



Monterey Bay ACA Intergroup
Outreach Committee
Santa Cruz, California

To Whom It May Concern:

Do you have clients with any of the following issues?

Childhood trauma and/or neglect
Complex Post Traumatic Stress Disorder
Inability to form lasting relationships
Difficulty expressing feelings
Lack of boundaries
Codependency

We are writing to local area professionals to introduce a 12 Step program of recovery for help with these challenges.

We offer a 12 Step spiritually based program of recovery with multiple local meetings each week to support adult children. Telephone and internet meetings are also available for those unable to travel to meetings.

Adult Children of Alcoholics and Dysfunctional Families is a 40-year old anonymous self-supporting program of recovery based on the widely successful 12 Step model of Alcoholics Anonymous. If you would like some brochures, please contact us at: **acamontereybay@gmail.com**.

If you would like information regarding local meetings and ACA activities, please access our website: **acamontereybay.org**.

If you would like to obtain a **FREE** copy of our fellowship text Adult Children of Alcoholics / Dysfunctional Families for your professional library, please email your name and mailing address to our World Service Office at: **information@acawso.com**. A **complimentary** copy of our 670-page text will be mailed to you.

Thank you for your kind attention. We hope you will take advantage of these cost-free resources to benefit your clients.

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