

CONSCIOUS CONTACT

Newsletter for ACA Monterey Bay Intergroup

FEBRUARY 25, 2023

We welcome your input in the Monterey Bay Intergroup. If you would like to bring up something at the monthly Intergroup Meeting, please join us at any of our monthly meetings - you are invited and welcome to attend the meetings held on the fourth Saturday of each month at 2:00pm.

The next Intergroup meeting will be held Saturday, March 25th at 2:00pm PST

Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214

The Following meetings are in need of intergroup reps. Please think about becoming a rep for your home meeting. There are many mentors and even an orientation to make you feel welcome and supported in making this a positive and rewarding service position

Member Meetings With No Current IGR

Sunday 3:30 pm PAMF "Adult Loving Parent"	Sunday 6:00 pm "Laundry Lists"
Monday 9:30 am "ACA in Scotts Valley"	Monday 7:00 pm Quaker Meeting House "Authentic Men"
Tuesday 12:30 pm "Breathe Easy"	Wednesday 6:00 pm "Freedom from the Past"
Wednesday 7:00 pm "ACA @ UCSC"	Thursday 5:30 pm "Women in Recovery"
Thursday 7:00pm "Serenity Seekers"	Friday 7:15pm Barn Studio "Friday Night ACA"

New In-Person Only Meeting Thursday 5:30 pm Santa Cruz

Thurs 5:30 pm Quaker Meeting House "Getting The Band Back Together" In-Person Open to All Discussion - Speaker format, fragrance free, please no food or beverages in room - masks not required, but please wait to join us if experiencing cold or flu symptoms

WSO soliciting input from member meetings regarding the ABC Proposals. Vote for the proposals your meeting feels should be on the next world conference agenda. **Deadline for meeting input is April 10th.** Please check out the proposals at ACAWSO.org/bpc/. The town halls can be found at the same address.

Repeat Shoutout The **Outreach Committee** has a new **Chairperson**, Rosa, who is inviting volunteers to help carry the message of ACA to those who still suffer. If you are interested in participating in the Outreach Committee, please contact Rosa at acamontereybay@gmail.com.

Next Quarterly Virtual Speaker Meeting will be Sunday April 16. Please check out the acamontereybay.org website for the flyer soon to be uploaded.

Some of our regular Zoom meetings also need your support:

Monday 5:30pm "Stepping Up in ACA", Thursday 5:30pm "Women in Recovery", Thursday 7:00 pm "Serenity Seekers," Wednesday 6:00 pm "Freedom from the Past"

These **FIVE** meetings are also meeting **IN PERSON** and they need your support to continue to grow. Check the website for any last-minute changes on these meetings:

- 📅 Monday 7:00pm “Authentic Men”
- 📅 Wednesday 5:30pm “ACA@UCSC”
- 📅 Bonfire Meeting 2nd and 4th Mondays at 6:00pm
- 📅 Tuesday 7:00pm “Breathe Easy” Monterey
- 📅 Tuesday 12:30pm “Inner Loving Parent-Inner Child”

The Bonfire  Meeting meets at Twin Lakes Beach at 6pm on the 2nd and 4th Mondays of each month.

COME AND JOIN US!!

If your group has an event to announce or a change to your meeting that you would like to post on our website, please use the new online **Web Request Form** under the **Intergroup Business tab**. Here is the link: <https://acamontereybay.org/autodraft/> If you have an **urgent** request, send an email to mbacaweb@gmail.com.

Intergroup needs volunteers interested in service:

- **Workshop Coordinator**

Questions? **Interested?** Send an email to acamontereybay@gmail.com for a job description and more information.

If you would like information on some local facilities that are available to accommodate in-person meetings, please send an email to acamontereybay@gmail.com for a copy of the worksheet.

CONTACT US

Monterey Bay ACA Intergroup	acamontereybay@gmail.com
Intergroup Treasurer	mbacatreasurer@gmail.com
Workshop Coordinator	mbacaworkshops@gmail.com
Retreat (on Hiatus)	mbacaretreat@gmail.com
Literature	mbacaliterature@gmail.com
Fun Night Committee (on Hiatus)	mbacafuncommittee@gmail.com
Website Committee	mbacaweb@gmail.com

Donate to Intergroup: PayPal mbacatreasurer@gmail.com. Please share this information with your group’s Treasurer and announce at your meetings.

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