

**Intergroup Meeting Minutes**  
Meeting held 3/23/2019  
Recorded by Carol G., Secretary

Attendees: Intergroup Representatives:

| Group # | Group  | IGR Name | Present | Proxy | Votes |
|---------|--|----------|---------|-------|-------|
| CA1277  | SUN 3:30 PAMF "Adult Loving Parent"                      | James    | X       |       | 1     |
| CA1264  | MON 9:30 Scotts Valley "ACA Scotts Valley"               | Beverle  | X       |       | 1     |
| CA1378  | MON 11:00 "Scotts Valley Quiet Fellowship"               | Laura    | X       |       | 1     |
| CA1371  | MON 5:30 ScottsValley "Stepping up in ACA"               | Carol G  | X       |       | 1     |
| CA1308  | MON 7:00 Quaker Meeting House "Authentic Men"            | Chris T  |         |       | 0     |
| CA682   | MON 7:30 Palo Alto "Monday Night Book Study"             | Rachel   | X       |       | 1     |
| CA1233  | TUE 12:30 Red Church "Inner Loving Parent - Inner Child" | Brigitte | X       |       | 1     |
| CA1258  | TUE 7:00 Boulder Creek "Healing the Past"                | Pat H    | X       |       | 1     |
| CA1373  | WED 7:00 "ACA@UCSC"                                      | Caroline | X       |       | 1     |
| CA477   | WED 7:30 Palo Alto "Wed. Night Book Study"               |          |         |       | 0     |
| CA1169  | WED 9:30 Live Oak "Serenity Seekers"                     | Lorna    | X       |       | 1     |
| CA1170  | THU 5:30 Quaker Mtg House "Women in Recovery"            | Pam      |         |       | 0     |
| CA1241  | THU 6:00 Salinas "Freedom from the Past"                 |          |         |       | 0     |
| CA971   | THU 7:00 Red Church "Serenity Seekers"                   | Michael  | X       |       | 1     |
| CA1313  | FRI 7:15 Barn Studio "Friday Nite ACA"                   | Michelle | X       |       | 1     |
| CA1075  | FRI 7:30 Los Gatos "Friday Freedom"                      |          |         |       | 0     |
| CA1276  | SAT 9:00 Barn Studio "Heart Circle"                      |          |         |       | 0     |
| CA1015  | SAT 4:00 "Circle of Hope" Palo Alto Unitarian Church     | Jean S   | X       |       | 1     |

**Officers:**

| Title      | Name    | Present | Proxy | Votes |
|------------|---------|---------|-------|-------|
| Chair      | Renee H | X       |       | 1     |
| Vice-chair | Holly   | X       |       | 1     |
| Secretary  | Carol G | X       |       | 0     |
| Treasurer  | Emily   | X       |       | 1     |

**Visitor ACA Members**

| Name   |
|--------|
| Antony |
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**Committee Chairs**

**Who**

| Committee   | Name    | Present | Proxy |
|-------------|---------|---------|-------|
| Web         | Evie    |         |       |
| Literature  | Beverle | X       |       |
| Events      | Joanne  |         |       |
| H&I         | Pat     |         |       |
| Sponsorship | David E | X       |       |

- **Opening:** Renee, Chair, opened the meeting with the ACA Serenity Prayer, followed by members reading our Mission and Commitment to Service statements, 12 Traditions & 3rd Concept. Roll Call / see attendance above. IGR's, proxies and officers vote; visitors and committee chairs do not. 14 voting members present met quorum (12/18) requirement.
  - **Minutes:**
- Motion:** Approve minutes of Feb. 23, 2019 meeting as written.  
Jean, Beverle seconded                      Vote: 12-0-2 abstained

**REPORTS**

- **Chair:**
  - Renee explained that the annual business conference and world convention is coming up in late April in Malmo, Sweden. Pat H. will be attending (she is on the Board of Directors and incoming Treasurer for ACAWSO). Michael intends to attend remotely, which requires signing up online.
  - Renee answered questions about the process for voting on the business meeting ballot initiatives, clarifying that only a 2/3 or more majority supports reporting a 'Yes'.
  - 16-week step study workshop starts March 30 at PAMF, 12:30-2pm.
  - ACAWSO meeting contacts are not being updated; this has been escalated to the Board of Trustees. Anyone who can't update their meeting information please email Pat H (she put

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her email on the board at the meeting) with the meeting number and what needs to be updated.

