

MONTEREY BAY ACA INTERGROUP MEETING MINUTES

Saturday, July 27, 2019 2:00 pm

Sutter Maternity and Surgery Center Conference Room

Attendees: Intergroup Representatives

| Group# | Group | IGR Name | Present | Proxy | Votes |
|--------|--|----------|---------|---------|-------|
| CA1277 | SUN 3:30 PAMF "Adult Loving Parent" | James | X | | 1 |
| CA1264 | MON 9:30 Scotts Valley "ACA Scotts Valley" | Beverle | | Evie | 1 |
| CA1377 | MON 11:00 "Scotts Valley Quiet Fellowship" | Laura | X | | 1 |
| CA1371 | MON 5:30 Scotts Valley "Stepping up in ACA" | Carol G | X | | 1 |
| CA1308 | MON 7:00 Quaker Meeting House "Authentic Men" | Chris T | | Michael | 0 |
| CA682 | MON 7:30 Palo Alto "Monday Night Book Study" | Rachel | X | | 1 |
| CA1233 | TUE 12:30 Red Church "Inner Loving Parent – Inner Child" | Brigette | X | | 1 |
| CA1258 | TUE 7:00 Boulder Creek "Healing the Past" | | | | 0 |
| CA1373 | WED 7:00 "ACA@UCSC" | Caroline | | Patt | 1 |
| CA477 | WED 7:30 Palo Alto "Wed. Night Book Study" | | | | 0 |
| CA1169 | WED 9:30 Live Oak "Serenity Seekers" | Di | X | | 1 |
| CA1170 | THU 5:30 Quaker Mtg House "Women in Recovery" | Cate L | X | | 1 |
| CA1241 | THU 6:00 Salinas "Freedom from the Past" | | | | 0 |
| CA971 | THU 7:00 Red Church "Serenity Seekers" | Michael | X | | 1 |
| CA1313 | FRI 7:15 Barn Studio "Friday Night ACA" | Michelle | X | | 1 |
| CA1075 | FRI 7:30 Los Gatos "Friday Freedom" | | | | 0 |
| CA1276 | SAT 9:00 Barn Studio "Heart Circle" | Annica | X | | 1 |
| CA1015 | SAT 4:00 "Circle of Hope" Palo Alto | Jean S | X | | 1 |

Attendees: Officers, Committees and Visitors

| Title | Name | Present | Proxy | Votes | Visitor's Name |
|------------|---------|---------|-------|-------|----------------|
| Chair | Renée H | X | | 1 | |
| Vice-Chair | Jeannie | X | | 1 | |
| Secretary | Carol G | X | | 0 | |
| Treasurer | Emily | X | | 1 | |

| Committee | Chair | Present | Proxy |
|------------|---------|---------|-------|
| Web | Evie | X | |
| Literature | Beverle | | Renee |
| H&I | Pat H | | |

Opening: Renée, Chair, opened the meeting with the ACA Serenity Prayer, followed by members reading our Mission and Commitment to Service statements, 12 Traditions & 7th Concept, and *Behavior Goals for ACA Business Meetings*. Roll Call / see attendance above. (IGR's, proxies and officers vote; visitors and committee chairs do not.) One vote per person even if filling multiple roles. 16 voting members were present, of a possible 17, meeting 2/3 quorum requirement.

Minutes:

Motion: (Jean/Laura Approve minutes of 6/22/2019 meeting with correction of title to read 'Minutes' instead of 'Agenda'.

(15-0-1, Approve-Reject-Abstain)

REPORTS

Chairperson - Renée

- Still need IGRs for:
 - Thurs 6:00 Salinas (they announce it every week)
 - Friday 7:30 Freedom / Los Gatos
 - Sat 10:00 am San Jose
 - Wed 7:30pm Palo Alto
 - Tues 7:00pm Boulder Creek
- Bonfire meeting 2nd Monday 7pm 7th Ave Beach still needs a secretary

- Although Salinas does not have an IGR they still made a donation.
 - Renee suggested IGR's check the Treasurer's report to see when our respective groups have donated.
 - Pat H. has resigned as our WSO rep for Intergroup. Please **announce at meetings that this position is open.**
- Duties:
- Attend monthly teleconference 2nd Saturday 11am
 - Report back to Intergroup
 - Take any Intergroup issues to the teleconference
- Charter has been updated to reflect the change to quorum requirement posted on the website.

