

**MONTEREY BAY ACA INTERGROUP MEETING MINUTES**

Saturday, June 27, 2020 2:00 pm

Zoom Meeting

**Attendees: Intergroup Representatives**

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"				0
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Jeannie	X		1
CA1337	MON 11:00 am "Scotts Valley Quiet Fellowship"	Laura	X		0
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"	Beverle	X		1
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"				0
CA682	MON 7:30 pm Palo Alto "Monday Night Book Study"	Rachel	X		1
CA1233	TUE 12:30 pm Red Church "Inner Loving Parent – Inner Child"		X	Kay	1
CA1258	TUE 7:00 pm Boulder Creek "Healing the Past:"				
CA1241	WED 6:00 pm Salinas "Freedom from the Past"	Mark			1
CA1373	WED 7:00 pm "ACA@UCSC"	Ursula	X		1
CA477	WED 7:30 pm Palo Alto "Wed. Night Book Study"				0
CA1169	WED 9:30 am Live Oak "Serenity Seekers"	Darren			0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"				0
CA971	THU 7:00 pm Red Church "Serenity Seekers"	Paul	X		1
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"				0
CA1075	FRI 7:30 pm Los Gatos "Friday Freedom"				0
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Sue	X	Carol	1
CA1354	SAT 10:10 am "Saturday Serenity" San Jose				0
CA1015	SAT 4:00 pm "Circle of Hope" Palo Alto	Jean S	X		0

**Attendees: Officers, Committees and Visitors**

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Jean S	X		1	Julie: juliez123@icloud.com
Vice-Chair	Laura	X		1	
Secretary	Renée	X		1	
Treasurer	Emily	X		1	
WSO Rep				0	
Committee	Chair	Present	Proxy		
Website / Zoom	Chris	X			
Literature	(vacant)				
H&I	(vacant)				
Boundaries Workshop	Jean S	X			
Relationships Workshop	Jean S	X			
Inner Child Workshop	(vacant)				
Potluck Speaker Meetings	(vacant)				
Outreach	Jeannie	X			
Retreat	Evie				

**Opening:** Jean S opened the Zoom meeting at 2:02 pm with the ACA Serenity Prayer. and members read the 6th Tradition, 6th Concept, and Behavior Goals for ACA Business Meetings. The Mission Statement and Commitment to Service were also read. A quorum was established, see attendance above. (IGR's, proxies and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 12 voting members were present, meeting our one-less-than-2/3 quorum requirement of 8.

**Minutes:**

**Motion:** (Jeannie/Ursula): Approve minutes of 5/23/20 meeting with two corrections (Patt served as proxy for Salinas meeting and Rachel is co-secretary with Chris V). (11-0-1), (Approve-Reject-Abstain)

**7th Tradition:** not covered in the meeting

## REPORTS

**Chairperson** –Jean S reported that the 16-week Step Study started Tuesday night. Renée gave details of 39 registrants with attendees from New York, Chicago, Portland, Spokane, Taos and Fresno. Open enrollment continues until limit of 98 is reached or until July 14. Laundry List Traits workshop starts Saturday, July 11. Zoom instructions are posted on the website [acamontereybay.org](http://acamontereybay.org) in the Announcements section.

No information about PAMF reopening their meeting room. No suggestions were made about how Intergroup could support meetings in transitioning back to in-person, as each meeting is autonomous. Hybrid Zoom meetings are possible, having one person in the meeting operate the PC and perhaps use the facility's WiFi. Jean S remains open to continue this conversation and any suggestions. Jean S will be absent from Intergroup next month so Laura will conduct the meeting.

**Vice Chairperson** – Laura reported on updating the MBIG meeting list. She will contact Renée about the most current meeting information. Rachel volunteered to count votes during next month's Intergroup meeting, as Laura will be filling in as Chair.

**Secretary** – Renée reported one IGR has not yet replied to three email requests for contact information.

**Treasurer** – Emily reported the General Fund balance is \$1,450.29. The annual Zoom membership bill was paid and domain name ([acamontereybay.org](http://acamontereybay.org)) annual invoice was paid. There was \$151.00 donated to the Intergroup 7<sup>th</sup> Tradition this month and \$131.00 in Literature Sales.

**WSO Representative Report** - Tamara was absent. Our Charter states an office "may be declared vacant after three (3) consecutive months of nonattendance / no contact during the Officer's term. Any office that becomes vacant may be filled at the next Intergroup meeting." Jean S asked for a volunteer to fill this vacancy. Minutes from the monthly Board Teleconference are available on the [acawso.org](http://acawso.org) website if the WSO Rep is unable to attend the monthly teleconference in person.

