

MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, July 24, 2021 2:00 pm

Zoom Meeting ID: 811 5940 7814 PC: 995074

Attendees: Intergroup Representatives

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"	Jazmin	X		1
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	X		1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Renée	X		0
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle	X		1
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"	Birch	X		1
CA682	MON 7:30 pm Palo Alto "Monday Night Book Study"				0
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Evie	X		1
CA1416	TUE 7:00 pm "Tony A Meditation"	Jennifer			0
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Rebecca	X		1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"				0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"	Kira	X		1
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Carol G	X		1
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Donna	X		1

Attendees: Officers, Committees and Visitors

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	Judy
Vice-Chair	Carol G	X		0	Paul
Secretary	Renée	X		1	
Treasurer	Clare			0	
WSO Rep	Carol G	X		0	
Committee	Chair	Present	Proxy		
Website / Zoom	Chris	X			
Workshop Coordinator	Kira	X			
Potluck Speaker Meetings	Shari	X			
Literature Depot Host	Carol G	X			
Retreat Committee	Jeannie	X			
Fun Task Force	Shari	X			

Opening: Shari opened the Zoom meeting at 2:00pm. She announced this meeting was being recorded and a banner was displayed to all participants. The ACA Serenity Prayer was recited and members read aloud the Mission Statement, Commitment to Service, Guidelines for ACA Business Meetings, and the 7th Tradition, and 7th Concept. Shari welcomed the IGR's, committee chairs and visitors. Roll call was taken and voting rights clarified. A quorum was established, see attendance above. (IGR's, proxies and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 11 voting members were present, meeting our one-less-than-2/3 quorum requirement of 8.

Minutes:

Motion: (Carol/Beverle) Approve the minutes of the 6/26/21 meeting as written. (11-0-0)

7th Tradition: Shari announced the two ways to contribute to the Intergroup's 7th Tradition: Venmo @Clare_treasurer and PayPal mbacatreasurer@gmail.com.

REPORTS

Chairperson - Shari reported there are still lots of volunteer service opportunities to help with the 2022 San Francisco Annual World Convention. She is thinking about the possibility of signing up to host the Literature table at the Convention and will be attending the next AWC Planning Meeting to see if that service opportunity is still available. She will bring the information to next month's meeting.

Vice Chairperson – Carol reported that the meeting list is now up to day on our website acamontereybay.org with thanks to Chris. A round table discussion was held prior to the Intergroup meeting today on progress toward meeting in person and results of our members' research was shared. Another discussion meeting will be held prior to the August Intergroup meeting at 1:00 pm.

Secretary – Renée requested that any visitors attending today's meeting please put their email in the chat if they wish to receive a copy of today's meeting minutes.

Treasurer – Clare was absent but sent in a written report. The balance in the account is \$1,281.86 with reserves of \$65.56 for Outreach, \$56.41 for events, \$150 for travel and \$800 prudent reserve. Clare suggested to pay the lowest amount possible for the Retreat expenses.

Motion: (Renée/Carol) Accept the Treasurer's Report submitted for July 2021. (11-0-0)

Clare's email is mbacatreasurer@gmail.com for all communication regarding the Intergroup Treasury.

WSO Representative – Carol reported the Inner Loving Parent Guidebook is nearly done being published and should be available very soon to order. Results of the voting on the proposals at the ABC are in the draft minutes. Most of the proposals were referred to the Board, most notable is the changing of the name of ACA to Adult Children of Alcoholics and Dysfunctional Families. The link to the draft minutes of the ABC held in April is now available:

<https://acawso.org/wp-content/uploads/2021/07/2021-ABC-Minutes.pdf>

IGR (Intergroup Representatives) Reports:

