

**MONTEREY BAY ACA INTERGROUP MEETING MINUTES**

Saturday, October 24, 2020 2:00 pm

Zoom Meeting ID: 983 5204 7458 PC: 417838

**Attendees: Intergroup Representatives**

| Group# | Intergroup Member Meeting                                   | IGR Name | Present | Proxy | Votes |
|--------|---|----------|---------|-------|-------|
| CA1277 | SUN 3:30 pm PAMF "Adult Loving Parent"                      |          |         |       | 0     |
| CA1264 | MON 9:30 am Scotts Valley "ACA Scotts Valley"               | Jeannie  | X       |       | 1     |
| CA1371 | MON 5:30 pm Scotts Valley "Stepping up in ACA"              | Beverle  | X       |       | 1     |
| CA1308 | MON 7:00 pm Quaker Meeting House "Authentic Men"            |          |         |       | 0     |
| CA682  | MON 7:30 pm Palo Alto "Monday Night Book Study"             | Rachel   | X       |       | 1     |
| CA1233 | TUE 12:30 pm Red Church "Inner Loving Parent – Inner Child" | Evie     |         | Kay   | 1     |
| CA1258 | TUE 7:00 pm Boulder Creek "Healing the Past"                |          |         |       | 0     |
| CA1241 | WED 6:00 pm Salinas "Freedom from the Past"                 | Mark     |         |       | 0     |
| CA1373 | WED 7:00 pm "ACA@UCSC"                                      |          |         |       | 0     |
| CA477  | WED 7:30 pm Palo Alto "Wed. Night Book Study"               |          |         |       | 0     |
| CA1169 | WED 9:30 am Live Oak "Serenity Seekers"                     | Darren   | X       |       | 1     |
| CA1170 | THU 5:30 pm Quaker Mtg House "Women in Recovery"            |          |         |       | 0     |
| CA971  | THU 7:00 pm Red Church "Serenity Seekers"                   |          |         |       | 0     |
| CA1313 | FRI 7:15 pm Barn Studio "Friday Night ACA"                  | Carol G  | X       |       | 1     |
| CA1075 | FRI 7:30 pm Los Gatos "Friday Freedom"                      |          |         |       | 0     |
| CA1276 | SAT 9:00 am Barn Studio "Heart Circle"                      | Sue      | X       |       | 1     |
| CA1354 | SAT 10:10 am "Saturday Serenity" San Jose                   |          |         |       | 0     |
| CA1015 | SAT 4:00 pm "Circle of Hope" Palo Alto                      | Jean S   | X       |       | 1     |

**Attendees: Officers, Committees and Visitors**

| Title                    | Name         | Present | Proxy | Votes | Visitor's Name |
|--------------------------|--------------|---------|-------|-------|----------------|
| Chair                    | Shari        | X       |       | 1     | Cate           |
| Vice-Chair               | Carol G      | X       |       | 0     | Clare          |
| Secretary                | Renée        | X       |       | 1     | Jazmin         |
| Treasurer                | Emily        | X       |       | 1     | Matthew        |
| WSO Rep                  | Carol G      | X       |       | 0     | Patt           |
| Committee                | Chair        | Present | Proxy |       |                |
| Website / Zoom           | Chris        |         |       |       |                |
| Literature               | (vacant)     |         |       |       |                |
| H&I                      | (vacant)     |         |       |       |                |
| Boundaries Workshop      | Jean S       | X       |       |       |                |
| Relationships Workshop   | (vacant)     |         |       |       |                |
| Inner Child Workshop     | Evie         |         |       |       |                |
| Potluck Speaker Meetings | Shari - temp | X       |       |       |                |
| Outreach                 | Jeannie      | X       |       |       |                |
| Retreat Co-Chairs        | (vacant)     |         |       |       |                |

**Opening:** Shari opened the Zoom meeting at 2:01 pm with the ACA Serenity Prayer and announced this meeting was being recorded. Shari welcomed everyone to the meeting and thanked Kay for her service in being proxy for Evie.

