were present, meeting our one-less-than-2/3 quorum requirement of 8.

MINUTES

- Paul asked if there were any additions or corrections to the January 28th meeting minutes
- The number of a quorum noted in the minutes as 6 was corrected to read 8
- **Motion** made (Carol), seconded (Rosa), and passed (8-0-0) to approve the minutes of the 01/28/23 meeting as corrected

REPORTS

- **Co-Chairpersons** – Paul and Evie – Paul Chairing - No Report
 - Evie mentioned Co-Chairs alternating monthly to chair meetings
 - **Vice Chairperson** – Renée absent, Carol as acting Vice Chair – No Report
 - **Secretary** – Jeannie - No Report
 - Jeannie requested all attending to send their contact information for this year's Intergroup Contact List to jeanniemac40@gmail.com
 - **Treasurer** – Dottie – Screen Shared January Report (will be updated)
 - \$38.00 in 7th Tradition donations received in February
 - January balance forwarded was \$2,018.86 in addition to following reserves
 - Prudent Reserve \$800.00
 - Outreach \$ 65.56
 - Events \$ 56.41
 - Travel \$150.00bringing the total to \$3,121.84.
 - Treasurer's Reports are posted on IG website (and are filed in acamontereybay@gmail.com Google drive currently available to Paul, Evie and Jeannie)
- WSO Rep** – Peg – Absent, No Report

INTERGROUP REPRESENTATIVES REPORTS

- **Sunday 3:30pm "Adult Loving Parent": No IGR**
- **Sunday 6:00pm "Laundry Lists" – Peg Absent No Proxy**
- **Monday 9:30am "ACA of Scotts Valley – No IGR**
- **Monday 5:30pm "Stepping Up in ACA" – Beverle Absent No Proxy**
- **Monday 7:00pm "Authentic Men": No IGR**
- **Tuesday 12:30pm "Inner Loving Parent-Inner Child" Wendy Absent No Proxy**
- **Tuesday 7:00pm "Tony A Meditation" Carol reported lovely small meeting with 6-10 regular attendees, format includes reading Tony A's Laundry List book and 15-minute guided meditation**
- **Tuesday 7:00pm "Breathe Easy" – Monterey - No IGR**



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INTERGROUP REPRESENTATIVES REPORTS – CONT'D

- **Wednesday 9:30am “Serenity Seekers” – Di Absent No Proxy**
 - Dottie gave a brief reported meeting is going strong with 12-15 attendees
- **Wednesday 6:00pm “Freedom from the Past”- Salinas - no IGR**
- **Wednesday 5:30pm “ACA @ UCSC” – No IGR**
- **Thursday 5:30pm “Women in Recovery – No IGR**
- **Thursday 7:00pm “Serenity Seekers – No IGR**
- **Friday 7:15pm “Friday Night ACA – No IGR**
- **Saturday 9:00am “Heart Circle – Lorna**
 - Lorna reported this zoom meeting well attended with 15-18 and format includes reading Strengthening My Recovery
- **Sunday 6:00pm “Laundry Lists”- No IGR**

Member Meetings With No Current IGR

Sunday 3:30 pm PAMF “Adult Loving Parent”
 Monday 9:30 am “ACA in Scotts Valley”
 Tuesday 12:30 pm “Breathe Easy”
 Wednesday 7:00 pm “ACA @ UCSC”
 Thursday 7:00pm “Serenity Seekers”

Sunday 6:00 pm “Laundry Lists”
 Monday 7:00 pm Quaker Meeting House “Authentic Men”
 Wednesday 6:00 pm “Freedom from the Past”
 Thursday 5:30 pm “Women in Recovery”
 Friday 7:15pm Barn Studio “Friday Night ACA”

Shari shared that it would be very helpful if those attending the meeting today made a pitch at those meetings not currently represented about the importance of intergroup participation.

It was announced that there is a new in-person only meeting which started on February 16

CA1153 **Thurs 5:30 pm** Quaker Meeting House “Getting The Band Back Together” In-Person Open to All Discussion-Speaker format, fragrance free, please no food or beverages in room - masks not required, but please wait to join us if experiencing cold or flu symptoms

COMMITTEE REPORTS

- **Website/Zoom** - Evie Chair
 - Evie shared the February website graph. The most hits were on the 13th with 96, cumulative total 100,851
- **Workshop Coordinator** – Active – No Chair
- **Quarterly Virtual Speaker Meeting** - Shari Chair
 - Shari announced the next zoom Quarterly Speaker Meeting will be April 16 with 3 speakers with a sponsorship corner immediately following
 - Flyer is being prepared and information will be posted on WSO and Intergroup website
- **Literature Depot Host** – Carol G
 - Carol screen shared spreadsheet showing sales of 3 Loving Parent Guidebooks and 1 donated to newcomer (previously donated at November Quarterly Virtual Speaker Meeting) and inventory of literature
 - 8 Big Red Books, 6 Yellow Step Workbooks, 8 Strengthening My Recovery, 5 Laundry List Workbooks
4 Loving Parent Guidebooks, 26 Newcomer Booklets



