

**Intergroup Meeting Minutes**  
 Meeting held 12/22/18  
 Recorded by Carol G., Secretary

Attendees: Intergroup Representatives:

Group#	Group	IGR Name	Present	Proxy	Votes
CA1170	"ACA Women in Recovery"	Renee H	X	(also Chair)	1
CA1277	"Adult Loving Parent"	Patt K	X		1
CA1264	"ACA Scotts Valley"	Darren	X	Beverle	1
CA1233	Tues 12:30 Red Church	Emily	X		1
CA1276	Sat Barn: "Heart Circle"	Carol G	X	(also Secretary)	1
CA1241	Salinas: "Freedom from the Past"	Kim & Lisa	X	(Kim)	1
CA1169	Wed: "Serenity Seekers"	Judy J			0
CA477	Palo Alto "Wednesday Night Book Study"	Peter H			0
CA1258	Boulder Creek "Healing the Past"	Pat H	X	Holly	1
CA1313	Fri Barn meeting	David E	X		1
CA682	Palo Alto 7:30 "Mon. Night Book Study"	Laura	X		1
CA971	Thur 7pm: "Serenity Seekers"	Michael			0
CA1075	Fri pm Los Gatos "Friday Freedom"	Karen & Amie			0
CA1337	"Scotts Valley Quiet Fellowship"	Joanne	X		1
CA1015	Palo Alto 4:00 Sat. "Circle of Hope"	Jean S.			0

**Officers:**

Title	Name	Present	Proxy	Votes
Chair	Renee H	X		
Vice-chair	Clarissa B			0
Secretary	Carol G	X		
Treasurer	Pat H	X		

**Visitor ACA Members**

Name
Brigette
Matthew
Jeannie

**Committee Chairs**

**Who**

Committee	Name	Present	Proxy
Web	Evie	X	
Literature	Beverle	X	
Events	Joanne	X	
H&I	Pat		
Sponsorship	David	X	

- **Opening:** Renee, Chair, opened the meeting at 2:04 with the ACA Serenity Prayer, followed by members reading our Mission and Commitment to Service statements, 12 Traditions & 12<sup>th</sup> Concept. Roll Call / see attendance above. IGR's, proxies and officers vote; visitors and committee chairs do not. [10 voting members present out of our current possible 16 barely represents a quorum.]
  - **Minutes:**
- Motion:** Approve minutes of Nov. 24, 2018 meeting as written.  
 Joanne, Laura seconded                      Vote: 10-0-0

**REPORTS**

- **Chair:**
  - Renee asked all IGR's to look up our meeting info on [adultchildren.org](http://adultchildren.org) and verify or correct.
  - Registration is open for the ACA Business Conference and ACA World Conference in Malmo, Sweden April 26-27 and 28-29 2019. Remote voting will be available.
  - Greater East Bay ACA has a speaker meeting January 12 in Concord. See [GEBACA.org](http://GEBACA.org)
  - Open House / Speaker Meeting is Dec 16 11:30-2:30 at Scotts Valley Water District.
  - New meetings at UCSC COVE (Wednesday evenings 7-8pm) and Scotts Valley Water District (Mondays 5:30-6:30) start early January.
  - Flyers for the 2 new meetings were distributed for use at meetings.
  - Updated meeting schedules distributed: **NOTE—INTERGROUP MEETING LOCATION CHANGES IN 2019 – January 26 meeting will be at Sutter Maternity & Surgery Center (2900 Chanticleer Ave. off Soquel Drive), Ceil Cirillo Community Room.**
- **Vice Chair** not in attendance
- **Treasurer** not in attendance

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- Report emailed in advance showed balance of \$1,476.64. Updates after the meeting (donations, 7<sup>th</sup> tradition and book sales) show a balance of \$1,585.74.

### • IGR (InterGroup Representatives):

- Sunday “Adult Loving Parent”: Patt reported attendance down to 13 the last few weeks. All service positions are filled. They will need a new IGR as she is moving to a different meeting.
- Saturday 9:00 “Heart Circle” Barn meeting: Carol reported steady attendance of about 15.
- Salinas “Freedom from the Past” Kim reports steady attendance with rotating secretary. She is looking for an IGR alternate when she can’t attend.
- “ACA Scotts Valley” Monday meeting: Beverle was Darren’s proxy, reporting everything going well.
- 7pm Tuesday Boulder Creek “Healing the Past” Holly was proxy for Pat H., reported 6-8 attending, Pat re-elected IGR for 2019.
- “Friday Nite ACA” 7:15-8:30 pm Barn meeting: David reported the meeting is pretty strong at 16-24 with 1-3 newcomers each meeting.
- Tuesday Red Church “Inner Loving Parent”: Emily reported the meeting is doing well with a small but consistent following. They may need a new secretary.
- “ACA Women in Recovery” Thursday 5:30: Renee reported attendance smaller than in the past but still 20.
- “Monday Night Book Study” Palo Alto 7:30 pm: Laura reported attendance is down but 7 or more attend. Meeting has literature.
- “Center of the Onion” Carmel Valley Wed. 7-8pm at 25 Ford Road, Carmel Valley Community Center. Not represented; not sure if they have voted to join Intergroup.
- “Scotts Valley Quiet Fellowship” Joanne reported 3-5 attending; please mention at your meetings.

