

# CONSCIOUS CONTACT

Newsletter for ACA Monterey Bay Intergroup

January 28, 2023

This is YOUR Intergroup newsletter. If you want to bring up something at the monthly Intergroup Meeting, you are invited and welcome to attend the meeting on the fourth Saturday of each month at 2:00pm.

**The February meeting will be held February 24<sup>th</sup> at 2:00pm PST**

**Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214**

**The oldest Santa Cruz County ACA meeting needs your support. The meeting is now meeting IN PERSON and is on the verge of folding without more support. Come and support this long-time meeting IN PERSON on THURSDAYS at 7:00pm at CALVERY EPISCOPAL CHURCH in the Fireside Room**

We have a new **Outreach Committee Chairperson**, Rosa, who needs volunteers to help in carrying the message of ACA to those who still suffer. If you are interested in participating in the Outreach Committee, please contact Rosa at [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com).

**These FIVE meetings are also meeting IN PERSON and they need your support to continue to grow. Check the website for any last-minute changes on these meetings:**

- ① Monday 7:00pm "Authentic Men"
- ② Wednesday 5:30pm "ACA@UCSC"
- ③ Bonfire Meeting 2<sup>nd</sup> and 4<sup>th</sup> Mondays at 6:00pm
- ④ Tuesday 7:00pm "Breathe Easy" Monterey
- ⑤ Tuesday 12:30pm "Inner Loving Parent-Inner Child"

The Bonfire  Meeting meets at Twin Lakes Beach at 6pm on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of each month. COME AND JOIN US!!

**Some of our regular Zoom meetings also need your support:**

Monday 5:30pm "Stepping Up in ACA", Thursday 5:30pm "Women in Recovery", Thursday 7:00 pm "Serenity Seekers," Wednesday 6:00 pm "Freedom from the Past"

If your group has an event to announce or a change to your meeting that you would like to post on our website, please use the new online **Web Request Form** under the **Intergroup Business** tab. Here is the link: <https://acamontereybay.org/auto-draft/> If you have an **urgent** request, send an email to [mbacaweb@gmail.com](mailto:mbacaweb@gmail.com).

**Intergroup needs volunteers interested in service:**

- **Workshop Coordinator**
- **Intergroup Representatives for 2023. Represent your home meeting at the monthly Intergroup meeting.**

Questions? **Interested?** Send an email to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) for a job description and more information.

If you would like information on some local facilities that are available to accommodate in-person meetings, please send an email to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) for a copy of the worksheet.

**Contact information:**

Monterey Bay ACA Intergroup:	<a href="mailto:acamontereybay@gmail.com">acamontereybay@gmail.com</a>
Intergroup Treasurer:	<a href="mailto:mbacatreasurer@gmail.com">mbacatreasurer@gmail.com</a>
Workshop Coordinator:	<a href="mailto:mbacaworkshops@gmail.com">mbacaworkshops@gmail.com</a>
Retreat:	<a href="mailto:mbacaretreat@gmail.com">mbacaretreat@gmail.com</a>
Literature:	<a href="mailto:mbacaliterature@gmail.com">mbacaliterature@gmail.com</a>
Fun Night Committee:	<a href="mailto:mbacafuncommittee@gmail.com">mbacafuncommittee@gmail.com</a>
Website Committee:	<a href="mailto:mbacaweb@gmail.com">mbacaweb@gmail.com</a>

**Donate to Intergroup:** PayPal [mbacatreasurer@gmail.com](mailto:mbacatreasurer@gmail.com). Please share this information with your group's Treasurer and announce at your meetings.