

**MONTEREY BAY ACA INTERGROUP MEETING MINUTES**

Saturday, January 25, 2020 2:00 pm

Palo Alto Medical Foundation, 2025 Soquel Ave., Santa Cruz

**Attendees: Intergroup Representatives**

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 PAMF "Adult Loving Parent"				0
CA1264	MON 9:30 Scotts Valley "ACA Scotts Valley"	Jeannie			0
CA1377	MON 11:00 "Scotts Valley Quiet Fellowship"	Laura	X		1
CA1371	MON 5:30 Scotts Valley "Stepping up in ACA"	Beverle	X		1
CA1308	MON 7:00 Quaker Meeting House "Authentic Men"				0
CA682	MON 7:30 Palo Alto "Monday Night Book Study"	Rachel	X		1
CA1233	TUE 12:30 Red Church "Inner Loving Parent – Inner Child"	Troy	X		1
CA1373	WED 7:00 "ACA@UCSC"	Ursula	X		1
CA477	WED 7:30 Palo Alto "Wed. Night Book Study"				0
CA1169	WED 9:30 Live Oak "Serenity Seekers"				0
CA1170	THU 5:30 Quaker Mtg House "Women in Recovery"	Tamara	X		1
CA1241	THU 6:00 Salinas "Freedom from the Past"	Mark	X		1
CA971	THU 7:00 Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 Barn Studio "Friday Night ACA"				0
CA1075	FRI 7:30 Los Gatos "Friday Freedom"				0
CA1276	SAT 9:00 Barn Studio "Heart Circle"	Sue	X		1
CA1015	SAT 4:00 "Circle of Hope" Palo Alto	Jean S	X		1

**Attendees: Officers, Committees and Visitors**

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair (outgoing)	Renée H	X		1	Tammy
Vice-Chair (outgoing)	Jeannie	X	Evie	1	
Secretary (outgoing)	Carol G	X		1	
Treasurer	Emily	X		1	
WSO Rep (outgoing)	Evie	X		0	
Committee	Chair	Present	Proxy		
Web (outgoing)	Evie	X			
Literature (outgoing)	Beverle	X			
H&I	(vacant)				
Boundaries Workshop	Jean S	X			
Potluck Speaker Meetings	James	X			
Outreach	Jeannie				
Open House	Emily	X			

**Opening:** Renée opened the meeting at 2:00 pm with the ACA Serenity Prayer, followed by members reading our Mission and Commitment to Service statements, 1st Tradition & 1st Concept, and *Behavior Goals for ACA Business Meetings*. Roll Call / see attendance above. (IGR's, proxies and officers vote; visitors and committee chairs do not.) One vote per person even if filling multiple roles. We have not been informed if any meetings have new reps who were not in attendance. 12 voting members were initially present, of the assumed possible 13, meeting our one-less-than-2/3 quorum requirement of 8. (An additional voting member arrived after elections; new total=13.)

**Minutes:**

**Motion:** (Jean S/): Approve minutes of 12/28/19 meeting  
(12-0-0, Approve-Reject-Abstain)

**REPORTS**

**Chairperson (outgoing) –Renee**

- Renee mentioned that as we transition to new officers and new IGR's for 2020, the outgoing IGR or officer is asked to meet with the incoming person.
- Registration is open for ABC/AWC (Boca Raton, FL in April) – see adultchildren.org website. The hotel link is also on the website. A block of rooms is reserved for \$142/night.

- San Francisco Bay Area Intergroup will host the 2021 ABC/AWC conference. The location will be determined by the end of February. Send an email to [SF2021host@gmail.com](mailto:SF2021host@gmail.com) to get on their email distribution list.. Selection of a logo is underway and anyone is welcome to submit suggestions.

