Intergroup Meeting Minutes

Meeting held 10/27/18
Recorded by Carol G., Secretary

Attendees: Intergroup Representatives:

Group#	Group	IGR Name	Present	Proxy	Votes
CA1170	"ACA Women in Recovery"	Renee H		(also Chair)	0
CA1277	"Adult Loving Parent"	Patt K	Χ		1
CA1264	"ACA Scotts Valley"	Darren	Χ	Beverle	1
CA1233	Tues 12:30 Red Church	Emily			0
CA1276	Sat Barn: "Heart Circle"	Carol G	Χ	(also Secretary)	1
CA1241	Salinas: "Freedom from the Past"	Kim & Lisa	Χ		1
CA1169	Wed: "Serenity Seekers"	Judy J	Χ		1
CA477	Palo Alto "Wednesday Night Book Study"	Peter H			0
CA1258	Boulder Creek "Healing the Past"	Pat H	Χ	Elli	1
CA1313	Fri Barn meeting	David E	Χ		1
CA652	Palo Alto 7:30 "Wed. Night Book Study"	Laura			0
CA971	Thur 7pm: "Serenity Seekers"	Michael	Χ		1
CA1075	Fri pm Los Gatos "Friday Freedom"	Karen & Amie			0
CA1337	"Scotts Valley Quiet Fellowship"	Joanne	Χ		0
CA1015	Palo Alto 4:00 Sat. "Circle of Hope"	Jean S.	Χ		1

Officers: Visitor ACA Members

Title	Name	Present	Proxy	Votes
Chair	Renee H			
Vice-chair	Clarissa B	X		1
Secretary	Carol G	X		
Treasurer	Pat H			

Committee Chai	rs	Who		
Web	Evie	X		
Literature	Beverle	X		
Events	Joanne			
H&I	Pat			
Sponsorship	David	X		

Name	
August	
Matthew	
	•

• **Opening:** Clarissa, Vice-Chair. opened the meeting at 2:04 with the ACA Serenity Prayer, followed by members reading our Mission and Commitment to Service statements, 12 Traditions & 10th Concept. Roll Call / see attendance above. We welcomed Jean S. from the newly-joined "Circle of Hope" meeting in Palo Alto. IGR's, proxies and officers vote; visitors and committee chairs do not. [10 voting members present out of our now possible 16 barely represents a quorum.]

Minutes:

Motion: Approve minutes of Sep 22, 2018 meeting as written.

Beverle, Patt seconded; Vote: 10-0-0

REPORTS

Vice-Chair: f

- Clarissa noted that Renee had provided information about a link open until 11/30 for agenda proposals / 2019 ACA Business Conference. Registration is also open for the ACA Business Conference and ACA World Conference in Malmo, Sweden April 26-27 and 28-29 2019. https://5thACAFallRetreat.eventBrite.Com).
- o Greater East Bay ACA has a speaker meeting January 12 in Concord. See GEBACA.ORG
- Laundry List Traits workshop will be offered at PAMF 12:30-2pm Saturdays Nov 3-Feb 23. A flyer was circulated.
- A lengthy discussion ensued about next steps for providing followup on the very well attended Sponsorship workshop on October 21. It was an excellent start but more depth is wanted.
 - Suggestions included providing a larger space to accommodate smaller group discussions / break-outs

Intergroup Meeting Minutes

- Key topics needing more attention:
 - Trauma and triggers
 - Establishing a spiritual connection to support sponsorship
 - How to create and maintain a healthy sponsor/sponsee relationship
- We want a larger venue to accommodate a longer Sponsorship session (3 hours) in January.
 - Jean S. will check on availability and cost of locations
 - David volunteered to chair a new Sponsorship Committee

Motion: Hold a Sponsorship Workshop Planning meeting 11/17 2pm:

Beverle / Patt seconded Vote: 10-0

The focus of this meeting will be planning future events / workshops on sponsorship. All IGR's are requested to announce to their meetings and invite interested parties to attend and participate. Clarissa is confirming availability of the PAMF conference room on that date.

