

CONSCIOUS CONTACT

NEWSLETTER FOR ACA MONTEREY BAY INTERGROUP
DECEMBER 15, 2022

This is YOUR Intergroup newsletter. If you want to bring up something at the monthly Intergroup Meeting, you are invited and welcome to attend the meeting on the fourth Saturday of each month at 2:00pm.

NOTE: The January meeting will be held January 28th at 2:00pm PST

Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214

Monterey Bay ACA website: <http://acamontereybay.org/> Look on the website for local meeting information, upcoming events, speaker meetings, workshops, flyers, Intergroup information, and more!

The January Virtual Potluck Speaker Meeting “Action Coming from Love” will be held on Sunday, January 15th at 5:30pm PST. Join us for some great ACA experience, strength, and hope!

These **FIVE** meetings are meeting **IN PERSON** and they need your support to continue to grow. Check the website for any last-minute changes on these meetings:

- ① Monday 7:00pm “Authentic Men”
- ② Wednesday 5:30pm “ACA@UCSC”
- ③ Bonfire Meeting 2nd and 4th Mondays at 6:00pm
- ④ Tuesday 7:00pm “Breathe Easy” Monterey
- ⑤ Tuesday 12:30pm “Inner Loving Parent-Inner Child”

The “Bonfire  Meeting” meets in person on the 2nd and 4th Mondays at 6:00 pm at Twin Lakes Beach, the end of 7th/8th Ave.

Some of our regular Zoom meetings also need your support:

Monday 5:30pm “Stepping Up in ACA”, Thursday 5:30pm “Women in Recovery”, Thursday 7:00 pm “Serenity Seekers,”
Wednesday 6:00 pm “Freedom from the Past”

If your group has an event to announce or a change to your meeting that you would like to post on our website, please use the new online **Web Request Form** under the **Intergroup Business** tab. Here is the link: <https://acamontereybay.org/auto-draft/>. If you have an **urgent** request, send an email to mbacaweb@gmail.com.

Intergroup needs service officers, chair people and Intergroup Representatives for 2023



- **Chairperson and Treasurer**
- **Outreach Chair, Workshop Coordinator**
- **Intergroup Representatives for 2023. Represent your home meeting at the monthly Intergroup meeting.**

Questions? Interested? Send an email to acamontereybay@gmail.com for a job description and more information.

If you would like information on some local facilities that are available to accommodate in-person meetings, please send an email to acamontereybay@gmail.com for a copy of the worksheet.

Contact information:

Monterey Bay ACA Intergroup:	acamontereybay@gmail.com
Intergroup Treasurer:	mbacatreasurer@gmail.com
Workshop Coordinator:	mbacaworkshops@gmail.com
Retreat:	mbacaretreat@gmail.com
Literature:	mbacaliterature@gmail.com
Fun Night Committee:	mbacafuncommittee@gmail.com
Website Committee:	mbacaweb@gmail.com

Donate to Intergroup: Venmo [@Clare_treasurer](https://www.venmo.com/Clare_treasurer) or PayPal mbacatreasurer@gmail.com. Please share this information with your group’s Treasurer and announce at your meetings.