### Meetings not represented today:

- 4pm Saturday Palo Alto “Circle of Hope” (Jean S.) -- Not represented today
- 9:30 Wednesday “Serenity Seekers” (Judy) -- Not represented today
- Thursday 7:00 pm “Serenity Seekers” meeting (Michael): Not represented today.
- “Friday Freedom” Los Gatos 7:30 pm (Karen/Amie) – Not represented today
- Palo Alto “Wednesday Night Book Study” (Peter) – Not represented today

### • WSO Rep not in attendance today

### Committee Reports:

#### • Events:

- Joanne apologized for missing the last 2 meetings.
- She read a draft vision statement for Events, which will be emailed out for members to read; next meeting we will discuss and vote on it.
- Proposed event outline for 2019:
  - Spring – sponsorship workshops
  - Summer celebration (featuring our Bill of Rights) – speaker meeting / bbq
  - Fall – thankful / self-care theme
  - Winter – December (annual) open house

#### • Hospitals & Institutions (H&I)

- Pat H. was unable to attend. Renee reported that after attending orientation at the Water Street Jail, Pat was told we can’t have discussion there with inmates that creates emotional upset because the prisoners don’t have any privacy to process it. Pat is looking at alternate locations for H&I meetings.

#### • Literature:

- Beverle reported current inventory.
  - BRB hard cover: 12

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- 12 step yellow workbook: 16
- Strengthening Our Recovery soft cover: 25
- Laundry List workbook: 7
- Newcomer booklet: 54
- **Sponsorship Committee:**
  - David reported dates have been chosen for 3 sessions: 1/19/19, 3/16/19, 5/18/19
  - January session will feature
    - 2 speakers – 1 man, 1 woman
    - Light breakfast / bagels – muffins
    - Want color coded ribbons/name tags for dividing into discussion groups
    - 15 min speaker followed by 50 minute breakout / discussion; repeat for 2<sup>nd</sup> speaker
  - Workshop overlaps with Heart Circle / will consider impact on other meetings for future schedule
  - Planning meetings are happening Saturdays 2:15 at Staff of Life.
- **Web:** [acamontereybay.org](http://acamontereybay.org)
  - Evie has added new meetings and added an announcement tab to the home page.
  - She will add the sponsorship workshops to the Events tab.

### Old Business:

- Elections will be at January meeting; it is not necessary to be an intergroup rep to hold office
- Charter updates discussion:
  - Chairperson duties: add 'attends all IG meetings, asks Vice Chair to cover if unable to attend. Distributes materials to IG reps and committee chairs, asks for agenda items from IG reps and committee chairs.
  - IG rep – add Participate in and support IG activities

**Motion:** In Charter, add a bullet in the IGR job description: "Participate in and support Intergroup activities and events"

Joanne / Patt seconded      Vote: 10-0-0

Renee will update the Charter and send to Evie to post on the website.

### New Business:

- The group does not have a **single centralized email distribution list for IG business** and sometimes people are accidentally left out of mailings.

**Motion:** Secretary to have password to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) account for maintaining the IG contact list and distributing minutes.

Joanne / Patt seconded      Vote: 10-0-0

David also suggested creating an information packet for authorized users so that confidentiality standards such as mailing to 'undisclosed recipients' are clear.

- **Service dogs vs. emotional support dogs**
  - At the recent event 2 dogs needed to leave as it is a dog-free facility.
  - At least one meeting has had dog issues that were distracting.
  - Several meetings are already explicitly dog-free (some also fragrance-free).
  - Stating a dog policy may help each meeting or event maintain safety.
  - The link below includes information on service dog and ADA requirements
    - [https://tonic.vice.com/en\\_us/article/ywwymy/we-see-you-fake-service-dog-owners?utm\\_source=dmfb](https://tonic.vice.com/en_us/article/ywwymy/we-see-you-fake-service-dog-owners?utm_source=dmfb)

**Motion:** Each meeting to clarify its animal status by February IG meeting and update the WSO website meeting description accordingly.

Discussion: We should not disrespect people who need emotional support.

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Joanne / Holly-Laura

Vote: 9-0-1

### **Motion: Adjournment**

- Renee moved, Joanne seconded Vote: 10-0-0  
The meeting was adjourned at 3:20

Respectfully submitted,  
Carol G. / Secretary 12/28/18