

**MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES**

Saturday, November 26, 2022 @ 2:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

**Attendees: Intergroup Representatives**

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"				0
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	X		1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Beverle	X		1
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"				0
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"				0
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Troy			0
CA1416	TUE 7:00 pm "Tony A Meditation"	Carol	X		1
CA1107	TUES 7:00 pm "Breathe Easy" - Monterey	Shannon			0
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Dottie	X	Evie	1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"				0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"	Jeannie	X		1
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"				0
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Rosa	X		1

**Attendees: Officers, Committees and Visitors**

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	
Vice-Chair	Carol G	X		0	
Secretary	Renée	X		1	
Treasurer	Clare			0	
WSO Rep	Open			0	
Committee	Chair	Present	Proxy		
Website / Zoom	Evie	X			
Workshop Coordinator	Open				
Potluck Speaker Meetings	Shari	X			
Literature Depot Host	Carol G	X			
Retreat Committee	Hiatus				
Fun Task Force	Hiatus				

**Opening:** Shari opened the Zoom meeting at 2:02pm. She announced this meeting was being recorded. The ACA Serenity Prayer was recited. Members read aloud the Mission Statement, Commitment to Service, the 11<sup>th</sup> Tradition, 11<sup>th</sup> Concept, and the Guidelines for ACA Business Meetings. Shari welcomed everyone to the meeting, noting there were no new IGRs or visitors. Shari thanked Carol for presiding over last month's meeting while Shari was absent. Roll call was taken and voting rights clarified. A quorum was established, see attendance above. (IGR's, proxies, and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 8 voting members were present, meeting our one-less-than-2/3 quorum requirement of 6.

**Minutes:** Shari asked if there were any additions or corrections to the minutes of the October 22<sup>nd</sup> meeting. Carol indicated that the "Breathe Easy" meeting was listed as having no IGR, but Shannon is serving in that position. This correction was noted.

**Motion:** (Jeannie/Carol) Approve the minutes of the 10/22/22 meeting as corrected. (7-0-1)

**7th Tradition:** Shari reminded the group there are two ways to contribute to the Intergroup's 7<sup>th</sup> Tradition: Venmo @Clare\_treasurer and PayPal mbacatreasurer@gmail.com.

**REPORTS**

**Chairperson** – Shari reminded the group that nominations will be taken at the December Intergroup meeting for the Intergroup officers' positions. Elections will be held at the January meeting.

Shari gave a brief summary of what she heard at today's WSO Region Subcommittee meeting. There are newly forming Regions around the world that are results of interesting collaborations between countries. Australia and New Zealand have consolidated with the 8 Russian Regions assisting; there is an African Regions hub being assisted by Canada and US Regions 2 & 5. More information of global activity regarding Regions is available on the WSO Website: <https://acawso.org/category/global-members/> Shari announced the Intergroup Chairperson position will be vacant in 2023 as she is relocating outside of California.

**Vice Chairperson** –Carol mentioned the Vice Chair position will be open in 2023. She will not be seeking an officer's position.

**Secretary** – Renée said she cannot serve another term as Secretary as she has already served 3 years. The IGRs were asked to announce the open position and see if anyone with secretarial and notetaking skills might be interested in serving next year. Shari reminded the group that this meeting is also recorded to assist in producing the meeting minutes.

**Treasurer** – Clare was absent and sent an email in lieu of the Treasurer's Report for November listing balances but no detail. The detail will be reviewed next month. The ending balance on was \$1,421.42 in addition to the following reserves:

Prudent Reserve \$800.00  
Outreach \$ 65.56  
Events \$ 56.41  
Travel \$150.00

Intergroup donated \$1,600 to WSO in 2022.

