

MONTEREY BAY ACA INTERGROUP MEETING MINUTES

Saturday, December 26, 2020 2:00 pm

Zoom Meeting ID: 983 5204 7458 PC: 417838

Attendees: Intergroup Representatives

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"	Jazmin	X		1
WEB0287	SUN 6:00 pm "Laundry Lists"	Cate	X		1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Jeannie	X		1
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle	X		1
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"				0
CA682	MON 7:30 pm Palo Alto "Monday Night Book Study"	Rachel	X		1
CA1233	TUE 12:30 pm Red Church "Inner Loving Parent – Inner Child"	Evie	X		1
CA1258	TUE 7:00 pm Boulder Creek "Healing the Past"				0
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Darren	X		1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"				0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"				0
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Carol G	X		1
CA1075	FRI 7:30 pm Los Gatos "Friday Freedom"				0
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Sue	X		1

Attendees: Officers, Committees and Visitors

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	Liliana
Vice-Chair	Carol G	X		0	Elli
Secretary	Renée	X		1	Donna
Treasurer	Emily	X		1	Patt
WSO Rep	Carol G	X		0	
Committee	Chair	Present	Proxy		
Website / Zoom	Chris				
Literature	(vacant)				
Relationships Workshop	(vacant)				
Inner Child Workshop	Evie	X			
Potluck Speaker Meetings	Shari - temp	X			
Outreach	Jeannie	X			
Retreat Co-Chairs	(vacant)				

Opening: Shari opened the Zoom meeting at 2:10 pm after working with Chris to allow all attendees to enter the meeting. She announced this meeting was being recorded. The ACA Serenity Prayer was recited and members read the Mission Statement, Commitment to Service, 12th Tradition, 12th Concept, and the Guidelines for ACA Business Meetings. A quorum was established, see attendance above. (IGR's, proxies and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 12 voting members were eventually present (10 to begin the voting) meeting our one-less-than-2/3 quorum requirement of 8. Roll call was taken and voting rights clarified. Shari welcomed everyone to the meeting.

Minutes:

Motion: (Beverle/Carol): Approve the minutes of the 11/28/20 meeting. (10-0-0)

7th Tradition: Emily shared in the meeting's chat how to contribute to Intergroup 7th Tradition via Venmo @Emily-Feucht.

REPORTS

Chairperson – Shari shared she has found making announcements in the Chat box in meetings easier by cutting and pasting items from the Follow-Up Items document sent out to IGRs with the meeting minutes.

The next 16-week Step Study flyer was emailed out and the workshop starts January 9th. The flyer for the January 17th Potluck Speaker Meeting was emailed as well. Shari reported there are now 121 accurate email contacts in the Google contact list for acamontereybay@gmail.com.

Vice Chairperson – No report.

Secretary – No report.

Treasurer – Emily reported that the current balance is \$1,358.30. Zoom has not charged our account with any taxes and Emily will continue to watch the account.

WSO Representative – Carol listened to the last WSO meeting. Highlights of the meeting included the deadline for applications for WSO Trustees has been extended to January 15, 2021. They are looking to expand the Board and find more diversity to reflect ACA membership. A new trifold for Healthcare Professionals is under development in the Literature Committee and should be out for draft evaluation by the end of January. The 2021 AWC/ABC previously scheduled for Boca Raton has been made 100% virtual and may be split into two weekends to minimize Zoom fatigue.

IGR (Intergroup Representatives) reports:

- **Sunday 3:30pm “Adult Loving Parent”:** Jazmin reported attendance has grown since last month and the alternating format is proving to be successful. Service positions are rotating this month.
- **Sunday 6:00pm “Laundry Lists”:** Cate reported no changes since last month and average attendance is 12-15 with no newcomers in December. The meeting focuses on all four of the Laundry Lists.
- **Monday 9:30am “ACA Scotts Valley” meeting:** Jeannie reported this would be her last Intergroup meeting as her term as IGR is over. She has taken over as Treasurer, Beverle has taken over Literature and the IGR position is open for 2021. The group approved the Guidelines for ACA Business Meetings as well as the Charter revisions at the last business meeting.
- **Monday 5:30pm “Stepping up in ACA”:** Beverle reported attendance was down in December and the group has adopted a new Zoom format. No newcomers attended in December. Patt’s term as Secretary is over and Shari is the new Secretary starting in January.
- **Monday 7:30pm “Monday Night Book Study”:** Rachel reported attendance at this closed meeting is 11-12 and new people can enter by referral from another member of the group. The format is reading from the BRB and one speaker per month. Rachel’s term as IGR is over and no one has stepped up to be IGR but she will continue announcing the open service position.
- **Tuesday 12:30pm “Inner Loving Parent-Inner Child”:** Evie reported 6-11 attending and 2 newcomers in December. All service positions are filled except they need a Zoom host. The meeting format is 5 minutes of reading followed by 8 minutes of silent activity (journaling/meditating/drawing). The meeting is a hybrid Zoom/live meeting on the last meeting of the month at Ocean View Park.
- **Wednesday 6:00pm “Freedom from the Past”:** Patt, the new 2021 IGR, reported the average attendance has gone down to 8 but the meeting is strong with a new Secretary and a Venmo account for 7th Tradition contributions. One newcomer has recently started attending regularly.
- **Wednesday 9:30am “Serenity Seekers”:** Darren reported the meeting is very spirited averaging the low 20s in attendance. The group approved the additions to the Charter and will stay virtual for now, but members want a hybrid meeting in the future. The group is healthy financially, receiving 7th Tradition contributions mostly by check.
- **Friday 7:15pm “Friday Night ACA”:** Carol reported a consistent 12-14 in attendance with a safe feeling. The group had no objections to the Charter amendments.
- **Saturday 9:00am “Heart Circle”:** Sue reported the meeting going super well with average attendance at 27, 29 at the last two meetings, and 3 newcomers for December. They read the daily affirmation in this loving and authentic meeting. A new Secretary, Treasurer and IGR were elected. Donna is the new IGR.
 - Wednesday 7:30 pm “Wednesday Night Book Study” Palo Alto does not have an IGR
 - Monday 7:00 pm “Authentic Men” does not have an IGR
 - Friday 7:30 pm “Friday Freedom” Los Gatos does not have an IGR
 - Saturday 10:10 am “Saturday Serenity” San Jose does not have an IGR
 - Thursday 5:30 pm “Women in Recovery” does not have an IGR
 - Thursday 7:00pm “Serenity Seekers” does not have an IGR
 - Wednesday 7:00pm “ACA @ UCSC” does not have in IGR

Carol mentioned the group was now up to 12 voting members.

COMMITTEE REPORTS

- **Literature Depot** – Renée reported the literature inventory in the Depot was 17 Big Red Books, 3 yellow workbooks. 16 Strengthening My Recovery, 5 Laundry List workbooks, and 19 Newcomer Booklets.

- **Website Committee** – Chris reported 2,374 hits on the website so far in December which is down from November, averaging 90 hits/day. There were 121 hits today.
- **H&I** – This committee is on hiatus due to Covid.
- **Potluck Speaker Meeting** – Shari shared with the group that the next Potluck Speaker Meeting will be held on Sunday, January 17th and the theme is Making Connections. There will be 3 speakers and a 15-minute Sponsorship Corner at the end. Shari has strived for diversity in the speakers so please join us for a great evening.
- **Outreach** – Jeannie submitted a written report to be posted on the acamontereybay.org website. Her term as Chair and Interim Chair for the Committee is over, although she will continue to participate in the Outreach Committee. Minutes of the Outreach Committee meetings will be sent to Intergroup in lieu of a report from a Chair. Highlights of this month's December 15th meeting were the results of the attendance data analysis done by Ursula. Jeannie thanked Ursula for her many hours of work in the data analysis project. The Committee discussed how to connect with newcomers in Zoom meetings and a possible diverter phone service. Shari and Ursula will meet to discuss the goals of starting Facebook pages for ACA Monterey Bay, possibly an informational page and a social interaction page. A volunteer with expertise in social media is needed, so please announce at meetings. A newsletter idea was discussed but the Follow-Up Items sent out with the IG Meeting minutes fills that need. The report on the attendance data analysis was submitted and it was concluded that the attendance count could not reach any conclusions as not all meetings submitted counts and newcomers were not asked how they heard about ACA. The analytics are posted on the website for those interested. Newcomer visits to the website could not be tracked either. At the December 15th meeting, the Committee decided to abandon further attendance counts by the IGRs. Outreach expenditures were \$327.90 in 2019 and \$6.74 for 2020, mostly for producing Outreach Packets and Professional Letters (ordered through Literature Depot). **The next Outreach Committee meeting will be held Tuesday, January 19th at 2:00 pm on Zoom ID 983 5204 7458 PC 417838.**
- **Healthy Boundaries Workshop** – This workshop is closed for now.
- **Group Inventory Committee** – Shari reported this committee's last meeting was held December 2nd and their remaining recommendations will be discussed under New Business later today.
- **Relationship Workshop** – open position.
- **Inner Child Workshop** – Evie reported the group had its first planning meeting where it was decided the workshop will be on Zoom for 90 minutes using a format like those seen at prior Inner Child workshops, including non-dominant handwriting and meditation. **The next planning meeting will be January 15th at 1:30pm on Zoom ID 983 5204 7458 PC 417838.** The workshop is tentatively scheduled on Zoom for Sunday, February 21 at 2:00 pm using this Zoom ID.
- **Retreat 2021 Committee** – Two Co-Chair positions are open. Jeannie did not hear any updates from the retreat center.