#### **Elections of 2020 Officers and Committee Chairs**

- Chair** – Jean S. volunteered      Vote: 12-0-0
- Vice Chair** – Laura volunteered      Vote: 12-0-0
- Secretary** – Renee volunteered      Vote: 12-0-0
- Literature Committee** – Tamara volunteered      Vote: 12-0-0
- Website Committee** – Chris C. volunteered (as reported by Renee)      Vote: 12-0-0
- H&I Committee** – no volunteers, tabled till next meeting

**Vice Chairperson (outgoing)** – Jeannie was unable to attend today due to a death. Evie is acting as her proxy.

**Secretary (outgoing)** – Carol explained the 2020 Intergroup Confidential Contact List sign-up sheet she passed around for members to provide their email and cell phone contact information. Each member has the option to specify whether they allow their information to be shared as a within the Intergroup members, and if they would like a text message to alert them when a new email has been sent.

#### **IGR (Intergroup Representatives) reports:**

- **Monday 9:30 “ACA Scotts Valley” meeting:** Jeannie, the new rep, was unable to attend today.
- **Saturday 9:00 “Heart Circle” Barn meeting:** Sue reported a thriving meeting with average attendance of 20. They have put the 13<sup>th</sup> step information into the binder that is passed with announcements. Members were happy the Boundaries workshop will be offered twice in 2020.
- **Wednesday 6:00 Salinas “Freedom from the Past”:** Mark reported steady attendance of 6-10. Parking is sometimes an issue since they moved to Wednesdays, as a DUI class in the same facility competes for parking.
- **Wednesday 7:00 ACA@UCSC:** Ursula reported the meeting is going really well, with many newcomers in the last 6 months requiring them to move to a bigger room. They have a new secretary and treasurer.
- **Thursday 5:30 “ACA Women in Recovery”:** Tamara reported attendance up, to 23 the last 2 meetings.
- **Monday 11:00 “Scotts Valley Quiet Fellowship”:** Laura reported this meeting average attendance of 3. Laura is secretary, treasure and IGR. She plans to continue the meeting.
- **Monday 5:30 “Stepping Up in ACA”:** Beverle is the new rep for this meeting, which has average attendance of 15 and a lot of recovery.
- **Saturday 4:00 Palo Alto “Circle of Hope”:** Jean S. reported attendance of 16-20. Most meetings have newcomers. She is continuing as secretary 2 meetings per month with others holding copies of the script to fill in at the other meetings.
- **Monday Night Book Study” Palo Alto 7:30 pm:** Rachel reported the last meeting of the month is a speaker meeting and there is fellowship after the meeting.
- **Tuesday Red Church “Inner Loving Parent”:** Troy reported core attendance of 5-6 with others occasionally attending. They do non-dominant handwriting.
- **Meetings not represented:**
  - Wednesday 9:30 “Serenity Seekers” does not have an IGR.
  - Wednesday 7:30 Palo Alto Book Study does not have an IGR
  - Thursday 7:00 PM “Serenity Seekers” does not have an IGR
  - “Friday Night ACA” at the Barn Studio does not have an IGR
  - Mon 7:00 PM “Authentic Men” does not have an IGR
  - Sunday 3:30 PAMF “Adult Loving Parent” does not have an IGR.
  - Friday 7:30 PM “Friday Freedom” Los Gatos does not have an IGR.
  - The bank account is functioning well. The VenMo directions handout has been distributed. The General Fund has \$800.33 and the Travel Fund has \$550

**Motion:** (Emily/Laura): Add \$50 to the travel fund this month.  
(13-0-0, Approve-Reject-Abstain)

**Motion:** (Rachel/Tamara): Add the Chair (Jean) as a signatory on the bank account.  
(12-0-1, Approve-Reject-Abstain)

#### **ABC Delegate to Boca Raton**

- Evie had volunteered earlier but can’t go
  - Renee volunteers to go
- Motion:** (Jean/Laura): Send Renee as our Intergroup delegate to the Annual Business Convention in April.  
(13-0-0, Approve-Reject-Abstain)

#### **WSO Representative – Evie**

- Evie read some of the highlights from the monthly ACA WSO call, which are posted the WSO website. She is unable to continue being our WSO rep. Tamara volunteered and was confirmed by a 13-0-0 vote.