**WSO Representative** –No report, open position.

### IGR (Intergroup Representatives) Reports:

- **Saturday 9:00am "Heart Circle"**: Rosa said the meeting continues to be strong with some newcomers attending. All service positions will be open in January. They read the daily reader and share during the meeting. A new format feature is having volunteers raise their electronic hand to read a section of the Promises.
- **Thursday 5:30pm "Women in Recovery"**: Jeannie reported the group voted at the last business meeting to contribute to Intergroup. Jeannie hopes to stay as the group's IGR next year. There are 6-7 attending and they read the BRB and have a speaker once a month. The meeting can use support. Jeannie posts the Conscious Contact newsletter into the Chat Box during the meeting.
- **Wednesday 5:30pm "ACA @ UCSC"**: no IGR. This meeting had started meeting in person again. They went on Zoom only this week as it was Thanksgiving week, finals are approaching, and the campus is currently experiencing a strike with no in-person classes. The time of the meeting has been changed to 5:30pm. Cheryl is doing a great job getting help with the meeting and has circulated flyers around the campus.
- **Wednesday 9:30am "Serenity Seekers"**: Dottie was absent and Evie was proxy. She reported 8-12 attending weekly with all service positions filled. The group of regular attendees follow a rotating format each week.
- **Tuesday 7:00pm "Tony A Meditation"**: Carol reported everyone enjoys the guided meditations and the Tony A readings. There is a core group attending with shared secretary duties. A few newcomers have been attending.
- **Monday 9:30am "ACA of Scotts Valley"**: Beverle reported it's a great meeting with a core group and a few newcomers. Renée and Shari have been co-secretaries and their term is over at the end of November. They read Strengthening My Recovery and have a speaker on the last Monday of each month.
- **Sunday 6:00pm "Laundry Lists"**: Peg reported there is a core group of 8-15 attending. Ella & Dottie share Secretary duties. Carol is their Treasurer. There are some newcomers. They rotate between the Laundry List/Flip Side and the Other Laundry List/Flip Side. Peg's service position as IGR will be open in January.
- **Sunday 3:30 "Adult Loving Parent"**: no IGR.
- **Monday 5:30pm "Stepping Up in ACA"**: no IGR.
- **Monday 7:00pm "Authentic Men"**: No IGR.
- **Tuesday 12:30pm "Inner Loving Parent-Inner Child"**: Troy was absent.
- **Tuesday 7:00pm "Breathe Easy" – Monterey**: Shannon was absent.
- **Wednesday 6:00pm "Freedom from the Past" - Salinas**: no IGR.
- **Thursday 7:00pm "Serenity Seekers"**: No IGR. Still needs support.
- **Friday 7:15pm "Friday Night ACA"**: no IGR.
- **Member meetings with no current IGR:**

Monday 5:30pm "Stepping Up in ACA"	Monday 7:00pm "Authentic Men" – in person
Wednesday 6:00pm "Freedom from the Past"	Wednesday 7:00pm "ACA @ UCSC" – hybrid
Thursday 7:00pm "Serenity Seekers"	Friday 7:15pm "Friday Night ACA"
Sunday 3:30pm "Adult Loving Parent"	

## COMMITTEE REPORTS

- **Literature Depot** –Carol shared the Literature Report for November and reported sending only 3 Newcomer Booklets. Current inventory: 8 BRB, 6 12 Step Workbooks, 5 Strengthening My Recovery, 7 Laundry List Workbooks, 6 Loving Parent Guidebooks, and 20 Newcomer Booklets. Carol is getting reimbursed for any postage she uses to mail out the Newcomer Booklets.
- **Website/Zoom Committee** –Evie reported the number of hits on the website from 10/29 to today: 326. The busiest day of that time period was November 7<sup>th</sup>. Carol changed the color of the main website page to “holiday red.”

**Motion:** (Renée/Evie) Change the word “Region” to “Area” on the website title page to avoid confusion. (8-0-0)

Jeannie asked if the job description for the IGR position is on the website. It is on the website, inside the Charter document.

- **Virtual Speaker Meeting** –The next Virtual Speaker Meeting will be on January 15, 2023 at 5:30pm PST on Zoom. A flyer will be posted on the website in December.

**Workshop Coordinator**–Open position. Shari will present a workshop on Sunday, December 4<sup>th</sup> at 1-2:30pm PST on “EFT: Emotional Freedom Technique or Tapping as an ACA Tool for Triggers, “which has been requested by members for use during the holiday season. Her last workshop on this topic was held November 2021. Pre-registration is required and an email will be sent to all pre-registrants with Zoom information and other workshop handouts. Attendance is limited to 30 pre-registrations. Shari requested this workshop be sanctioned by the Intergroup.

**Motion:** (Renée/Carol) EFT workshop be sanctioned by the Intergroup. (8-0-0)

A workshop flyer will be attached to these minutes and the Conscious Contact newsletter.

- **Retreat Committee** – on hiatus.
- **Outreach Committee** – on hiatus.
- **Fun Night Task Force** – on hiatus.

## OLD BUSINESS

The printable meeting list generated by Jeannie will be updated with the UCSC Zoom information. This information is now on the WSO website. Some discussion ensued and this motion resulted:

**Motion:** (Rosa/Shari) Attach the printable meeting list to these Intergroup Meeting minutes sent to the IGRs.

This printable meeting list will be sent to the IGRs with these minutes.

## NEW BUSINESS

**Motion:** (Renée/Evie) Move the next Intergroup Meeting to December 17<sup>th</sup> to free up Christmas Eve. (8-0-0)

Shari asked everyone to think about ways to do outreach into the community. She polled the group for ideas and made notes.

Agenda items for next meeting:

- Whether or not to collect 7<sup>th</sup> Tradition funds for the Intergroup Meeting
- Should the Committee Chairs have a vote at the Intergroup level?
- Should the Record of Motions be posted on the website?

**Motion:** (Renée/Carol) Adjourn the meeting. (7-0-0)

The meeting was adjourned at 3:18pm followed by the ACA Serenity Prayer.

Please send any future agenda items to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com).

Respectfully submitted,  
Renée H.  
11/26/22