- GEBACA (Greater East Bay Area ACA) speaker meeting Sat. Apr. 13 6-7:30pm Niles Discovery Church, 3660 Niles Blvd., Fremont.
- A new ACA womens' retreat is being planned for June, 2020. Google 'ACA Women's Retreat' for information and registration.
- **Vice Chair** - Holly
  - Holly will be updating the printable meeting schedule. She got clarification on the Saturday Serenity meeting start time which needs updating on the Intergroup website. She also noted the Circle of Hope meeting is not on our Intergroup website.
- **Treasurer** report – Emily
  - As of today our balance is \$1,947.42.
- **IGR (InterGroup Representatives) reports:**
  - Sunday "Adult Loving Parent": James reported attendance of 15. The meeting reads chapters 8 and 15 of the BRB.
  - "ACA Scotts Valley" Monday meeting: Beverle reported the meeting is doing well with average attendance of 10-20 or more.
  - "Friday Nite ACA" 7:15-8:30 pm Barn meeting – Michelle, the new rep reported there were 34 at last night's meeting and they have a new secretary.
  - Tuesday Red Church "Inner Loving Parent": Brigette reports the meeting includes creative time for drawing, journaling etc. The meeting is under-attended and sometimes has trouble making the rent. They use a sign-up sheet to schedule who will be secretary for each meeting. **Please announce at meetings that this meeting needs support.**
  - "Monday Night Book Study" Palo Alto 7:30 pm: Rachel reported the meeting is growing, with more men attending and newcomers. They read the BRB and have a speaker at the end of the month.
  - "Scotts Valley Quiet Fellowship" Laura reported 1-3 attending. It is a 1-hour meeting which includes 40 minutes of quiet individual activity. She will bring a flyer next meeting.
  - Thursday 7:00 pm "Serenity Seekers" – Michael reports 7-25 attendees. The rent has gone up and business meetings are discussing seeking space at a rent-free facility. Michael requests input on this.
  - "Stepping Up in ACA" Carol reported attendance of 7-12. The meeting includes step and tradition study with 10-minute speaker twice a month.
  - 4pm Saturday Palo Alto "Circle of Hope" Jean S reported attendance of 18 attending last week including 3 newcomers and healthy reserves. They normally read from BRB but last meeting they reviewed the ACA WSO agenda proposals. It is a chip meeting. Jean brought a meeting flyer and **offered to make grab-and-go flyers for other meetings to make it easier to promote meetings needing support.**
  - ACA@UCSC – Caroline reports 7 people attending, about 50/50 UCSC students and seniors. They have a rotating format including non-dominant handwriting.
  - 9:30 Wednesday "Serenity Seekers" Lorna reported the meeting is well attended, usually with 20-30. They have lots of literature.
  - 7pm Tuesday Boulder Creek "Healing the Past" Pat H. reported that the meeting is tiny, cozy and stable. They read BRB and share.

### Meetings not represented:

- "Authentic Men" – Chris T – not represented today.
- "ACA Women in Recovery" Thursday 5:30: Cate – not represented today.
- Saturday 9:00 "Heart Circle" Barn meeting: no current representative
- "Friday Freedom" Los Gatos 7:30 pm has chosen not to have an IGR currently.

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- Salinas “Freedom from the Past” not represented. Unsure if they have a 2019 IGR as no one has attended this year.
- Palo Alto Wednesday Night Book Study – per Laura they will discuss having an IGR at their next business meeting.
- **WSO (ACA World Service Organization) Rep –**
  - Pat H. reported ABC (Annual Business Conference) offers remote listening in and voting for the first time. The time of day for voting will be set in April – see [Adultchildren.org](http://Adultchildren.org) for developing information including delegate training.
  - ABC will be discussing predatory behavior and sponsorship.
  - Pat reported some turnover on the Board of Directors, including a new Chair.
  - Pat is the incoming ACA WSO treasurer and invites anyone with any interest/background in finance to participate in the ACA WSO Finance Committee.
  - The ACA WSO board is on the phone 2pm on the second Saturday of each month, available to all who want to dial in. See [ACAWSO.org](http://ACAWSO.org), “ACA WSO Monthly Board Calls”. You can also attend via your computer or smartphone at <https://zoom.us/j/228809511>.