- **November meeting 11/24** is Thanksgiving weekend. Members driving from far away were not happy with the earlier decision to cancel a meeting if a 2/3 quorum is not present. Clarissa agreed to send a reminder out a week ahead of the 11/24 meeting to find out who will be attending, so that the meeting can be cancelled or rescheduled if there is inadequate participation
- Treasurer: Pat H. was out of town at an ACA WSO week-long planning session but had emailed a
 report showing a balance of \$1138.88. After donations received today and today's 7th Tradition she
 reported a balance of \$959.31.

IGR (InterGroup Representatives):

- o 4pm Saturday Palo Alto "Circle of Hope" Jean report that this meeting recently voted to join Monterey Bay Intergroup after Renee recently attended their meeting and made a presentation. They have stable attendance of 20-25 with newcomers at each meeting. It is a BRB literature study and speaker meeting.
- o 9:30 Wednesday "Serenity Seekers" Judy reported stable 18-20 attendance.
- Sunday "Adult Loving Parent": Patt reported attendance of 18-20. All service positions are filled. She is also working with others on organizing a new meeting, possibly Mondays 6-7 pm to focus on steps and traditions. They are seeking a location near the Monday 7pm men's meeting to make it easier for those who want to attend both meetings.
- Saturday 9:00 "Heart Circle" Barn meeting: Carol reported attendance of 25 at this morning's meeting. Group reads daily meditation and shares, is considering adding a 10 minute speaker once a month and adding "Other Laundry List" to the readings.
- Salinas "Freedom from the Past" Kim reports 8-10 consistently attending; a second meeting may be starting in Carmel Valley Wednesdays 7pm. They are looking for a meeting location.
- "ACA Scotts Valley" Monday meeting: Beverle was Darren's proxy, reporting 10-20 attendance and noted the meeting is a great way to start the week.
- 7pm Tuesday Boulder Creek "Healing the Past" Elli was Pat H's proxy, reporting 5-7 attending.
 They are looking into adding another room in hopes of offering childcare. Also working on a step study group at which each participant is working at their own pace.
- "Friday Nite ACA" 7:15-8:30 pm Barn meeting: David reported attendance of 20+ is looking for a new secretary.
- Thursday 7:00 pm "Serenity Seekers" meeting: Michael reported the meeting has steady attendance of 16 including some new, 'young blood'.

Meetings not represented this month:

- Tuesday Red Church "Inner Loving Parent" (Emily)
- "Scotts Valley Quiet Fellowship" (Joanne)
- "Friday Freedom" Los Gatos 7:30 pm (Karen/Amie)

Intergroup Meeting Minutes

- Palo Alto "Wednesday Night Book Study" (Peter)
- o "ACA Women in Recovery" Thursday 5:30 (Renee)

Committee Reports:

- Events:
 - No representation / report this month
- Hospitals & Institutions (H&I)
 - o Pat H had informed Clarisssa that she has obtained authorization to get us into the facilities.
 - Please announce in meetings: anyone interested in co-secretarying a jail meeting, please send email to acamontereybay@gmail.com.
- Literature:
 - Beverle reported current inventory.
 - BRB hard cover: 23
 - 12 step yellow workbook: 4 (will order more)
 - Strengthening Our Recovery daily reader soft cover: 12
 - Laundry List workbook: 7 (may order more after checking with Renee)
 - Newcomer booklet: 20 (will order more)
- Web: acamontereybay.org
 - o Evie reported that she has added a flyer for the ACA WSO and ABC conference in Sweden
 - She has changed the wording on the Thursday womens' meeting
 - o Intergroup meeting agendas have been added
 - She will add the Sponsorship Planning meeting for 11/17

Old Business:

- What do members want/expect of Intergroup?
- Jean expressed hope that Bay Area retreats would be available.

New Business:

• Patt suggested that we should have another Intergroup event such as a cookie exchange, social, potluck etc. to reinforce that Intergroup is here for our ACA members.

Motion: Plan a Sunday December 16 event, likely 11:30-2:30, possibly at Scotts Valley Water District conference room, which may be a speaker/potluck meeting. Patt and Beverle to plan.

Beverle / Patt seconded Vote: 10-0

Motion: Adjournment

David moved, Jean seconded Vote: 10-0
 The meeting was adjourned at 3:30

Respectfully submitted, Carol G. / Secretary 10/28/18