

IG Group Inventory Committee Minutes from 10.7.2020

Attendees: Shari, Carol Chris, Elli, Clare, Darren, Beverle, Matthew, Cate and Patt

Serenity Prayer

Introductions and Group Readings

Notice of meeting being recorded

Carol Presentation of Grouped Categories from Preliminary IG Group Inventory 9/12/20

What recommendations do we take back to Intergroup?

What are actionable items? Prioritize: Urgent, Important, Low priority, Short term

Divergent thinking like 9/12 = brainstorming

Convergent thinking-Analytical = what are we going to do about it?

Comments:

Can I take the document and rate it on my own since this is the first I've seen it?

Could you email this out to all committee members?

What is the goal of this meeting? Reply: to review what happened and how to move forward without being in a hurry.

TASK for Carol to mail out to all committee members plus Sue.

IMPORTANT: Value and Purpose of Intergroup are we meeting expectations?

Carol asked if there was anything else that need to be added?

Suggestion: that Officers model healthy behaviors – Interpersonal Leadership

Lead into: **Guidelines for Business Meetings**

Suggestion to say “ouch” when feeling uncomfortable or disrespected

Intention –open and honest structure to address feelings

SUGGESTIVE REVISIONS :

#1 Change verbiage from leaving Critical Parent & wounded child at the door. To “We consciously bring out inner loving parent forward while we still acknowledge out critical parent & wounded child.”

#7 at the For Example-Suggestions: “Would you mind softening your tone?”

Comment about using “I” statements more desirable “I would appreciate softer tones”.

OPTION: “Can we all agree to use softer tones?” Question: Do we have to give examples?

Important Reminder to discuss Mentorship and Modeling Behavior

Closing remarks:

- I would like to have the document in from of me then I can see what is important to me.
- Good communication, felt safe and comfortable.
- Perspectives acknowledged, minority heard and like the time consideration.
- Liked Carol’s presentation and it is important to learn how to set boundaries with critical people.
- Appreciated the organization of the meeting and the agenda, liked what people shared, Feeling safe. Listening with mutual respect with goals in mind.

- Trusted the process, good notifications and likes follow up with people's concerns. Also like not time table and trusts the process.
- All the above and especially appreciated the Business Guidelines and how to deal with "naughty beings"
- I liked the tone of the meeting and the organization.
- Appreciated the participation and thought it is a great group.

Closed with the Serenity Prayer

Respectfully submitted,

Shari
Committee Chair