Members read the Mission Statement, Commitment to Service, Behavior Goals for ACA Business Meetings, the 10th Tradition, the 10th Concept. A quorum was established, see attendance above. (IGR's, proxies and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 11 voting members were present, meeting our one-less-than-2/3 quorum requirement of 8.

**Minutes:**

**Motion:** (Jeannie/Jean S): Approve the minutes of the 9/26/20 meeting. (11-0-0)

**7th Tradition:** Shari asked Emily how to contribute to Intergroup 7<sup>th</sup> Tradition via Venmo @Emily-Feucht. This information was shared in the meeting's chat.

## REPORTS

**Chairperson** – Shari mentioned this is her first meeting as the Chair and shared she has a commitment to transparency. She encouraged all of us to be ambassadors for the Intergroup and to invite any meetings not represented to come to Intergroup and be represented. These meetings include Wednesday Book Study, Sunday Adult Loving Parent, Saturday San Jose, Thursday Serenity Seekers, Monday Authentic Men, Friday Freedom, Thursday 5:30 Women's and Wednesday UCSC meetings.

- There will be a Zoom Talent Show on ACA Across America's Got Talent Night on Saturday, December 12, 2020 from 5-8pm (PST). Contact [virginiawoodcolorado@gmail.com](mailto:virginiawoodcolorado@gmail.com) to participate.

**Vice Chairperson** – Carol No report.

**Secretary** – Renée No report.

**Treasurer** – Emily reported the current balance is \$1,413.13. She read an email received from Zoom informing us of upcoming California State taxes which will be imposed effective November 1<sup>st</sup>. These are California Utilities Use Tax and Communication User Tax, ranging from 0.5% to 11%. Emily will keep us informed about these taxes. Shari, as the Chair, was added to the Intergroup's bank account as a signatory.

**WSO Representative** – (open position) No report. When Shari asked for a volunteer to fill this position, Carol G stepped up and said she would probably be a better member of the WSO Finance Committee if she attended the monthly Board Meeting, so Carol volunteered to fill this open position for our Intergroup. A group conscience to approve Carol's new position was unanimous (11-0-0).

### IGR (Intergroup Representatives) reports:

- **Monday 9:30am "ACA Scotts Valley" meeting:** Jeannie reported the group is healthy with 16 – 18 attending and 2 newcomers this month. The format is to ask someone to speak for 10 minutes or reading from the literature. Later in the meeting, Jeannie added that the meeting is discussing shortening the meeting to one hour from 1-1/4 hours and this will be voted on at the next business meeting. Also, the group has compiled a phone list which is available by requesting the list in the meeting's chat box.
- **Monday 5:30pm "Stepping up in ACA":** Beverle reported the meeting an average of 12 attending with a high of 16 and 2 newcomers. The meeting is wonderful, healthy and fun.
- **Monday 7:30pm "Monday Night Book Study":** Rachel reported she and Chris have stepped down as Secretaries. This is a closed Zoom meeting averaging 10-12 attending, with an occasional invited newcomer. The Secretary position has been filled and other regulars can fill in for Secretary. The meeting is intimate, vulnerable and sweet.
- **Tuesday 12:30pm "Inner Loving Parent-Inner Child":** Evie was absent and Kay reported as proxy. Kay said there are 10-15 attending with some visitors. It's a good meeting, concentrating on meditation and journaling.
- **Wednesday 9:30am "Serenity Seekers":** Darren reported attendance at 18-23 average and 7-8 new people. The business meeting let Darren know what type of information he should be reporting back to the meeting. The meeting supports Intergroup and members are discussing meeting in person options.
- **Friday 7:15 pm "Friday Night ACA":** Carol reported the meeting is doing well with its rotating weekly format of meditation, non-dominant handwriting, a trait and a speaker. Average attendance is 12 and the Secretary position rotates between several members.
- **Saturday 9:00am "Heart Circle":** Sue reported the meeting is sweet, safe, deep, and vulnerable with an average attendance of 22 and 3 newcomers. All service positions are currently filled.
- **Saturday 4:00pm "Circle of Hope":** Jean S. reported the closed meeting is stable with 12-14 attending and 2-4 newcomers trying out the meeting. Jean S will be contacting the meeting site to see when they might open for in-person meetings. There is a rotating Secretary and a speaker once a month.

