

**Intergroup Meeting Minutes**  
Meeting held 9/22/18  
Recorded by Carol G., Secretary

Attendees: Intergroup Representatives:

Group#	Group	IGR Name	Present	Proxy	Votes
CA1170	"ACA Women in Recovery"	Renee H	X	(also Chair)	1
CA1277	"Adult Loving Parent"	Patt K	X		1
CA1264	"ACA Scotts Valley"	Darren	X	Evie	1
CA1233	Tues 12:30 Red Church	Emily	X		1
CA1276	Sat Barn: "Heart Circle"	Carol G	X	(also Secretary)	1
CA1241	Salinas: "Freedom from the Past"	Kim & Lisa	X	Teresa	1
CA1169	Wed: "Serenity Seekers"	Judy J	X		1
CA477	Palo Alto "Wednesday Night Book Study"	Peter H			0
CA1258	Boulder Creek "Healing the Past"	Pat H	X	(also Treasurer)	1
CA1313	Fri Barn meeting	David E	X		1
CA652	Palo Alto 7:30 "Mon. Night Book Study"	Laura	X		1
CA971	Thur 7pm: "Serenity Seekers"	Michael	X		1
CA1075	Fri pm Los Gatos "Friday Freedom"	Karen & Amie			0
CA1337	"Scotts Valley Quiet Fellowship"	Joanne	X		1
CA1354	San Jose 10am "Saturday Serenity"	Not yet in IG			
CA1308	Mon: "Authentic Men"	Not yet in IG			

**Officers:**

Title	Name	Present	Proxy	Votes
Chair	Renee H	X		
Vice-chair	Clarissa B	X		1
Secretary	Carol G	X		
Treasurer	Pat H	X		

**Visitor ACA Members**

Name
Jean S
Holly
David H

**Committee Chairs**

**Who**

Committee Chair	Name	Present	Who
Web chair	Evie	X	
Literature chair	Beverle		Renee
Events chair	Joanne	X	
H&I	Pat	X	

- **Opening:** Renee H. opened the meeting with the ACA Serenity Prayer, followed by members reading our Mission and Commitment to Service statements, 12 Traditions & 9<sup>th</sup> Concept. Roll Call / see attendance above. IGR's, proxies and officers vote; visitors and committee chairs do not. [13 voting members present out of our current possible 15 represents a quorum.]
- **Minutes:**  
**Motion:** Approve minutes of Aug 25 meeting as written.  
Joanne, Patt seconded; Vote: 13-0-0

**REPORTS**

- **Chair:**
  - Renee described the Mingus Mountain retreat and passed around the schedule. Key speaker was Claudia B who authored some of the BRB.
  - Fall Retreat at Westminster Woods Oct. 26-28 is sold out but has a waiting list. Laura described it as a clean and simple retreat, organic in activities and structure. <https://5thACAFallRetreat.eventBrite.Com>).
  - Greater East Bay ACA has a speaker meeting October 13 6-7:30 pm in Brentwood. See [GEBACA.ORG](http://GEBACA.ORG)
  - Laundry List Traits workshop will be offered at PAMF 12:30-2pm Saturdays Nov 3-Feb 23. Renee provided flyers.
  - **Treasurer:** Pat H. distributed a report showing a balance of \$766.61. After donations received today and today's 7<sup>th</sup> Tradition she reported a balance of \$959.31.
- **IGR (InterGroup Representatives):**