- **Sunday 3:30pm "Adult Loving Parent"**: Jazmin said the meeting attendance has dropped to 3 people. They read the BRB and share and the meeting needs support.
- **Sunday 6:00pm "Laundry Lists"**: Peg reported 12-15 people attending regularly. Last week the meeting did not meet to accommodate the Potluck Virtual Speaker Meeting that meets quarterly. A phone list is being generated. The meeting format covers all four aspects of the Laundry List Traits.
- **Monday 9:30am "ACA Scotts Valley"**: Renée reported the meeting is functioning well with 10-12 attending. The group has found a new Zoom host starting in August.
- **Monday 5:30pm "Stepping up in ACA"**: Beverle reported Kira is the new Secretary. Last week's attendance was lower as the Bonfire meeting was held the same night.
- **Monday 7:00pm "Authentic Men"**: Birch reported the meeting is now held in person at the Quaker Meeting House starting in mid-July. It is awesome and there were 8 men attending. Birch requested the other IGRs announce this meeting needs support and that the meeting is now in person. Birch requested a Contact List for the Intergroup. Renée will provide an updated contact list with these minutes.
- **Tuesday 12:30pm "Inner Loving Parent-Inner Child"**: Evie reported this hybrid meeting had 5 at the Church and 3 on Zoom this past week. They do a 5-minute reading followed by 8 minutes of quiet to do with as you wish followed by sharing. This meeting needs support.
- **Tuesday 7:00pm "Tony A Meditation"**: Jennifer was absent but they usually read an excerpt from Tony A's book followed by a 15-minute guided meditation and sharing.
- **Wednesday 9:30am "Serenity Seekers"**: Rebecca reported the meeting is still well attended by 20-25 people. At the last business meeting, a new Crosstalk Reminder was voted into the format.
- **Wednesday 7:00pm "ACA@UCSC"**: No IGR, this meeting needs support. Good news that the Secretary will be moving back to Santa Cruz to attend college in September.
- **Thursday 5:30pm "Women in Recovery"**: Kira reported there are co-Secretaries and most attendees are not local to the Santa Cruz area. There are usually 8-10 women attending and at their last business meeting options were discussed on meeting in person. The result was that the meeting will continue on Zoom and the issue will be revisited. The group is discussing adding more readings to the format, like the 12 Steps. This meeting is open to non-binary people and trans women.

- **Thursday 7:00pm “Serenity Seekers”:** Paul is the Secretary and he reported that there are 3-4 people attending, only enough to have service positions filled. This meeting has no IGR and needs support. The meeting cannot afford to return to in person with current attendance.
- **Friday 7:15pm “Friday Night ACA”:** Carol reported consistent attendance at 16. Their rotating format is popular and the meeting attracts members from out of the area.
- **Saturday 9:00am “Heart Circle”:** Donna reported the meeting continues to be strong with a slight dip in attendance in the summer. The new Secretary is going a great job.

Meetings with no current IGR:

- Monday 7:30pm Monday Night Book Study”
- Wednesday 7:00pm “ACA @ UCSC”
- Wednesday 6:00pm “Freedom from the Past”
- Thursday 7:00pm “Serenity Seekers”

COMMITTEE REPORTS

- **Literature Depot** –Carol reported the Literature Depot sent out 1 Newcomer Booklet this month Inventory was reported in writing: 7 Big Red Books, 8 Step Workbooks, 6 Strengthening My Recovery, 5 Laundry List workbooks and 19 Newcomer Booklets.
- **Website/Zoom Committee** – Chris reported hits on the website are steady at 3,100/month for the past 5 months averaging about 100 hits/day all year. It was requested to please email Chris at acamontereybay@gmail.com for all updates to meeting schedules or posting of documents to the website. Please don't email Chris directly as the duplication gets confusing. Evie mentioned she would like to add a page to the website for the upcoming Retreat information and registration. Evie and Chris will work together on adding the Retreat page to the acamontereybay.org website.
- **Virtual Speaker Meeting** – Shari reported last week's Speaker meeting was held with 3 great speakers. There were two attendees from Australia with 43 in attendance. One person from Australia was given their choice for a piece of ACA literature supplied by the Literature Depot. Shari received some feedback about the countdown and the group played a short game of “Pass the Story.” The next Speaker meeting will be on Sunday, October 17th. If you would like to speak or recommend a speaker, please email acamontereybay@gmail.com.
- **Workshop Coordinator**–Kira reported the Service Workshop was in July. There were 6 presenters and 4 attendees. It was discussed whether or not to reschedule the workshop, but the attendees presented convincing opinions to change the vote and the workshop was held as scheduled. This was a great example of honoring the minority opinion. The next workshop will be held August 15 and it is an encore of the “Inner Child Non-Dominant Handwriting” workshop. Kira is working on a Boundaries Workshop in the future and is looking for help from the fellowship. A workshop is needed for September, and possible workshops even from out of the area are needed. Please send your ideas to Kira at mbacaworkshops@gmail.com.
- **Retreat Committee** – Jeannie reported the first annual Monterey Bay ACA Retreat will be held February 4-6, 2022 at Koinonia Conference Grounds in Corralitos, California. The Retreat Committee did a walkthrough of the grounds and noted the recent renovations to sleeping quarters and restrooms. A copy of the contract will be reviewed at the next committee meeting. A report for the June 28th meeting is on the website, as is the job description list for the Retreat Committee positions needed: Secretary, Literature, Hospitality, Beverages, Bonfire and Saturday Evening Entertainment. Filled service positions include Program Chair and Contracts – Jeannie, Registration – Renée, Treasurer – Shari, Publicity – Evie, House Liaison – Beverle, and God Can Wizard – Dottie. Contact Jeannie at jeanniemac40@gmail.com if you would like to serve on the Retreat Committee or attend the next **Retreat Committee Meeting on Tuesday, July 27th at 11:00am on Zoom ID 851 6351 4642 PC 145936**. Jeannie asked the IGRs to announce the Retreat dates and request help on the Committee to put on this Retreat. Jeannie covered details of pricing, insurance, and Covid-19 precautions under consideration and she will report more at later meetings. The theme of the Retreat is “No Shame, No Blame” and the logo will be revealed soon. Evie is drafting a publicity flyer for circulation. Registration for the Retreat will open November 1st through January 15th for a minimum 25 registrants.

