

MONTEREY BAY ACA INTERGROUP MEETING MINUTES

Saturday, November 28, 2020 2:00 pm

Zoom Meeting ID: 983 5204 7458 PC: 417838

Attendees: Intergroup Representatives

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"	Jazmin	X		1
WEB0287	SUN 6:00 pm "Laundry Lists"	Cate	X		1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Jeannie	X		1
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle	X		1
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"				0
CA682	MON 7:30 pm Palo Alto "Monday Night Book Study"	Rachel	X		1
CA1233	TUE 12:30 pm Red Church "Inner Loving Parent – Inner Child"	Evie	X		1
CA1258	TUE 7:00 pm Boulder Creek "Healing the Past"				0
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Darren	X		1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"	Mark			0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"				0
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Carol G	X		1
CA1075	FRI 7:30 pm Los Gatos "Friday Freedom"				0
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Sue	X		1
CA1015	SAT 4:00 pm "Circle of Hope" Palo Alto (Withdrawn from IG)	Jean S			0

Attendees: Officers, Committees and Visitors

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	Wendy
Vice-Chair	Carol G	X		0	Elli
Secretary	Renée	X		1	
Treasurer	Emily	X		1	
WSO Rep	Carol G	X		0	
Committee	Chair	Present	Proxy		
Website / Zoom	Chris				
Literature	(vacant)				
H&I	(vacant)				
Boundaries Workshop	(vacant)	X			
Relationships Workshop	(vacant)				
Inner Child Workshop	Evie				
Potluck Speaker Meetings	Shari - temp	X			
Outreach	Jeannie	X			
Retreat Co-Chairs	(vacant)				

Opening: Shari opened the Zoom meeting at 2:02 pm and announced this meeting was being recorded. The ACA Serenity Prayer was recited and members read the Mission Statement, Commitment to Service, 11th Tradition, 11th Concept, and the Behavior Goals for ACA Business Meetings. A quorum was established, see attendance above. (IGR's, proxies and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 12 voting members were present, meeting our one-less-than-2/3 quorum requirement of 8. Roll call was taken and voting rights clarified. Shari welcomed the new IGRs and visitors to the meeting.

Minutes:

Motion: (Carol/Jeannie): Approve the minutes of the 10/24/20 meeting. (12-0-0)

7th Tradition: Emily shared in the meeting's chat how to contribute to Intergroup 7th Tradition via Venmo @Emily-Feucht.

REPORTS

Chairperson – Shari read a letter from Jean S announcing the Saturday 4:00 pm Palo Alto "Circle of Hope" meeting has withdrawn from Intergroup. Shari shared she had recently attended the SF Area Intergroup meeting where they discussed the upcoming

ABC/AWC in San Francisco Bay Area in April 2022. The Voices Across America Virtual Talent Show previously scheduled for December 12th has been postponed until March 2021. Brief comments about the withdrawal of the Palo Alto “Circle of Hope” meeting were shared.

Vice Chairperson – Carol reported she is working on the list of current meetings and will check with Pat H about the Tuesday Boulder Creek meeting.

Secretary – Renée No report.

Treasurer – Emily reported that there have been no recent charges from Zoom for a tax they announced last month. Emily will continue to monitor the bank account for any charges. The current balance is \$1,137.30.

WSO Representative – Carol attended the 3-hour WSO meeting on 11/14/20 and sent a written report to the gmail for posting on the acamontereybay.org website. Highlights of the meeting included the search for 4 more WSO Trustees, hopefully some who better represent the diversity of the fellowship. Deadline for applications is 11/30/20. WSO paid for shipping books to India and South Africa. The ComLine newsletter is being restarted. Ready-Set-Go (the quickest way through the 12 Steps) is nearly ready for publication. Carol asked to please email her if there are any issues to bring to WSO from our Intergroup or groups.

IGR (Intergroup Representatives) reports:

- **Sunday 3:30pm “Adult Loving Parent”**: Jazmin is the new IGR for this group. She shared the Guidelines for Business Meetings discussed at last month’s Intergroup meeting with her group. She is looking for guidance in being an IGR. At the meeting, they read BRB Chapters 8 & 15 and the meeting needs a Secretary as David announced his term is over.
- **Sunday 6:00pm “Laundry Lists”**: Cate is the new IGR for this group and would like to attend IGR orientation in January. Attendance at the meeting is between 10-15 and the Secretary has changed to Victoria & Wendy. The group has created a new Zoom account and the service position terms for the meeting are 6 months. Cate said that this meeting is a great way to dive into the Laundry Lists outside of a workshop. They also read the Flip Side of both Laundry Lists to give people hope.
- **Monday 9:30am “ACA Scotts Valley” meeting**: Jeannie reported the group averaged 14 in attendance per meeting in November. The Treasurer and Literature positions are open. A new Secretary will begin next week. The group tabled the issue of shortening the meeting from 75 minutes to 60 minutes at the last business meeting, and by group conscience they adopted the Guidelines for Business Meetings.
- **Monday 5:30pm “Stepping up in ACA”**: Beverle reported that Secretary Patt revised the script of the meeting to reflect Zoom changes. Average attendance is 12-15. She brought the Guidelines for Business Meetings to the group for comment and the group will vote on adopting them next month.
- **Monday 7:30pm “Monday Night Book Study”**: Rachel reported that meeting has a new Secretary and attendance is averaging 10-12. The closed meeting features a speaker once a month. The IGR position will be open in January as Rachel has served for 2 years. Rachel would like the meeting to broaden and grow.
- **Tuesday 12:30pm “Inner Loving Parent-Inner Child”**: Evie reported attendance of 8-20 and all service positions are filled. They conduct a hybrid Zoom meeting with members in Ocean View Park. They read from the literature and do journaling/drawing/meditation. The group voted to adopt the Guidelines for Business Meetings.
- **Wednesday 9:30am “Serenity Seekers”**: Darren reported attendance in the low 20s for November with 4 newcomers. The group has been polled via email about the Guidelines for Business Meetings.
- **Friday 7:15 pm “Friday Night ACA”**: Carol reported the meeting’s average attendance is 9-13 with a rotating format. She shared the Guidelines for Business Meetings with the group for comment.
- **Saturday 9:00am “Heart Circle”**: Sue reported the meeting attendance averaged 25 this month with 32 attending this morning. All positions are filled. The group discussed making all terms of service 6 months except for the IGR term of 1 year. The meeting voted to adopt the Guidelines for Business Meetings. It is a welcoming and supportive meeting.
 - Wednesday 7:30 pm “Wednesday Night Book Study” Palo Alto does not have an IGR
 - Monday 7:00 pm “Authentic Men” does not have an IGR
 - Friday 7:30 pm “Friday Freedom” Los Gatos does not have an IGR
 - Saturday 10:10 am “Saturday Serenity” San Jose does not have an IGR
 - Thursday 5:30 pm “Women in Recovery” does not have an IGR
 - Thursday 7:00pm “Serenity Seekers” does not have an IGR
 - Wednesday 7:00pm “ACA @ UCSC” does not have in IGR
 - Wednesday 6:00pm “Freedom from the Past” Salinas IGR did not attend

COMMITTEE REPORTS

- **Website Committee** – Chris reported October hits on the website were high at 113/day. November numbers dropped to 80/day. Total hits for November was in the 2400 range, about average.
- **H&I** – Chair position is open. Shari asked if anyone was interested in this position.
- **Potluck Speaker Meeting** – Shari reminded the group that the next Potluck Speaker Meeting will be held on Sunday, January 17th. If anyone is interested in speaking, please contact Shari.
- **Outreach** – Jeannie submitted a written report to the gmail to be posted on the acamontereybay.org website. Highlights included continuing to ask the IGRs for input and participation on the Outreach Committee, specifically the need for a social media expert to set up Facebook and Instagram pages for ACA Monterey Bay. Shari will be assisting in the social media arena. The Committee needs a Chair, as Jeannie's term is up in December. She contacted KSQD, the UCSC radio station, about running the updated Public Service Announcement. KSQD said they would air the PSA, but could not provide any statistics on how often or when it would air. The meeting attendance data has been compiled and analyzed by Ursula. A final report will be given to Intergroup at the December meeting. Outreach flyers are being hung up in Aptos, Capitola, Watsonville, Los Gatos and Scotts Valley. The gmail mailing list is in the process of being updated by the task force at the request of the Outreach Committee. Jeannie requested that the Outreach Committee be able to use the Intergroup Zoom account to hold their regular monthly meetings. This request was tabled until after the discussion later on the agenda. The Outreach Committee will meet monthly on the third Tuesday at 2pm via Zoom. This information will be posted on the website Calendar. The next Outreach Committee meeting will be on Tuesday, December 15th at 2:00 pm on Zoom. Meeting ID: 832 8209 3796 Passcode: Outreach.
- **Healthy Boundaries Workshop** – This workshop has been placed on hold. The possibility exists to create a new workshop. Anyone interested, please send an email to acamontereybay@gmail.com.
- **Group Inventory Committee** – Shari reported the Observation and Suggestions sheet from the 9/12/20 Preliminary Group Inventory meeting has been circulated showing the status of all the entries. The Committee will be winding down soon. A relaxed version of Robert's Rules has been suggested to the Intergroup where more discussion occurs before a motion is made. The Intergroup will experiment with this relaxed version to see if it eases some tension for participants of the meetings. Another Committee suggestion was to form task forces for IGR Orientation and Workshops.
- **Relationship Workshop** – open position.
- **Inner Child Workshop** – Evie reported the group will have scheduled a planning meeting by next week.
- **Retreat 2021 Committee** – Two Co-Chair positions are open. Jeannie heard from the facility coordinator who is still unclear about an opening date, and no reservations are being taken yet. More information should be available by mid-December.

