

MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, June 26, 2021 2:00 pm

Zoom Meeting ID: 811 5940 7814 PC: 995074

Attendees: Intergroup Representatives

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"	Jazmin	X		1
WEB0287	SUN 6:00 pm "Laundry Lists"				0
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Renée	X		0
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle	X		1
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"	Birch	X		1
CA682	MON 7:30 pm Palo Alto "Monday Night Book Study"				0
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Evie	X		1
CA1416	TUE 7:00 pm "Tony A Meditation"	Jennifer	X		1
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Rebecca	X		1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"				0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"	Kira	X		1
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Carol G	X		1
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Donna	X		1

Attendees: Officers, Committees and Visitors

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	Khyeira
Vice-Chair	Carol G	X		0	Ana
Secretary	Renée	X		1	Jeannie
Treasurer	Clare	X		1	Lorna
WSO Rep	Carol G	X		0	Judy
Committee	Chair	Present	Proxy		
Website / Zoom	Chris				
Workshop Coordinator	Kira	X			
Potluck Speaker Meetings	Shari	X			
Literature Depot Host	Carol G	X			
Retreat Committee	Jeannie	X			
Fun Task Force	Shari	X			

Opening: Shari opened the Zoom meeting at 2:00pm. She announced this meeting was being recorded and a banner was displayed to all participants. The ACA Serenity Prayer was recited and members read aloud the Mission Statement, Commitment to Service, Guidelines for ACA Business Meetings, and the 6th Tradition, and 6th Concept. Shari welcomed the new IGR's, Birch and Peg, committee chairs and visitors. Patt has resigned as IGR for the Wednesday 6pm "Freedom from the Past" meeting. Roll call was taken and voting rights clarified. A quorum was established, see attendance above. (IGR's, proxies and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 12 voting members were present, meeting our one-less-than-2/3 quorum requirement of 8.

Minutes:

Motion: (Carol/Renée) Approve the minutes of the 5/22/21 meeting as written. (12-0-1)

7th Tradition: Shari announced the two ways to contribute to the Intergroup's 7th Tradition: Venmo @Clare_treasurer and PayPal mbacatreasurer@gmail.com.

REPORTS

Chairperson - Shari reported a request for speakers on ACA. Shari and Renée will be speaking to the therapists at Santa Cruz County Behavioral Health about the ACA 12 Step program at their staff meeting on August 6th.

Shari reminded the group that there are still lots of volunteer service opportunities to help with the 2022 San Francisco Annual World Convention. She said to think about whether or not our Intergroup could contribute some volunteers in one particular area.

There was a great round table discussion just preceding this Intergroup Meeting today where information was exchanged about returning to in person meetings. Several attendees will be doing research on criteria discussed and report back to the group. Another similar discussion will be held prior to the July Intergroup Meeting as a follow up.

Vice Chairperson – Carol reported that Birch is our new IGR from the Authentic Men’s Meeting Mondays at 7pm. This was a result of Carol’s earlier contact with that meeting.

Secretary – Renée requested that any visitors attending today’s meeting please put their email in the chat if they wish to receive a copy of today’s meeting minutes. Contact information was also requested from Birch and Peg, new IGRs. Shari thanked Renée for the Conscious Contact newsletter.

Treasurer – Clare reported the last few months have been light in 7th Tradition contributions. The “Grief Unraveled” workshop yielded \$21 and \$61. All bills have been paid including web hosting, Zoom, and domain name. The balance in the account is \$1,185.36 with reserves for travel, events, and Outreach, with a grand total in the account of \$2,257.33. An audit of the Treasury books prior to 2020 was brought up. Carol is very busy in July but might be able to get to that audit later on.

Motion: (Beverle/Kira) Accept the Treasurer’s Report submitted for June 2021. (12-0-0)

Clare’s email is mbacatreasurer@gmail.com for all communication regarding the Intergroup Treasury.

WSO Representative – Carol reported that one of the Trustees has been removed from the Board for unconstructive behavior. The ABC minutes should be completed in the next month or so, then she can report the results of the voting on the ballot proposals. She reported there are many open service positions at WSO that are listed on the ACAWSO.org website. There has been significant international growth in ACA and the new literature scholarship fund has already begun giving donations of literature to developing countries.