• **Motion:** (Renée/Carol) \$500 deposit for the February 2022 Retreat (11-0-0)

- **Fun Night Committee** – Shari reported at the last Fun Night they had a scavenger hunt. The next Fun Night will be held the second Saturday of August, on the 14th at 7:00pm where a surprise ACA game will be played. Join the Fun Night Committee or attend the next meeting.
- **Outreach Committee** – Shari reported that since the Outreach Committee is not active at the moment, she and Renée will be speaking for 40 minutes to the Santa Cruz County Behavioral Health therapists at their staff meeting on August 6th about the

ACA program. Alcoholics Anonymous is holding a Summer Fling on August 7th and Shari will be staffing a literature table at that event at Harvey West Park starting at 10am. Books will be for sale and pamphlets will be free. She asked for volunteers to assist her and Jeannie, Renée and Beverle volunteered to help.

OLD BUSINESS

- Carol reported on the results of the questionnaire circulated to the gmail contact list regarding in person and Zoom meeting preferences and concerns. The results are available on the website and were distributed to the IGRs and Secretaries (if known to Carol) for each meeting. There were 49 responses. Each meeting will use this information to make its own decisions about meeting in person. Another round table discussion will be held prior to the August Intergroup meeting at 1:00pm on Saturday, August 28th. Carol thanked Paul for his help on the questionnaire.

NEW BUSINESS

- The “Weather or Not” Bonfire Meeting started up again in person on Monday, July 12th. A group of around 22 people showed up and had a wonderful meeting. \$27.00 was collected in the 7th Tradition and the next Bonfire will be on the 2nd Monday of August, August 9th at 7:00pm at 7th Ave. Twin Lakes Beach. Jennie has volunteered to Secretary, Dave has volunteered to supply the firewood, and Clarissa volunteered to reserve the fire ring. The Bonfire will continue for at least the next 3 months. It is not a registered ACA meeting so it does not have a WSO number and is not listed on the adultchildren.org website.
- Shari shared some research she did on the cost and conditions of a \$1 million liability insurance quote from State Farm which may be needed for some meetings to return to in person at different facilities. The quote reflected Shari’s name dba ACA Groups and the premium is \$500/year or \$42/month. This policy might be useful to insuring the Retreat as well. Further discussion at future round table meetings and Intergroup meetings will follow.

Please send any other agenda items to acamontereybay@gmail.com.

Another Round Table discussion is scheduled just prior to next month’s Intergroup meeting at 1:00pm on August 28th.

Shari polled the group on “What’s your takeaway from today’s meeting?”

Motion (Carol/Kira): Adjourn the meeting (11-0-0)

The meeting was adjourned at 3:31pm with the ACA Serenity Prayer.

Respectfully submitted,

Renée H.

Recording Secretary 7/25/21