### Committee Reports:

- **Events:** Joanne not in attendance today
- **Literature:**
  - Beverle reported current inventory.
    - BRB hard cover: 9
    - 12 step yellow workbook: 63
    - Strengthening Our Recovery soft cover: 8
    - Laundry List workbook: 12
    - Newcomer booklet: 61
- **Web:** [acamontereybay.org](http://acamontereybay.org) Evie was not in attendance
  - Corrections to be made:
    - Saturday San Jose “Saturday Serenity” meets at 10:10 per ACA website.
    - Saturday Palo Alto 4pm “Circle of Hope” meeting needs to be added.
  - Carol will ask Evie to post materials from the Sponsorship – the Hard Questions workshop
- **Hospitals & Institutions (H&I)**
  - Pat reported she holds a weekly closed ACA meeting for inmates at Roundtree R&R in Watsonville 6:15-7:15 Wednesdays. This is to support men who are preparing to return to society. Attendance is 0-3. One inmate is very committed to the program. Anyone interested in helping Pat please contact her or send an email to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com). She will also develop a flyer to hand out at meetings.
  - Pat would like to expand H&I efforts to the Blaine St. and Water St. facilities. She is working on getting into “The Camp”, an alcohol and drug rehab facility in Scotts Valley.
  - Holly has obtained approval of the Board of Directors of New Life Community Services to start a new ACA meeting. It will be an open meeting, either Saturday 8pm or Monday 6pm. The location is on at 707 Fair Avenue, a few blocks past New Leaf on the westside.
- **Sponsorship Committee:**
  - In David’s absence, Carol reported on the workshop 3/16
  - “Sponsorship – the Tough Questions” was well attended, with more than 30 participants.
  - Collected \$35 in 7<sup>th</sup> tradition donation basket.
  - About half stayed through the writing exercise in the afternoon.
  - Evaluation feedback was very positive:
    - People liked the speakers (both seasoned sponsors), the materials and food.
    - Suggestions included including introductions like a regular meeting

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- Suggestions for future workshops / Intergroup – sponsored events included:
  - Sponsor support group: monthly meeting in which sponsors can network anonymously
  - Workshop on setting, maintaining and honoring boundaries, including scenarios with participant role play to practice healthy communication
  - An annual retreat in the area
  - Workshop on relationships in recovery
  - Workshop on developing a relationship to a Higher Power
- The above possibilities will be discussed at the next Intergroup meeting.

### Old Business:

- **ABC Ballot proposals** for the April international annual business meeting in Sweden **due 3/31**
- **Charter updates online at [acamontereybay.org](http://acamontereybay.org)**; IGR's please print the updated version and incorporate into your red binder. Renee suggests reading it to refresh ourselves on our responsibilities and rules.
- **Bonfire meeting** 7pm 2<sup>nd</sup> Monday at 7<sup>th</sup> Ave beach **needs a secretary**
- **Should Intergroup Donate to WSO?**
  - Renee clarified that there are no written recommendations about Intergroups donating.
  - Pat H., WSO incoming treasurer, says WSO needs money, stating they are \$160k in the red. Financials are posted monthly on the ACAWSO website.

### Motion: Intergroup wants to donate money to ACA WSO

Jean/Pat seconded

Vote: 14-0-0

Next month we will discuss how much / how often.

Pat H. also suggested IG might want to establish a prudent reserve.

- **Insurance Policy for meetings**
  - Discussion clarified that the information had been brought to the meeting only to explain that a group policy exists, to which other meetings needing insurance could be added.
  - The meetings currently covered are Friday Freedom and the 3 Unitarian Church meetings in Palo Alto.
  - Laura learned that some other 12-step meetings at the Unitarian Church are not required to have insurance. One of the members wrote a letter to the church secretary asking for clarification.

### New Business:

- **Safety Card:** Since AlAnon is developing a card describing meeting safety expectations, Patt created a draft for ACA.
- **Quarterly Speaker Meeting/ Potluck - will be on next meeting agenda**

### Motion: Adjournment

Carol / Holly Vote: 14-0-0

The meeting was adjourned at 3:30

Respectfully submitted,  
Carol G. / Secretary 3/25/2019