Vice Chairperson – Jeannie

- Meeting list has been reformatted, emailed to all IGR's and sent to Evie for posting on the web
- Please report any changes or corrections to Jeannie
- Northern California Fall Retreat in Westminster Woods October 18-20 – flyers available; make reservations at www.eventbrite.com for "6th Annual ACA Northern CA Fall Retreat". The price includes 3 meals Saturday and 2 meals Sunday.

Treasurer – Emily

- As of today our balance is \$1,144.30, not including our \$800 prudent reserve. This includes \$213 in literature sales and \$231 in donations received today.
- Ideas from the members for spending in the future:
 - Speaker meeting rent, paper products
 - WSO donations 2x yearly
 - Send delegate to Boca Raton representing IG (note the WSO rep position is vacant, see Chairperson report)
 - Outreach
 - Workshop room rent / budget
 - Halloween party / dance
 - 2020 Womens' conference donation

WSO Representative – position vacant, no report

IGR (Intergroup Representatives) reports:

- **Monday 9:30 "ACA Scotts Valley" meeting:** Evie reported the meeting is in a comfortable location with average 15 attendees.
- **Tuesday Red Church "Inner Loving Parent":** Brigitte reports all service positions are now filled and average attendance of 12.
- **"Monday Night Book Study" Palo Alto 7:30 pm:** Rachel reports 11-12 attendees with regular newcomers. Treasurer position is coming open.
- **Thursday 5:30 "ACA Women in Recovery":** Cate reported the meeting is well attended by 15-20 and is saving to send a representative to Annual Business Conference and ACA Annual World Convention (ABC/AWC) next April in Boca Raton.
- **Monday 11:00 "Scotts Valley Quiet Fellowship":** Laura reported that this sweet meeting could use more participation, with average attendance of 3.
- **Monday 5:30 "Stepping Up in ACA":** Carol reported increased average attendance of around 15. The meeting focuses on the Steps and the Traditions. Chairs at the majority of meetings.
- **Saturday 4:00 Palo Alto "Circle of Hope":** Jean S. reported that the meeting is very well attended (18 average, 25 last week). Chips are given for time in the program every third Saturday. Literature has been rolled into the Secretary's duties.
- **Wednesday 9:30 "Serenity Seekers":** Di reported attendance strong with average >20. All service positions are filled.
- **Saturday 9:00 "Heart Circle" Barn meeting:** Annica reported consistent high attendance, average 15 and all service positions filled.
- **Sunday 3:30 PAMF "Adult Loving Parent":** James reported typical attendance just under 20. The meeting has been extended to more than an hour by vote, and all positions are filled.
- **Thursday 7:00 PM "Serenity Seekers":** Michael reported attendance of 15 and service positions are filled. Shares are not timed and it works.
- **"Friday Night ACA" at the Barn Studio:** Michelle said the meeting continues to grow. It's steadily packed; a great meeting, very intimate. Average attendance 21.
- **Wed 7:00 PM ACA@UCSC:** Patt reported average attendance of 6. Campus is pretty deserted of students during the summer.
- **Mon 7:00 PM "Authentic Men":** Michael reported this wonderful meeting has average attendance of 12 and all positions filled. Chris was unable to attend today as he is out of town.

- **New meeting to join Intergroup:** Laura reported that a Tuesday 7-8:30 meeting “Call to Parent” at the Unitarian Universalist Church wants to join Monterey Bay Area Intergroup. Renee suggested they send a representative to our August meeting.
- **Meetings not represented:**
 - Thursday 6:00 Salinas “Freedom from the Past” does not have an IGR
 - Wednesday 7:30 Palo Alto Book Study does not have an IGR
 - Tuesday 7:00 PM Boulder Creek “Healing the Past” – does not have an IGR
 - “Friday Freedom” Los Gatos 7:30 pm: does not have an IGR

COMMITTEE REPORTS

- **Literature Committee** – Renee reported current inventory:

- BRB hard cover: 22
- 12 step yellow workbook: 25
- Strengthening Our Recovery: 13
- Laundry List Traits workbook: 14
- Newcomer booklet: 102

There was discussion that the price of books varies from meeting to meeting.

Clarification:

- MBIG Depot sells books to the meetings at its cost (30% discount from WSO plus tax and shipping).
- Each meeting is autonomous and decides what they want to charge for books.
- It was also noted that some meetings do not buy literature from Intergroup.