### IGR (Intergroup Representatives) reports:

- **Monday 9:30am "ACA Scotts Valley" meeting:** Jeannie reported the group is well attended with 7-9 average attendance.
- **Monday 11:00am "Quiet Fellowship" meeting:** Laura reported the meeting is a telephone meeting and can use support with 1 – 2 attending.
- **Monday 5:30pm "Stepping up in ACA":** Beverle reported the Zoom meeting attendance is steady. The meeting covers the month's Step and Tradition.
- **Monday 7:30pm "Monday Night Book Study":** Rachel reported this Zoom meeting had 51 attendees in the month of June. They have a speaker once a month. She and Chris V are co-secretaries until SIP is lifted.
- **Tuesday 12:30pm "Inner Loving Parent-Inner Child":** Kay as proxy reported the meeting is rolling along with 7 - 10 attending. The reading/journaling/meditation time during the meeting is valuable to members.
- **Wednesday 6:00pm "Freedom from the Past":** Mark reported 6 – 10 attendees per week with the business meeting the first week of the month. Their new Secretary Patt has suggested some changes to the script and the meeting has opened a Venmo account for 7<sup>th</sup> Tradition contributions. It will remain on Zoom.
- **Wednesday 7:00pm "ACA @ UCSC":** Ursula reported last month attendance ranged from 7 – 13 per meeting. The meeting format was changed to a volunteer reading any recovery related literature for discussion. This change has proven interesting to the members.
- **Thursday 7:00pm "Serenity Seekers":** Paul stated he has nothing to report.
- **Saturday 9:00am "Heart Circle" meeting:** Carol as proxy reported the attendance has been averaging around 12 and all service positions are filled.
- **Saturday 4:00pm Palo Alto "Circle of Hope":** Jean S. reported the 7<sup>th</sup> Tradition is slow but there is no rent to pay. Two service positions will be rotating soon. It is a Big Red Book / discussion meeting with 2 – 4 newcomers per month. 14 – 19 are attending this 1-1/2-hour meeting. Their speaker (last Saturday of the month) sign-up is filled through January.
- **Meetings not represented:**
  - Monday 7:00 pm "Authentic Men" does not have an IGR
  - Tuesday 12:30 pm "Inner Loving Parent-Inner Child" does not have an IGR
  - Tuesday 7:00 pm "Healing the Past" Boulder Creek does not have an IGR
  - Wednesday 7:30 pm "Wednesday Night Book Study" Palo Alto does not have an IGR
  - Wednesday 9:30 am "Serenity Seekers" IGR did not attend
  - Thursday 5:30 pm "Women in Recovery" does not have an IGR
  - Friday 7:15 pm "Friday Night ACA" does not have an IGR
  - Friday 7:30 pm "Friday Freedom" Los Gatos does not have an IGR
  - Saturday 10:10 am "Saturday Serenity" San Jose does not have an IGR
  - Sunday 3:30 pm "Adult Loving Parent" does not have an IGR

## COMMITTEE REPORTS

- **Literature Committee**
  - Renée (Literature Depot host) reported Literature Depot inventory as Literature Chair is an open position:

- 10 BRB
- 21 Step workbooks
- 14 Strengthening our Recovery
- 25 Laundry List workbooks
- 55 Newcomer pamphlets

If any newcomers need literature, please have the newcomer contact [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) to obtain literature. Use this email to place any literature orders and the Literature Depot will make arrangements for delivery and payment. Renée filled 9 orders for Newcomer packets and literature sales in June.

- **Website Committee** – Chris has been making Zoom updates on the website. There were approximately 2,500 hits on the website in June which is lower than May’s number of 3,100. This is an average of 80-104 hits per day.
- **H&I** – Chair position is open. Discussion followed as to whether to leave this Chair open or disband the Committee, and no action was taken.
- **Potluck Speaker Meeting** – Chair position is open. Jean S announced the next virtual speaker meeting date is July 12<sup>th</sup> from 5:30 – 7pm and she will circulate the flyer and get it posted on the website. There are three speakers scheduled. The topic for the evening will be Relationships after ACA. Next scheduled speaker meeting will be in October.
- **Outreach** – Jeannie reported a meeting was held on June 23<sup>rd</sup> and the written report was emailed to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) to be posted on the website and distributed to the IGRs. The Outreach Committee is seeking new members and new ideas on how to spread the word about ACA. Ursula has joined the Committee and will be working on outreach through Facebook and Instagram. Jeannie asked that meeting attendance continue to be counted through October and one email containing those attendance numbers be sent to Ursula at the end of October. This attendance data will be analyzed and shared at the November Intergroup meeting. This data analysis will be used to analyze our outreach efforts and target future Committee activities. The Professionals letter was also updated and is now available for emailing to area therapists and other professionals interested in ACA. Contact [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) with the therapist’s email to get the letter sent. Public Outreach flyers are ready for posting when the SIP orders have been lifted. The next Outreach Committee meeting will be Tuesday, July 21<sup>st</sup> at 2pm on Zoom. Contact Jeannie if you want to attend.
- **Boundaries Workshop** – No plans yet. Jean S announced she will be hosting a guided discussion on how your relationships have changed since attending ACA on Saturday, July 18<sup>th</sup> from 1:00 – 2:30pm on Zoom. A flyer will be distributed about the discussion. This discussion will be used as input for the upcoming Relationships Workshop.
- **Relationship Workshop** – No plans yet.
- **Inner Child Workshop** – Chair position is open.
- **Retreat 2021 Committee** – Evie was absent. The committee will meet again August 18<sup>th</sup> at 2:00pm on Zoom.

#### OLD BUSINESS

The subject of the Intergroup supporting Zoom meetings for member meetings was revisited with no action taken.

**Motion:** (Laura/Ursula): Remove this item from the agenda. (11-0-1), (Approve-Reject-Abstain)

#### NEW BUSINESS

None

#### New Agenda Items:

- None offered

#### ADJOURNMENT

**Motion:** to adjourn was made at 3:15 pm (Laura/Renée) (12-0-0).

The meeting closed with the Unity Prayer.

Respectfully submitted,

Renée H.

Recording Secretary 6/28/2020