

**MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES**

Saturday, July 23, 2022 @ 2:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

**Attendees: Intergroup Representatives**

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"				0
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	X	Victoria	1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Beverle	X		1
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"				0
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"				0
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Troy			0
CA1416	TUE 7:00 pm "Tony A Meditation"	Carol	X		1
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Dottie	X	Bob P.	1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"				0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"	Jeannie	X		1
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Megan	X		1
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Rosa	X		1

**Attendees: Officers, Committees and Visitors**

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	Elizabeth
Vice-Chair	Carol G	X		0	
Secretary	Renée		Carol	0	
Treasurer	Clare	X		1	
WSO Rep	Victoria	X		0	
Committee	Chair	Present	Proxy		
Website / Zoom	Evie		Carol		
Workshop Coordinator	Open				
Potluck Speaker Meetings	Shari	X			
Literature Depot Host	Carol G	X			
Retreat Committee	Open				
Fun Task Force	Shari	X			

**Opening:** Shari opened the Zoom meeting at 2:02pm. The ACA Serenity Prayer was recited. Shari announced this meeting was being recorded. Members read aloud the Mission Statement, Commitment to Service, 7<sup>th</sup> Tradition, 7<sup>th</sup> Concept, and the Guidelines for ACA Business Meetings. Shari welcomed all the IGRs, proxies and committee members to the July Intergroup Meeting. Roll call was taken and voting rights clarified. A quorum was established, see attendance above. (IGR's, proxies, and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 9 voting members were present, meeting our one-less-than-2/3 quorum requirement of 7.

**Minutes:**

Carol mentioned a correction she had made; Shari had noted that Victoria was marked present but her report had been in absentia.

**Motion:** (Beverle/Jeannie) Approve the minutes of the 6/25/22 meeting as corrected. (9-0-0)

**7th Tradition:** Shari reminded the group there are two ways to contribute to the Intergroup's 7<sup>th</sup> Tradition: Venmo @Clare\_treasurer and PayPal mbacatreasurer@gmail.com.

**REPORTS**

**Chairperson** –Shari stated she would make her report with Old Business.

**Vice Chairperson** –Carol had nothing to report.

**Secretary** – Renée was not in attendance.

**Treasurer** – Clare shared the Treasurer’s Report for 2022 to date. The ending balance was \$1,883.74 in addition to the following reserves:

Prudent Reserve	\$800.00
Outreach	\$ 65.56
Events	\$ 56.41
Travel	\$150.00

Clare suggested replenishing some of these reserves from the general fund, to move them to pre-Covid levels: \$300 Events, \$500 Travel, \$200 Outreach. During discussion it was clarified that the Retreat bank account has been closed with the balance having been refunded to the one registrant. Intergroup donated \$500 to WSO in April.

**Motion:** (Clare/Victoria) Move \$740 to Events, Travel and Outreach to replenish them to pre-COVID levels. (6-3-0) (4-5-0)  
Minority opinion voters expressed that this is not necessary until activities in these areas begin to resume. Shari asked if anyone had changed their vote based on hearing the minority opinions. Since two members indicated a change in their vote, a re-vote was taken. The result was (4-5-0) so the motion did not pass.

**WSO Representative** –Victoria stated that attending the monthly 11am-1pm WSO Board Conference is difficult for her during summer. She indicated possible willingness to resume in another season. Minutes are not currently available from the meeting; the plan was to post recordings, but Victoria reports this has not been done for a few months. No one in attendance volunteered to take on this task and IGR’s are asked to announce the service opportunity in their meetings.

### **IGR (Intergroup Representatives) Reports:**

- **Sunday 3:30 “Adult Loving Parent”:** no IGR.
- **Sunday 6:00pm “Laundry Lists”:** Victoria as Peg’s proxy reported they have a steady group attending at 6-10 and usually a newcomer or two. Since it’s zoom-only, people from all over show up, attracted by the Laundry List topic.
- **Monday 9:30am “ACA of Scotts Valley”:** Beverle reported the meeting attendance has 6-10 attendees with a core group of regulars. They read from the Daily Reader with a monthly chair.
- **Monday 5:30pm “Stepping Up in ACA”:** no IGR. This meeting could use some support.
- **Monday 7:00pm “Authentic Men”:** No IGR. The meeting is now held in person at the Quaker Meeting House.
- **Tuesday 12:30pm “Inner Loving Parent-Inner Child”:** Troy was not in attendance today.
- **Tuesday 7:00pm Monterey “Breathe Easy”:** Shannon absent.
- **Tuesday 7:00pm “Tony A Meditation”:** Carol reported the meeting is a nice little meeting featuring a guided meditation which was led this week by Megan. They also read from the Tony A book.
- **Wednesday 9:30am “Serenity Seekers”:** Bob P. as proxy for Dottie reported the meeting went hybrid a few weeks ago and the only people attending in-person are those who need to be there to make the meeting work. They are going to take a group conscience about how to proceed.
- **Wednesday 7:00pm “ACA @ UCSC”:** no IGR. This meeting has been on hiatus. Beverle indicated it will not restart until October after UCSC resumes.
- **Wednesday 6:00pm “Freedom from the Past”:** no IGR.
- **Thursday 5:30pm “Women in Recovery”:** Jeannie reported this is a BRB Study with a speaker the last week of each month. They are still seeking a new Treasurer. They want to still have the meeting mentioned in the Conscious Contact newsletter as needing support.
- **Thursday 7:00pm “Serenity Seekers”:** No IGR. Still needs support.
- **Friday 7:15pm “Friday Night ACA”:** Megan reported the rotating Secretary position and rotating meeting format each week is working. Solid attendance of 6-9 with occasional newcomers, several in yesterday’s meeting. Megan needs to step down from being IGR due to a change in her work schedule conflicting with IG meetings. No one has stepped forward so far to take the IGR service position. Today is her last IG meeting. The group thanked her for her service.
- **Saturday 9:00am “Heart Circle”:** Rosa reported the meeting is healthy with 15+ attending. They read from Strengthening My Recovery each week.