Old Business

Revision to the Charter.

CURRENT CHARTER

Substantial unanimity, defined as 2/3 of all voting member groups, is required for revision of this Charter, removal of an officer, and monetary expenditures over \$200.

SUGGESTED CHANGE

Substantial unanimity is defined as 2/3 of all voting members present. Substantial unanimity is required for revision of this Charter, removal of an officer, monetary expenditures over \$200 or any other item established by group conscience of the Intergroup except for Literature which is self-sustaining.

Motion (Renée/Beverle): Adopt this change to the Charter as written. (11-0-1)

Revision to the Charter.

CURRENT CHARTER

COMMITMENT TO SERVICE

Monterey Bay ACA Intergroup is committed to being directly responsible to those we serve: ACA groups in our area and adult children who still suffer. We can do this in Hospitals and Institutions, Local Outreach, Online Presence, Public Information, distribution of ACA literature, local events and fundraisers, and helping to start new ACA meetings in the area. Intergroup meetings are open to all ACA members.

SUGGESTED ADDITION

from page 601 BRB

"I perform service so that my program will be available for myself, and through those efforts, others may benefit. I will perform service and practice my recovery by:

1. *Affirming that the true power of our program rests in the membership of the meetings and is expressed through our Higher Power and through group conscience.*
2. *Confirming that our process is one of inclusion and not exclusion; showing special sensitivity to the viewpoint of the minority in the process of formulating the group conscience so that any decision is reflective of the spirit of the group and not merely the vote of the majority.*
3. *Placing principles before personalities.*
4. *Keeping myself fit for service by working my recovery as a member of the program.*
5. *Striving to facilitate the sharing of experience, strength, and hope at all levels: meetings, Intergroups, Regional committees, service boards, and World Services.*
6. *Accepting the different forms and levels of service and allowing those around me to each function according to their own abilities.*
7. *Remaining willing to forgive myself and others for not performing perfectly.*
8. *Being willing to surrender the position in which I serve in the interest of unity and to provide the opportunity for others to serve; to avoid problems of money, property, and prestige; and to avoid losing my own recovery through the use of service to act out my old behavior, especially in taking care of others, controlling, rescuing, being a victim, etc.*
9. *Remembering I am a trusted servant; I do not govern.*

Motion (Renée/Carol): Adopt this change to the Charter as written. (9-0-2)

- How a single-host Zoom account can be used to support multiple meetings. Carol reported the task force on this issue met and decided that the single-host Zoom account should not be adopted by the Intergroup as some of the meeting times conflict and the technicalities of scheduling so many meetings would be very complex and impractical. It was agreed that the Intergroup's Zoom ID and Passcode can be used by Intergroup committees and workshops.

New Business

Ideas from the Group Inventory Committee. Proposals for task forces on: Orientation, Workshop Coordinator, "Buddy" Mentorship Program, and Fun Events.

Elli is willing to lend her administrative support to starting an Intergroup position for a Workshop Coordinator by working with a task force to define position parameters. Volunteers on that task force are Shari, Elli, Renée, and Evie. Elli's email was circulated in the Chat for interested people to contact her about this project. Until 3/1/20 only, Elli can be contacted at innersoulscap@gmail.com.

Darren and Carol have volunteered to form a task force on "Buddy" Mentorship of new IGRs in January. This is to ease the transition of new IGRs into service in the Intergroup by pairing up experienced IGRs with new IGRs.

Cate has created an electronic form which can be sent to new IGRs to find out contact information and interests. This link was sent to current IGRs and 4 responses were received. The form will be edited and re-sent. This is an ideal way to poll the ACA membership on desired events and workshops for 2021.

Shari has been attending lots of meetings to find out what other areas are doing for fun in ACA. A scavenger hunt and inner child play activities interested her. She will continue her research on finding fun events for the future. Contact Shari to give her your ideas for fun events.

Motion: (Renée/Carol) Form a task force on Orientation for New IGRs. (12-0-0)

Motion: (Carol/Cate) Form a task force on Developing a position of Workshop Coordinator (12-0-0)

Motion: (Carol/Rachel) Form a task force on "Buddy" Mentorship (12-0-0)

IGRs continuing & incoming for 2021: Carol, Beverle, Evie, Cate, Jazmin, Patt, and Donna
IGRs outgoing: Darren, Sue, Jeannie, and Rachel. **Thank you for your service!**

IGRs and visitors shared their hopes for ACA in 2021.

Cate thanked Shari for stepping up to Chair the Intergroup and said we owe a debt of gratitude to Shari for taking on this difficult position.

Please send any agenda items for next month's meeting to acamontereybay@gmail.com.

Motion: (Renée/Carol) Adjourn the meeting. (12-0-0)

The meeting adjourned at 3:38 pm with the ACA Serenity Prayer.

Respectfully submitted,
Renée H.
Recording Secretary 12/27/20