

CONSCIOUS CONTACT

NEWSLETTER FOR ACA MONTEREY BAY INTERGROUP
OCTOBER 22, 2022

This is YOUR Intergroup newsletter. If you want to bring up something at the monthly Intergroup Meeting, you are invited and welcome to attend the meeting on the fourth Saturday of each month at 2:00pm.

Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214

Monterey Bay ACA website: <http://acamontereybay.org/> Look on the website for local meeting information, upcoming events, speaker meetings, workshops, flyers, Intergroup information, and more!

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There are now **THREE** of our meetings meeting **IN PERSON** and they need your support to continue to grow:
Monday 7:00pm "Authentic Men" Wednesday 5:30pm "ACA@UCSC" Tuesday 7:00pm "Breathe Easy" Monterey

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Some of our regular Zoom meetings also need your support:

Monday 5:30pm "Stepping Up in ACA", Thursday 5:30pm "Women in Recovery", Thursday 7:00 pm "Serenity Seekers,"
Wednesday 6:00 pm "Freedom from the Past"

The "Bonfire  Meeting" meets in person on the **2nd and 4th Mondays at 7:00 pm** at Twin Lakes Beach, at the end of 7th/8th Ave. Check the website for the start time as the meeting usually observes daylight savings time.

If your group has an event to announce or a change to your meeting that you would like to post on our website, please use the new online **Web Request Form** under the **Intergroup Business tab**. Here is the link: <https://acamontereybay.org/auto-draft/> If you have an **urgent** request, send an email to mbacaweb@gmail.com.

Help Wanted: Intergroup needs these service volunteers:

- **Workshop Coordinator** to make possible, organize and support the facilitators of our workshops.
- **Outreach Committee Chair** to coordinate Public Outreach activities and report back to the Intergroup.
- **WSO Representative** to attend monthly WSO Board Conf. 2nd Saturday 11am-2pm and report to Intergroup
- **Intergroup Representatives** for 2023. Consider representing your home meeting at monthly Intergroup.

Questions? Interested? Send an email to acamontereybay@gmail.com for a job description and more information.

If you would like information on some local facilities that are available to accommodate in-person meetings, please send an email to acamontereybay@gmail.com for a copy of the worksheet.

Contact information:

Monterey Bay ACA Intergroup:	acamontereybay@gmail.com
Intergroup Treasurer:	mbacatreasurer@gmail.com
Workshop Coordinator:	mbacaworkshops@gmail.com
Retreat:	mbacaretreat@gmail.com
Literature:	mbacaliterature@gmail.com
Fun Night Committee:	mbacafuncommittee@gmail.com
Website Committee:	mbacaweb@gmail.com

Donate to Intergroup: Venmo @Clare_treasurer or PayPal mbacatreasurer@gmail.com. Please share this information with your group's Treasurer and announce at your meetings.