Jeannie asked Jean S if there is a new meeting in Los Gatos and Jean S said there is. She said it is listed on the WSO website. The first business meeting will be in November and the group will be deciding which Intergroup they may want to join, or not. Here is new meeting information:

**Thursday 07:00 PM ABC's of ACA** - Due to COVID, until SIP is lifted this meeting will be held by Zoom: MTG ID: 823 1698 0902  
Email: [jms100601@hotmail.com](mailto:jms100601@hotmail.com) for PW Zoom MTG until Pandemic passes

- Wednesday 7:30 pm "Wednesday Night Book Study" Palo Alto does not have an IGR
- Monday 7:00 pm "Authentic Men" does not have an IGR
- Sunday 3:30 pm "Adult Loving Parent" does not have an IGR
- Friday 7:30 pm "Friday Freedom" Los Gatos does not have an IGR
- Saturday 10:10 am "Saturday Serenity" San Jose does not have an IGR

- Thursday 5:30 pm “Women in Recovery” does not have an IGR
- Thursday 7:00pm “Serenity Seekers” does not have an IGR
- Wednesday 7:00pm “ACA @ UCSC” does not have in IGR
- Wednesday 6:00pm “Freedom from the Past” Salinas IGR did not attend

## COMMITTEE REPORTS

- **Website Committee** – Chris was absent. No report.
- **H&I** – Chair position is open. Shari asked if anyone was interested in this position.
- **Potluck Speaker Meeting** – Shari explained she temporarily assumed the Chair position as she thinks continuity is important for our fellowship. At the October 18<sup>th</sup> Speaker Meeting, there were 3 speakers and 46 attendees. A drawing for a piece of literature was held and Cate organized the drawing. In addition, the choice of any book was given to the newest person in ACA at the speaker meeting. Both prizes (Strengthening My Recovery and Laundry List Traits Workbook) have been mailed to the lucky recipients.

**Motion:** (Jean S/Carol G) Donate two books to the Speaker Meeting drawing. (11-0-0)

A Sponsorship Corner was held immediately following the Speaker Meeting to answer questions about sponsorship and was well attended. Shari thanked those who attended. The next quarterly Speaker Meeting date will be Sunday, January 17, 2021. No one volunteered to organize this meeting so Shari said she would do it.