IGR (Intergroup Representatives) Reports:

- **Sunday 3:30pm “Adult Loving Parent”:** Jazmin said the meeting has attendance of 4-6 people. They read the BRB and share for 3-1/2 to 4 minutes each due to low attendance. They often end the meeting early. She has heard no news on PAMF opening back up for their group to resume in person meetings.
- **Sunday 6:00pm “Laundry Lists”:** Peg is the new IGR for this meeting. There are regularly 16-20 in attendance with Khyeira facilitating. A steady stream of newcomers attends as well. They cover all 4 Laundry Lists and their business meeting has been moved to the 4th Sunday of each month to accommodate the Potluck Virtual Speaker Meeting that meets quarterly.
- **Monday 9:30am “ACA Scotts Valley”:** Renée reported the meeting is functioning well and Jeannie is the new Secretary. The group is considering adding a new line to the format pre-approving non-Conference approved literature as long as it supports the Steps and Traditions. This will be voted on at the next business meeting.
- **Monday 5:30pm “Stepping up in ACA”:** Beverle reported the meeting is going well. The format is reading the Step of the month the first week, sharing on the Step of the month the second week, reading the Tradition of the month the third week, and reading Strengthening My Recovery the fourth week. If there is a 5th week, there is a speaker. Attendance is 10-15 average and Joanie is serving as Secretary.
- **Monday 7:00pm “Authentic Men”:** Birch is the new IGR for this meeting and he reported this is the first time the meeting has had Intergroup representation. At the beginning of each meeting, the men are asked for 1 or 2 adjectives describing their present state of mind. Format for the meeting is the Promise of the month the first week, reading from the BRB the second week, a 10-minute share the third week, and speaking from a list of themes the fourth week. There have been 10 attending with some newcomers. They are in contact with the Quaker Meeting House for possibly having a hybrid meeting in the future.

- **Tuesday 12:30pm “Inner Loving Parent-Inner Child”**: Evie reported she hasn’t attended the meeting in the last 2 weeks but it is held as a hybrid meeting. When she was last there, there were 6 people at the church and 6-8 on Zoom at a park. They read the BRB and have some quiet time for artwork or meditation.
- **Tuesday 7:00pm “Tony A Meditation”**: Jennifer said she did not attend last week and loves the meeting. They start with a 10-minute meditation and rotate leaders. The meditation provides grounding before sharing. Attendance is around 10 and they share for 3 minutes. There are some newcomers and they sometimes read a Tony A book excerpt.
- **Wednesday 9:30am “Serenity Seekers”**: Rebecca reported the format is reading the Step of the month on week 1, reading Strengthening My Recovery on week 2, reading the Tradition of the month on week 3, and having a member share on week 4. If there is a 5th week, they do non-dominant handwriting. Attendance is 20-25 people consistently and they are looking to transition to a new larger location once in person meetings begin again. They are giving a 1-month trial to a new Crosstalk reading.
- **Thursday 5:30pm “Women in Recovery”**: Kira has not attended in the past 2 weeks. The meeting is a BRB study with co-secretaries. They need a literature person. There has been lower attendance lately with a few newcomers. They are polling the members on in person/hybrid/Zoom meeting preferences.
- **Friday 7:15pm “Friday Night ACA”**: Carol reported attendance is consistent at 16+ with some newcomers. Their rotating format is a guided meditation the first week, non-dominant handwriting the second week, a Trait the third week, a member sharing the fourth week, and the 13th or 14th Trait if there is a fifth week. The group is sharing the Secretary duties.
- **Saturday 9:00am “Heart Circle”**: Donna reported for format is reading from Strengthening My Recovery and open sharing. There is a strong group of 20-25 attending and service positions were just voted on and filled.

Renée reported the monthly **Bonfire Meeting** will be resuming on July 12th at 7:00pm at 7th Ave. Twin Lakes Beach and each 2nd Monday thereafter. There is a secretary committed to hosting the meeting through October.

Meetings with no current IGR:

- Monday 7:30pm Monday Night Book Study”
- Thursday 7:00pm “Serenity Seekers”
- Wednesday 7:00pm “ACA @ UCSC”
- Wednesday 6:00pm “Freedom from the Past”

COMMITTEE REPORTS

- **Literature Depot** –Carol reported running out of Newcomer Booklets and ordered 20 more. She will complete the form to enable her to order inventory from adultchildren.org at a discount for Intergroup #654. Current inventory includes 7 BRB, 8 Step workbooks, 6 Strengthening My Recovery, 5 Laundry List workbooks and 0 Newcomer Booklets.
- **Website/Zoom Committee** – Chris was absent but submitted her report. Hits on the website are averaging 3,000/month and 107/day. If you have any questions or changes to the website, please email Chris at acamontereybay@gmail.com.
- **Virtual Speaker Meeting** – Shari reported the next Virtual Speaker Meeting will be held on Sunday, July 18th from 5:30-7pm and the theme will be “The Summer of Self Love.” There will be 3 speakers, fun, fellowship, and a Sponsorship Corner immediately following the Speaker Meeting where sponsors and those seeking sponsors can network. The flyer is posted on the website. If you would like to speak or recommend a speaker, please email acamontereybay@gmail.com.