Motion: (Jean/Patt) End the discussion of literature price and do not include as a future agenda.
(13-3-0, Approve-Reject-Abstain)

A minority opinion was that IG should mark up price IG charges the meetings to save money to send a rep to WSO. Another member was still interested in what each meeting charges for literature. No votes were changed.

- Renee reported a process change from WSO: IG still gets 30% discount but no longer needs to buy in case volumes, which will not affect our costs and make it easier to manage the Depot.

- **Website Committee** – Evie reported

- Has posted the new meeting list, agenda for IG meeting, will update in the ‘Announcements’ section the list of meetings needing support. Since Tuesday 12:30 is doing well she will remove it from this list.
- Evie distributed a report of statistics from the website showing the number of hits by day/week/month etc. All-time visits since starting are 4,554.
- Added keywords for ACA Santa Cruz meeting to improve Google search, as someone reported a Bay Area Intergroup website was coming up first and did not include all our meetings.
- She will re-post the “Friday Freedom” Los Gatos meeting

- **H & I (Hospitals and Institutions) Committee** – Pat H not in attendance

- Renee reported that no one has taken a meeting to the Roundtree facility since Pat is recuperating. Her plan is to resume meetings when she is feeling better.

- **Speaker Meetings**

- Michael reported that the Resource Center for Nonviolence room has maximum capacity of 60
- Feedback from the last meeting:
 - 4 speakers were too many
 - Repeat quarterly
 - Rent the room from 4:30 to 7:15 to allow for setup and cleanup
 - Renee offered a checklist on how to organize a speaker meeting
 - James has additional feedback which he will share with Michael
- Next Speaker Potluck is scheduled for 10/13.

- **Boundaries Workshop**

- Jean reported the title of the workshop is “Exploring Boundaries: What-Who-Why-When-Where”
- Jean will create a flyer to be emailed and posted
- Scotts Valley Water District conference room is booked for Saturday 9/14
- A repeat of the same workshop will be somewhere north of the mountains Saturday 9/21
- Jean and the committee (James and Carol so far) will present the workshop.

- **Outreach**

- Patt reported this group was formed because Tradition 5 states “Our primary purpose is to carry the ACA message to the adult child who still suffers”

- She provided a written report stating
- Target areas:
 - Public meetings and community events
 - Professionals and agencies that serve ACAs
 - Media
- Tasks:
 - Patt is drafting a strategic outreach plan, establishing a budget request, target meetings / events for the rest of 2019, gathering data on current meeting average attendance, establish a “Outreach Sign making” team
 - Renee – remind IG reps of free BRB text availability for professionals; drafting a letter to professionals to inform them of this and a letter for professionals to send to WSO to request a free BRB; produce stickers with our website information to attach to trifolds
 - Jeannie – design rubber stamp with MBIG website info; compile list of local radio stations; print trifolds, apply stickers and distribute at potluck/speaker meeting (with Renee)
 - (Need a new member for Media) – research online groups available for ACA Public Service Announcements
 - ACA website has a 15 second and a 30 second Public Service Announcement
- What we need:
 - Initial budget from MBIG
 - Baseline data on current # of meetings and average attendance per meeting (Note: one measure of effectiveness is meeting attendance)
 - **Volunteer to head Media Outreach**
 - **Volunteers to serve on subcommittees:**
 - Meetings and Events
 - Professionals and Agencies that serve ACA’s
 - Media

Motion: (Patt/Jean) Establish a \$200 Outreach Reserve, with tracking of expenditures, to be replenished. (16-0-0, Approve-Reject-Abstain)

Motion: (Jean/Cate) Extend the meeting by 15 minutes (13-2-1, Approve-Reject-Abstain)

OLD BUSINESS

- Call2 Parent Workshop: no interest in this
- 2020 Women’s Conference donation
- Motion:** (Laura/Jean) Donate \$100 to the 2020 Women’s Conference (13-0-1, Approve-Reject-Abstain)
- WSO questionnaire re: intergroups – Renee will keep us informed
- Re-establish events committee with a chair
 - Since the person who volunteered to chair can no longer do it, we will keep the status quo with event-specific committees

NEXT MEETING’S AGENDA

- Could members call or Zoom to this meeting if they can’t physically attend? Jean will research available options.
- Outreach suggestion: bumper sticker for acamontereybay.org

ADJOURNMENT

- **Motion:** (Laura/Jean) To adjourn (13-0-0)

The meeting was adjourned at 3:36 pm.

Respectfully submitted,
 Carol G., Recording Secretary
 7/29/19 corrected 8/1/19