- **Outreach** – Jeannie reported for this committee. She is the Interim Chair and the Chair position is open. There are 3 members on the committee and Darren joined at the October 13<sup>th</sup> meeting. The committee’s report is posted on the website. KSQD (radio station at UCSC) responded to an email requesting they play a revised PSA listing [acamontereybay.org](http://acamontereybay.org) as the reference for more information about ACA meetings. Please continue to announce the need for more Outreach Committee members at meetings. The meeting attendance count will continue through October, when Ursula will be compiling and analyzing the attendance data. A committee member is needed with expertise in social media, and this can be announced at meetings. The Los Gatos Weekly Times has been contacted to list the Friday Freedom meeting on its virtual events page, but Jeannie is in price negotiations with them. Three Professionals Letters have been emailed since the last meeting. Any therapist or other professional can request a letter explaining ACA by sending an email to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com). The Public Outreach flyers developed earlier this year are available to be displayed on bulletin boards in the community. Darren and Jeannie have volunteered to restart this effort. A copy of this flyer will be sent out with the meeting minutes so the IGRs and other volunteers can assist in disbursing the flyers. **The next Outreach Committee meeting will be on Zoom on Wednesday, November 18<sup>th</sup> at 3pm and all are welcome to attend.** Contact [JeannieMac40@gmail.com](mailto:JeannieMac40@gmail.com) for more information.
- **Healthy Boundaries Workshop** – Jean S is adjusting the workshop material and exploring copyrighting it. She has discovered software that converts the booklet into a digital format for virtual attendees. There are no plans yet for in-person workshops and no dates have been set. Jean S was asked a question as to who will be able to access the copyrighted material and Jean S answered that she expected it will be available to the Intergroup. Intergroup financed the original workshop and the content was written by Carol G, Jean S and James. Cate said she got a lot from attending the workshop and offered her help in creating virtual breakout rooms.
- **Group Inventory Committee** – Shari reported the committee has met three times and filled with kind, deep thinking people. Carol G took the notes from the preliminary September 12<sup>th</sup> workshop and organized them for including in the new Guidelines and for future meetings. Members of the committee (Clare, Beverle, Matthew, Shari, Darren, and Carol G) gave a presentation of the newly revised Guidelines for Business Meetings and requested these be taken back to the groups for comment. Voting on the adoption of the new Guidelines will be on next month’s Intergroup Agenda under Old Business. Discussion about acceptance of this document will take place under Old Business later in the meeting. **The group meets weekly meeting on Wednesdays at 4pm on Zoom and is open to all.** The next meeting agenda will include discussion on Intergroup quorum, voting and Robert’s Rules. Jean S asked if the committee might consider meeting at another time as she is not able to attend currently. Shari said she will bring this up at the next meeting and will respond to Jean S.
- **Relationship Workshop** – open position.
- **Inner Child Workshop** – Evie was absent, Rachel reported the group is gathering members and will set up a meeting and notify people of the next meeting time.
- **Retreat 2021 Committee** – Two Co-Chair positions are open. Jeannie will contact the retreat site to see if they are now booking dates for 2021.

Shari said that the fellowship will be surveyed in January as to what types of events and workshops are wanted in 2021.

## Old Business

The ABC Proposals are due by October 31<sup>st</sup>. For more information on how to submit a proposal, go to [adultchildren.org](http://adultchildren.org).

Discussion to update the Business Meeting Behavior Goals. Shari said the Group Inventory Committee is looking for comments, questions, and additions to the Guidelines for Business Meetings.

**Motion:** (Jean S/Rachel) Take the Guidelines for Business Meetings back to the groups for comments and vote on adoption at the next Intergroup Meeting. (11-0-0)

Patt suggested that Guideline #12 be read aloud by the entire group at meetings, similar to the Serenity Prayer and Closing Affirmation. Sue congratulated the committee and loves the outcome. She thanked the committee for their hard work and said they did a wonderful job.

### **New Business**

The Outreach Committee suggested updating the Google Contact mailing list on the [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) account for use in future projects. Discussion followed on how this might be accomplished and a task force was formed of Cate, Carol G, and Shari to take inventory of the list and scrub it. The task force named themselves the Task Force of Superheroes.

Shari asked the group for any agenda items for next month's meeting. Agenda items may be submitted to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com).

Shari asked the group, one by one, what their superpowers are:

Rachel: people

Sue: good mediator

Kay: connections

Darren: helper/servant

Renée: detail

Matthew: keeping calm and quiet

Cate: making people welcome

Jean S: staying grounded in recovery and service

Emily: organization

Beverle: intuition

Patt: creating paths where none exist, humor and enthusiasm

Jazmin: keeping lots of things in the air, connecting with people intuitively

Jeannie: willing to change and be of assistance

Shari: funny

Carol G: problem solving and proofreading, able to handle ten things at once

**Motion:** (Darren/Jean S) Adjourn the meeting. (11-0-0)

The meeting adjourned at 3:32 pm with the Closing Affirmation.

Respectfully submitted,

Renée H.

Recording Secretary 10/25/20