### **Member meetings with no current IGR:**

Monday 5:30pm “Stepping Up in ACA”	Monday 7:00pm “Authentic Men”
Wednesday 6:00pm “Freedom from the Past”	Wednesday 7:00pm “ACA @ UCSC” (not meeting currently)
Thursday 7:00pm “Serenity Seekers”	Friday 7:15 “Friday Night ACA” (as of now)

## COMMITTEE REPORTS

- **Literature Depot** –Carol reported some sales and newcomer pamphlets mailed in July. She mailed the prize books (1 BRB, 1 step workbook) to the winners from the speaker meeting, and also ordered literature to replenish stock. She displayed the inventory report: 7 BRB, 7 Step workbooks, 6 Strengthening My Recovery, 10 Laundry List workbooks, 10 Loving Parent Guidebooks and 22 Newcomer Booklets. The only book with a price increase at WSO is the BRB (\$21 for hard cover, \$20 for soft cover). The cost of paper and price of printing have gone up considerably while WSO prices had been steady for several years. There are still 2 BRB at the old price: Shari and Victoria have asked to buy them. Carol has started working on recalculating prices based on current costs will present new pricing at the next meeting. It was clarified that the prize books come out of the Literature Depot, funded by Intergroup, and that this was voted on earlier as a standard practice.
- **Website/Zoom Committee** –Carol displayed the web hits report and explained that she and Evie have been doing some cleanup maintenance on the site and she writes step-by-step documentation on various tasks as they come up. Documentation is stored on our Google Drive. Rosa commented that it was easy for her to use the Web Request Form to make a change for Heart Circle and was pleased that the requested update was done promptly.
- **Virtual Speaker Meeting** –Shari reported the July Speaker Meeting was successful with about 50 participants. Some attendees were able to find sponsors at the Sponsorship Corner. Next Speaker Meeting will be on October 9<sup>th</sup>, 5:30-7pm. Immediately following at 7pm will be the Sponsorship Corner. It was observed that we should ask people who are available as sponsors to attend the Sponsorship Corner, and encourage those seeking sponsors to attend.
- **Workshop Coordinator**–Open position. Jeannie mentioned that the next Laundry Lists Traits workshop will begin September 24. A flyer will be on the website. She is also proposing a 21-week series of Boundaries meetings.
- **Outreach Committee** – Open position.
- **Fun Night Committee** – Shari reported the committee is on hiatus with no immediate plans. She mentioned the ACA Zoom Boom Room which features 45 minutes of dancing and speakers, with lot of attendees. The meeting is 2 hours after the dancing. The ACA annual Arizona retreat will be in Prescott AZ this year, September 9-11. <https://aca-retreat.org>

## OLD BUSINESS -

### Possible participation in a Region

Shari reported followup from last month's report. She attended a meeting for the Greater Western Region, which encompasses 13 states but had only 2 people in attendance. She also attended a meeting for a newly forming Western Area Region, which as reported last month, is proposing to start out in Northern California with possible expansion. Currently the Sacramento and Bay Area intergroups are participating, and have invited our Intergroup. They are suggesting services including: 24-hr hotline, meeting support, help starting a meeting, Intergroup support, ACA retreat, website. She forwarded the information on both groups to IGR'S by email after last month's IG meeting. Repeating from last month's minutes:

(Forming) Western Area Region: Meets 2<sup>nd</sup> Friday 9 am Zoom ID 891 6572 2623 Code 333444

Greater Western Region: Meets last Thursday 6:30- 7:30pm Zoom ID 892 0095 8890 Code: Region2

Shari will continue to attend at least the Western Area Region and report back at our next meeting.

## NEW BUSINESS

### Possible new meeting

Victoria reported she found a women-only ACA site out of LA that has a calendar of meetings, including "Declutter yourself" and "Filling the Void" which is mostly around food and eating, using a book by Marianne Williamson. Victoria is thinking she might want to start a meeting like this. She noted this is not ACA literature. Victoria will email the information on the website to anyone who is interested.

### Meeting Frequency

We discussed the possibility of meeting less often when we have light agendas. Multiple members expressed that they would prefer not to have the meetings on a Saturday afternoon. We could meet at a different day and time.

**Motion:** (Shari/Rosa) to take August off, noting that if something urgent comes up Shari will call a meeting. (7-0-2)

**Motion:** (Jeannie/Carol) Adjourn after Serenity Prayer (9-0-0)

The meeting was adjourned at 3:28 pm

Please send any future agenda items to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com).

Respectfully submitted, Carol G. on behalf of Renée H., Recording Secretary 7/24/22