Shari reminded everyone that the fellowship will be surveyed in January as to what types of events and workshops are wanted in 2021. The updated mailing list can be utilized for this survey.

Old Business

Discussion to update the Business Meeting Behavior Goals. This document is being replaced by the Guidelines for Business Meetings. Sue shared a few comments from her meeting members about numbers 8, 9, and 10 regarding non-constructive behavior. Discussion resulted in a minor wording change.

Motion (Renée/Rachel): Adopt the Guidelines for Business Meetings into the Charter, with the revision: *Some of us may default to non-constructive behaviors such as controlling, shaming, victimizing or dissociative behaviors that stem from how we were raised as children.*

Voting was (11-1-0) and then (10-2-0) and finally (10-0-2) after discussion was concluded.

Task Force to update the gmail mailing list. Shari reported the cleaning up of names and notes and labels in the mailing list. She sent out 155 emails with 71 positive responses and will follow up with another email in December. She asked the IGRs to announce at meetings if anyone wants to be on the mailing list to send an email to acamontereybay@gmail.com. The benefits of being on the mailing list are information receiving about workshops and events, availability of flyers and a sense of community. Surveys of the fellowship could be easily done on the updated mailing list.

New Business

Carol suggested her proposal for using Intergroup's Zoom account to host multiple meetings be moved to the end of this meeting's agenda as there are important Charter revisions on the agenda and time is short.

Revision to the Charter. The change in wording to the Voting and Quorum section of the Charter was discussed and modified.

CURRENT CHARTER

Substantial unanimity, defined as 2/3 of all voting member groups, is required for revision of this Charter, removal of an officer, and monetary expenditures over \$200.

SUGGESTED CHANGE

Substantial unanimity is defined as 2/3 of all voting members present. Substantial unanimity is required for revision of this Charter, removal of an officer, monetary expenditures over \$200 or any other item established by group conscience of the Intergroup except for Literature which is self-sustaining.

Add the exception about purchasing Literature for the Depot into the suggested change (9-0-0)

Motion (Renée/Cate): Extend this Intergroup meeting 15 minutes to end at 3:45pm (9-0-0)

Revision to the Charter. Cate explained the proposed addition to the Commitment to Service section in the Charter, taken from page 601 of the Big Red Book:

CURRENT CHARTER

COMMITMENT TO SERVICE

Monterey Bay ACA Intergroup is committed to being directly responsible to those we serve: ACA groups in our area and adult children who still suffer. We can do this in Hospitals and Institutions, Local Outreach, Online Presence, Public Information, distribution of ACA literature, local events and fundraisers, and helping to start new ACA meetings in the area. Intergroup meetings are open to all ACA members.

SUGGESTED ADDITION

from page 601 BRB

"I perform service so that my program will be available for myself, and through those efforts, others may benefit. I will perform service and practice my recovery by:

1. Affirming that the true power of our program rests in the membership of the meetings and is expressed through our Higher Power and through group conscience.
2. Confirming that our process is one of inclusion and not exclusion; showing special sensitivity to the viewpoint of the minority in the process of formulating the group conscience so that any decision is reflective of the spirit of the group and not merely the vote of the majority.
3. Placing principles before personalities.
4. Keeping myself fit for service by working my recovery as a member of the program.
5. Striving to facilitate the sharing of experience, strength, and hope at all levels: meetings, Intergroups, Regional committees, service boards, and World Services.
6. Accepting the different forms and levels of service and allowing those around me to each function according to their own abilities.
7. Remaining willing to forgive myself and others for not performing perfectly.
8. Being willing to surrender the position in which I serve in the interest of unity and to provide the opportunity for others to serve; to avoid problems of money, property, and prestige; and to avoid losing my own recovery through the use of service to act out my old behavior, especially in taking care of others, controlling, rescuing, being a victim, etc.
9. Remembering I am a trusted servant; I do not govern.

Add the reference to the Big Red Book somewhere in this addition to the Charter. (9-0-0)

Shari asked the groups to take these proposed changes to the Charter back to the member groups for comments and discussion. They will be voted on during the December Intergroup meeting.

How a single-host Zoom account can be used to support multiple meetings. Carol read detailed instructions on how the Intergroup Zoom account could be used to host the Zoom meetings for most member groups. It was suggested this be tested via a pilot program, perhaps by the Intergroup Committees that meet regularly first. A Zoom task force was suggested to explore our options.

Volunteers for the task force were Carol and Renée. It was suggested that Kyle, who showed Carol how to do this, be included in the task force. Please let Carol know if you would like to participate in the task force.

Please send any agenda items for next month's meeting to acamontereybay@gmail.com.

Motion: (Carol/Cate) Adjourn the meeting. (9-0-0)

The meeting adjourned at 3:45 pm.

Respectfully submitted,
Renée H.
Recording Secretary 11/29/20