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- 7pm Tuesday Boulder Creek “Healing the Past” Pat was pleased to welcome members attending today as visitors. They read from BRB and share.
  - 9:30 Wednesday “Serenity Seekers” Judy reported 20 attendees. They have a rotating format, including reading from BRB, non-dominant handwriting, speaker, and step of the month.
  - “ACA Women in Recovery” Thursday 5:30 meeting: Renee reported attendance is smaller lately with 20+ attendees but still going strong. The group is seeking input on how to welcome non-cis-gender, trans & non-binary gender women to the group.
  - “ACA Scotts Valley” Monday meeting: Evie reported 15-20 attendance. Group reads from daily meditations or has a 10-minute speaker.
  - “Scotts Valley Quiet Fellowship” – Joanne reported this meeting of 5-7 follows Monday SV meeting. It is a good self-care opportunity with both unstructured time and sharing time.
  - Salinas “Freedom from the Past” Teresa reports a second meeting may be starting in Carmel Valley.
  - Sunday “Adult Loving Parent”: Patt reported attendance of 22. They read Chapters 8 & 15 from BRB, which focus on inner child work and becoming one’s adult own loving parent.
  - “Friday Nite ACA” 7:15-8:30 pm Barn meeting: David reported this meeting has a lot of active participation, fellowship and camaraderie. Members step forward to lead guided meditation or non-dominant handwriting; monthly speaker.
  - Saturday 9:00 “Heart Circle” Barn meeting: Carol reported solid attendance of 12-18. Group reads daily meditation and shares, is considering adding a 10 minute speaker once a month and adding “Other Laundry List” to the readings.
  - Thursday 7:00 pm “Serenity Seekers” meeting: Michael reported the meeting has a new secretary and is doing well.
  - Tuesday Red Church “Inner Loving Parent” meeting – Emily reported the group now has literature and appreciates the discount thru Intergroup. The group does reading and meditation.
  - “Friday Freedom” Los Gatos 7:30 pm meeting: Not represented today.
  - Palo Alto Wednesday meeting: Not represented today.
  - Monday “Authentic Men” meeting: not represented.
- **WSO Representative:**
    - Pat H. reported no group internationally has offered to host the 2020 meeting. WSO will approach groups who have shown interest in the past.
    - WSO is restructuring AWC-ABC. The host city has had to negotiate hotels, meals, room rates etc. WSO has agreed to be more involved, with an Events Coordinator to work with the ABC and WSO chairs to organize and offer more support to the host committee.
    - Pat will be at October annual strategic planning meeting in Orlando and will not be at our next IG meeting. She asked anyone willing to collect money for her in October to check with her after the meeting.
    - WSO officer elections are coming up: Chairman, Treasurer and Secretary. There are 6-year term limits.
    - WSO currently has committees addressing sponsorship and addressing predatory behavior.

## Committee Reports:

### ● Events:

- Joanne stated there are no events to report.
- She has been doing some research and working on defining “what is an event”, distinguishing between an ACA Monterey Bay Intergroup “Sponsored” event and an ACA Monterey Bay Intergroup “Sanctioned” event. She will work with interested participants to refine the draft guidelines she handed out, so that everyone has clear direction on how to initiate and publicize an event.
- There was also discussion about when the ACA logo may be used on a flyer. Pat H will check.

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**Motion:** Joanne nominated as chair of Events Committee

Carol, Clarissa seconded      Vote: 13-0-0

- **Hospitals & Institutions (H&I)**

- Pat reported she has gone to the jail and submitted paperwork to get us into the facilities.
- Pat is the Director; anyone participating needs a background check which she will initiate.
- How it works:
  - Our H&I representatives will run meetings at the jails; 2 ACA members together. The meeting is held in a small room with a panic button.
  - Women can go into men's jails.
  - This will be ready by November.
- Pat will contact WSO to request free literature for H&I use.
- **Please announce in meetings:** anyone interested in co-secretarying a jail meeting, please send email to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com).
- Pat will email Evie with information on what to post on the website.

- **Literature:**

- Renee reported current inventory.
  - BRB hard cover: 26
  - 12 step yellow workbook: 12
  - Strengthening Our Recovery daily reader soft cover: 23
  - Laundry List workbook: 12
  - Newcomer booklet: 23

Someone asked if we should stock up on the Laundry List workbook for the upcoming workshop. Renee plans to buy from WSO at 10% discount and offer them for sale to workshop participants. Discussion followed about the Step Study and Laundry List Traits workshops Renee which has offered, predating our Intergroup and which many of us have attended. Some members spoke of their experience in these workshops and expressed confidence that they promote recovery in our area and are worthy of Intergroup sanction and publicizing on our Website.

**Motion:** Intergroup sanctions and authorizes listing on the website this 16-week Laundry List Traits Workshop (Nov. 3-Feb 23).

Renee, Carol & Pat seconded      Vote: 11-0-2 abstained

- **Web:** [acamontereybay.org](http://acamontereybay.org)

- Evie reported that she has tested and added an online interactive literature form which the user can fill out online, and which automatically is emailed to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com). The PDF is still available for printing for those who prefer that method.
- Meeting agendas have been added
- Palo Alto meetings have been added

- **Sponsorship Workshop**

- Clarissa handed out flyers for the workshop October 21 at PAMF 1:30 – 3:00 (before the Sunday 3:30 meeting)

### Old Business:

- **What do members want/expect of Intergroup? IGR's please poll meetings on this**

**Motion:** Adjournment

Carol moved, Teresa seconded      Vote: 13-0-0

The meeting was adjourned at 3:22

Respectfully submitted,

Carol G. / Secretary 9/24/18