Motion: (Renée/Kira) Donate a piece of literature to a newcomer attending the Potluck Virtual Speaker Meeting (13-0-0)

- **Workshop Coordinator**–Kira reported the “Grief Unraveled” workshops filled up with 30 people within a few hours of opening pre-registration. The next workshop is “Service” with Renée hosting and others sharing their experience, strength and hope on the subject on July 11 at 1:00 – 2:30pm. A flyer is on the website. Kira asked that IGRs announce the workshop at their meetings and perhaps share on their own experience doing service to spark interest. The purpose of the workshop is to reach those on the fence about doing service and to demystify service positions. Service helps us in our recovery. The August workshop will be a reprise of Evie’s “Inner Child Non-Dominant Handwriting” workshop which is back by popular demand.
- **Retreat Committee** – Jeannie was voted the Chairperson of the Retreat Committee at their last meeting. The Committee is excited about having had contact with Koinonia Conference Center in Corralitos saying they have re-opened for business. The report of the last Committee meeting is posted on the website and more information will be coming soon on the upcoming Retreat, tentatively scheduled for February 4-6, 2022. The Committee revisited the venue and was pleased with the remodeled accommodations and serene, beautiful environment. There are lots of open positions on the Committee and the following

openings can be announced at meetings: Treasurer, Secretary, Hospitality Coordinator, Literature, Beverages Coordinator, Bonfire Master, Evening Entertainment Director, and God Can Wizard. Contact Jeannie at jeanniemac40@gmail.com for job descriptions or if you'd like to attend the next Retreat Committee meeting. The Retreat will be Friday evening through Sunday after lunch. Costs will be calculated and shared in the next few months. A \$500 deposit will be requested from Intergroup to secure the tentative dates of February 4-6, 2022 and this is due 2 weeks after a signed contract is received. A copy of the contract was requested for review. \$1 million in liability coverage is also required. The next Committee meeting is June 28th at 1:00pm on Zoom. Shari will send out the Retreat information to the IGRs and put this item on the agenda for next month's meeting.

- **Fun Night Committee** – Shari reported at the last Fun Night they played “Movie Madness”. There were less people than prior Fun Nights, but the Dance Party dancing was excellent! The next Fun Night will be Saturday, July 10th – the 2nd Saturday of the month. The Fun Night Committee will next meet on July 1st. Come and join us!
- **Outreach Committee** – There is an open Chair position on the Outreach Committee. Jennifer is still interested in participating on the Committee and Jeannie volunteered to be on the Committee as well. A few of the areas of concentration are reaching out to Hospitals & Institutions and placing ACA literature in public places. Members are asked to email acamontereybay@gmail.com if interested in participating with Outreach activities. Past minutes of the Outreach Committee meetings are posted on the website. Shari thanked Jeannie for all her past hard work on this Committee.

OLD BUSINESS

- A questionnaire google form has been designed to get fellowship feedback and preferences on going back to in person meetings, staying on Zoom, or having hybrid meetings. Each meeting is listed separately, so votes can be cast for each particular meeting's preferences. Thanks to Carol, Paul and Annica for their work on this questionnaire. Anonymity on the questionnaire was discussed and it was decided to make names optional on each response. A link to the questionnaire will also be sent if anyone needs to forward it to others.

Motion: (Carol/Peg) Send out the questionnaire and corresponding link to the contact list. (12-0-0)

The questionnaire and a link to the questionnaire will be sent out soon to all the email contacts.

NEW BUSINESS - none

Please send any other agenda items to acamontereybay@gmail.com.

Another Round Table discussion will be scheduled just prior to next month's Intergroup meeting at 1:00pm on July 24th.

Shari quickly polled the group about their “takeaway” from the meeting that they would be bringing back to their group.

Motion (Renée/Clare): Adjourn the meeting (12-0-0)

The meeting was closed at 3:32pm.

Respectfully submitted,

Renée H.

Recording Secretary 6/29/21