

CONSCIOUS CONTACT

NEWSLETTER FOR ACA MONTEREY BAY INTERGROUP
SEPTEMBER 24, 2022

This is YOUR Intergroup newsletter. If you want to bring up something at the monthly Intergroup Meeting, you are invited and welcome to attend the meeting on the fourth Saturday of each month at 2:00pm.

Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214

Monterey Bay ACA website: <http://acamontereybay.org/> Look on the website for local meeting information, upcoming events, speaker meetings, workshops, flyers, Intergroup information, and more!

- **Laundry List Traits Workshop started September 24. Enrollment is open for 2 more weeks.**
- **Next Speaker Meeting is October 9, 5:30-7pm followed by Sponsorship Corner. Great Line Up of Speakers!**

Some of our regular meetings need support

Monday 5:30pm "Stepping Up in ACA", Thursday 5:30pm "Women in Recovery", Thursday 7:00 pm "Serenity Seekers"

The "Bonfire  Meeting" meets in person on the **2nd and 4th Mondays at 7:00 pm** at Twin Lakes Beach, at the end of 7th/8th Ave.

If your group has an event to announce or a change to your meeting that you would like to post on our website, please use the new online **Web Request Form** under the **Intergroup Business tab**. **Here is the link:** <https://acamontereybay.org/auto-draft/> If you have an **urgent** request, send an email to mbacaweb@gmail.com.

If you would like information on some local facilities that are available to accommodate in-person meetings, please send an email to acamontereybay@gmail.com for a copy of the worksheet.

Help Wanted: Intergroup needs these service volunteers:

- **Workshop Coordinator** to make possible, organize and support the facilitators of our workshops.
- **Outreach Committee Chair** to coordinate Public Outreach activities and report back to the Intergroup.
- **WSO Representative** to attend monthly WSO Board Conf. 2nd Saturday 11am-2pm and report to Intergroup.

Questions? Interested? Send an email to acamontereybay@gmail.com for a job description and more information.

Intergroup Representatives for 2022 are needed for the following groups. Please consider getting involved in this interesting service opportunity.

Monday 5:30pm "Stepping Up in ACA"

Wednesday 6:00pm "Freedom from the Past"

Friday 7:15pm "Friday Night ACA"

Monday 7:00pm "Authentic Men"

Thursday 7:00pm "Serenity Seekers"

Sunday 3:30 "Adult Loving Parent"

Contact information:

Monterey Bay ACA Intergroup:

Intergroup Treasurer:

Workshop Coordinator:

Retreat:

Literature:

Fun Night Committee:

Website Committee:

acamontereybay@gmail.com

mbacatreasurer@gmail.com

mbacaworkshops@gmail.com

mbacaretreat@gmail.com

mbacaliterature@gmail.com

mbacafuncommittee@gmail.com

mbacaweb@gmail.com

Donate to Intergroup: Venmo @Clare_treasurer or PayPal mbacatreasurer@gmail.com. Please share this information with your group's Treasurer and announce at your meetings.