## COMMITTEE REPORTS

- **Literature Committee**
  - Beverle (outgoing chair) reported inventory:
    - 8 BRB
    - 22 Step workbooks
    - 11 Strengthening our Recovery
    - 15 Laundry List workbooks
    - 86 Newcomer pamphlets
- **Website Committee** – Evie (outgoing chair)
  - Has added agenda, minutes, new schedule, VenMo instructions, new literature form which has VenMo information, documentation from the Boundaries workshops.
  - Hit count report: highest day in January was the day of our open house.
- **Speaker Meetings** – James
  - He would welcome another participant on the committee.
  - Resource Center for Nonviolence is reserved for 3 future speaker meetings, 5-7pm with 4:30 setup:
    - February 16, 2020      April 19, 2020      July 12, 2020
    - Has 3 speakers for February meeting – Anyone who wants to speak at another future meeting please let James know; his phone number is on the flyer
  - It was suggested that a Sponsor-Sponsee corner be designated at/after each Speaker meeting so that potential sponsors and sponsees can network on the spot.
- **Outreach** – did not meet in January.
  - IGR's please continue to report meeting attendance to Outreach
- **Open House** – Emily
  - January 5 open house was very successful, making \$107 from the raffle and estimated attendance of 40. There was a lot of help and participation from members.

## OLD BUSINESS

- **WSO questionnaire re: Intergroups** -- Renee emailed her responses along with the agenda.
- **Orientation for IG reps** was conducted immediately before today's meeting, with 7 attendees.
- **Potential 2020 Events – top 2 ranked items were reported by IGR's and summarized. Overall top ranked were:**
  - 1 **Retreat**
  - 3 **Relationships Workshop**  
**ACA and Recovery – physiological effects on the body**  
**Ready-Set-Go: conference-approved – reviews all 12 steps in 8 hours, can be scheduled in multiple shorter sessions**  
**Sponsor-Sponsee gathering for sponsees to find a potential sponsor**
  - 2 **Inner Child workshop**
- **Boundaries workshop and potluck-speaker meetings are popular events that will be repeated in 2020 without being re-prioritized**

**Motion:** (Carol/Laura): Designate/announce a Sponsorship Corner at each event, using a script TBA (13-0-0, Approve-Reject-Abstain)

- **Jean volunteered to draft a Sponsorship Corner Script**
- Members submitting written committee reports please email them to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) for posting.

## NEW BUSINESS

- **VenMo:** Renee had emailed the Charter revision with information on the new pay method.  
**Motion:** (Laura/Mark): Accept the new charter verbiage describing VenMo. (13-0-0, Approve-Reject-Abstain)
- **'Welcome to Intergroup'** – Jean handed out a draft which was discussed. Jean will revise and bring to the February meeting for review. Anyone with additional suggestions should email Jean. (Or email [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com)).
- **When should the retreat be?** Suggested months to avoid: Jan Apr Jul Sep Oct. It was noted that off-season would probably cost less. Renee is visiting a Scotts Valley retreat place in February. Laura would like to participate.

## NEXT MEETING AGENDA ITEMS (February 22, 2:00-3:30 at Palo Alto Medical Foundation)

### Old business

- **Events for 2020 including retreat discussion**

- **Sponsor corner script**
- **Welcome script**
- **Possible donation to Palo Alto Medical Foundation since we do not pay rent**

**ADJOURNMENT**

- **Motion:** (Jean/Laura) To adjourn  
(13-0-0)

The meeting was adjourned at 3:28 pm, closing with the Unity Prayer.

Respectfully submitted,  
Carol G., Outgoing Recording Secretary 1/27/2020