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COMMITTEE REPORTS - CONT'D

- **Outreach Committee** – Rosa Chair
 - Rosa received the outreach material previously generated from Renée and will review
 - She will send material to Evie and Victoria, who volunteered to be on committee
 - Rosa to call a committee meeting in the middle of March
- **Retreat Committee** – On Hiatus - No Chair
- **Fun Night Task Force** – On Hiatus – No Chair
-

OLD BUSINESS

- Confirm adultchildren.org contact information is current – Jeannie volunteered
- Confirm status of WSO ballot proposal processing
 - Voting deadline April 10th
 - Lorna shared she looked at the proposals and none were recommended by WSO
 - Carol circulated last year's ballot proposals and townhall meetings to IGRs and will prepare email draft for next month's meeting
 - Jeannie to put ballot proposal link in this month's *Conscious Contact*
 - IGRs asked to see what kind of interest their meeting attendees have regarding these proposals since all groups are autonomous and do not have to participate if not interested
 - Paul discussed lack of WSO follow up on status of proposals

NEW BUSINESS

- Retreat 2023?
 - Jeannie mentioned the 2022 Retreat was not held because of barracks style sleeping arrangements/threat of Covid and all documents regarding this retreat are in Retreat folder in Google drive
 - Shari mentioned people expressed interest in a one day retreat
 - Interest in attending will be requested on workshop survey
- Workshop poll from members?
 - 4 workshops held last year with Shari overseeing
 - Discussion was held regarding workshop survey to request co-travelers' workshop topic preferences
 - Survey should also include quarterly speaker meeting preference whether in person or zoom
 - Survey will also ask co-travelers about their interest in attending a retreat – Shari mentioned there might be more interest in a one-day retreat
 - Survey to be sent to IG reps to present to their meetings and also on website
 - Carol volunteered to prepare a draft workshop survey to be presented at next intergroup meeting
 - Shari volunteered Evie to present her Inner Child workshop and Carol to present her Boundaries workshop
- Intergroup Open house 5 year anniversary?
 - Thought process around having a 5-year anniversary celebration similar to first year celebration held at Scotts Valley Water District
 - Shari said she would consult with Renee and Beverle who were instrumental in the first year celebration
 - Suggested timeline of August or September



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NEW BUSINESS – CONT'D

- In person/hybrid Speaker meetings
 - Discussion was held regarding making this an in-person or hybrid meeting.
 - Shari is the Chair and coordinates these meetings and can only attend virtually
 - These meetings are listed on the WSO website and the IG website and attracts attendees out of the area
 - Speakers are recruited out of the area
 - Various meeting sites discussed including Scotts Valley Water District and Center for Non-Violence (where the potluck meetings were previously held)
 - Zoom equipment and need for designated person to handle was mentioned including whether there should be a budget line item to pay for these services
 - Shari suggested it continue to be a zoom meeting since attendees come from all over the country
 - Consensus was this can be done in person as a hybrid maybe for the next speaker meeting on July 16 – locations to be researched and this put on next month's agenda
- Move meeting to a new time/day?
 - Previously discussed in earlier IG meetings but deferred until new year IGs were voted in
 - Day jobs prevent participation if scheduled during the week
 - Straw poll taken – Who would be available 4:00-5:30 on Saturday – Unanimous in favor
 - Consensus was to put this on the next meeting's housekeeping agenda
- Evaluation of today's meeting – Paul added to the agenda
 - One member felt the meeting was very well run
 - One member said what came up was participant was triggered in the beginning of the meeting and her co-dependence was triggered and she was very happy that the person could tell their truth
 - One member felt it meeting very well run and there was logical thinking
 - One member thanked the group for learning new roles and we are settling in
 - One member reminded us we are trusted servants we do not govern
 - Jeannie mentioned it was typical to have drafted minutes sent to members who would be interested in looking at the drafted minutes and to provide revisions
 - Paul asked who would be interested in receiving draft minutes
 - Paul, Shari Lorna and Carol will receive the minutes and submit revisions to Jeannie

Please send any future agenda items to acamontereybay@gmail.com

The next Intergroup meeting scheduled - Saturday, March 25, 2023 2:00-3:30 pm

Zoom 898 9797 7526 passcode 792214

The meeting was adjourned at 3:20 pm following the ACA Serenity Prayer

Motion was made (Evie) and seconded (Paul) to adjourn the meeting (8-0-0)

Respectfully submitted,

Jeannie
Intergroup Secretary
3/01/23