

MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, June 25, 2022 @ 2:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

Attendees: Intergroup Representatives

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"				0
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	X		1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Beverle	X		1
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"				0
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"				0
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Troy			0
CA1416	TUE 7:00 pm "Tony A Meditation"	Carol	X		1
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Dottie	X		1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"				0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"	Jeannie	X		1
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Megan	X		1
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Rosa		James	1

Attendees: Officers, Committees and Visitors

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	Elizabeth
Vice-Chair	Carol G	X		0	
Secretary	Renée		Carol	0	
Treasurer	Clare			0	
WSO Rep	Victoria			0	
Committee	Chair	Present	Proxy		
Website / Zoom	Evie	X			
Workshop Coordinator	Open				
Potluck Speaker Meetings	Shari	X			
Literature Depot Host	Carol G	X			
Retreat Committee	Open				
Fun Task Force	Shari	X			

Opening: Shari opened the Zoom meeting at 2:02pm. Shari announced this meeting was being recorded. The ACA Serenity Prayer was recited. Members read aloud the Mission Statement, Commitment to Service, 6th Tradition, 6th Concept, and the Guidelines for ACA Business Meetings. Shari welcomed all the IGRs and committee members to the June Intergroup Meeting. Roll call was taken and voting rights clarified. A quorum was established, see attendance above. (IGR's, proxies, and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 8 voting members were present, meeting our one-less-than-2/3 quorum requirement of 7.

Minutes:

Motion: (Beverle/James) Approve the minutes of the 5/28/22 meeting as written. (8-0-0)

7th Tradition: Shari reminded the group there are two ways to contribute to the Intergroup's 7th Tradition: Venmo @Clare_treasurer and PayPal mbacatreasurer@gmail.com.

REPORTS

Chairperson –Shari stated she would make her report with New Business.

Vice Chairperson –Carol had nothing to report.

Secretary – Renée was not in attendance.

Treasurer – Clare was absent. Shari shared the Treasurer’s Report for 2022 to date. The ending balance was \$1,995.18 in addition to the following reserves:

Prudent Reserve	\$800.00
Outreach	\$ 65.56
Events	\$ 56.41
Travel	\$150.00

Motion: (Carol/Dottie) Accept the Treasurer’s Report. (8-0-0)

The Treasurer’s Report was not formally accepted last month, as the submitted report did not list the refund of the \$500 deposit for the Retreat. The correction has since been made. Clare’s email is mbacatreasurer@gmail.com for all communication regarding the Intergroup Treasury.

WSO Representative – Shari read Victoria’s report, which referenced that the WSO Board Chair was stepping down; Here is the link to Charlie H’s letter <https://adultchildren.org/comline/wso-news/letter-from-wso-board-chair/>. He introduces the current board officers. Victoria also shared an alternate Serenity Prayer which she had found on Comline:

Alternate Serenity Prayer

by [Anonymous](#) | Jun 15, 2022 | [ACA Toolbox](#), [ComLine](#)

God, grant me the serenity to stop beating myself up for not doing things perfectly,
the courage to forgive myself because I’m working on being better,
and the wisdom to know that you already love me just the way I am.

IGR (Intergroup Representatives) Reports:

- **Sunday 3:30 “Adult Loving Parent”:** no IGR.
- **Sunday 6:00pm “Laundry Lists”:** Peg reported they have a steady group attending at 12-17 and usually a newcomer or two. Because it’s zoom-only there are people from all over. They read and discuss the Laundry List & Flip Side on weeks 1 & 3, and the Other Laundry List & Flip Side on weeks 2 & 4. It’s a great meeting. Service positions are currently filled.
- **Monday 9:30am “ACA of Scotts Valley”:** Beverle reported the meeting attendance has dropped to 6-8 with a core group of regulars. They have recently fine tuned the meeting script.
- **Monday 5:30pm “Stepping Up in ACA”:** no IGR. This meeting could use some support.
- **Monday 7:00pm “Authentic Men”:** No IGR. The meeting is now held in person at the Quaker Meeting House.
- **Tuesday 12:30pm “Inner Loving Parent-Inner Child”:** Troy was not in attendance today.
- **Tuesday 7:00pm Monterey “Breathe Easy”:** Shannon absent.
- **Tuesday 7:00pm “Tony A Meditation”:** Carol reported the meeting is a nice little meeting. Everyone seems to enjoy the guided meditation which is a great way to end the day. They have had some newcomers who are now regulars, with attendance of 9 or more each week. They have 3 rotating Secretaries which seems to work well.
- **Wednesday 9:30am “Serenity Seekers”:** Dottie and Shari reported it’s a strong meeting with around 20 attending regularly. The meeting started in hybrid form at the Soquel Congregational Church June 15. They have had 5-6 in person and are fine tuning their technology, adding a microphone etc.
- **Wednesday 7:00pm “ACA @ UCSC”:** no IGR. This meeting has been on hiatus. Beverle has been in touch with 2 people interested in establishing a hybrid meeting (October after UCSC resumes). They could meet at the Cove or the Community Room, both of which are free. Beverle can take riders in her car to help save on parking fees.
- **Wednesday 6:00pm “Freedom from the Past”:** no IGR.
- **Thursday 5:30pm “Women in Recovery”:** Jeannie reported this is a BRB Study with a speaker the last week of each month. Attendance is down a bit for summer. They are still seeking a new Treasurer. They want to still have the meeting mentioned in the Conscious Contact newsletter as needing support.
- **Thursday 7:00pm “Serenity Seekers”:** No IGR.
- **Friday 7:15pm “Friday Night ACA”:** Megan reported the rotating Secretary position and rotating meeting format each week keeps the meeting fresh. Megan is needing to step down from being IGR but will help mentor a replacement next month if someone comes forward.

- **Saturday 9:00am “Heart Circle”:** James as Rosa’s proxy reported the meeting is healthy with 18+ attending. The meeting has a positive vibe. They read from Strengthening My Recovery each week. Service positions turn over in July; new Treasurer, Co-host were elected today; Secretary position will be finalized next week.
- **Bonfire Meeting continues the 2nd and 4th Mondays at 7pm in person at 7th Ave Twin Lakes Beach.**

Member meetings with no current IGR:

Monday 5:30pm “Stepping Up in ACA”	Monday 7:00pm “Authentic Men”
Wednesday 6:00pm “Freedom from the Past”	Wednesday 7:00pm “ACA @ UCSC” (not meeting currently)
Thursday 7:00pm “Serenity Seekers”	Sunday 3:30pm “Adult Loving Parent”

COMMITTEE REPORTS

- **Literature Depot** –Carol reported some sales in May. She gave a verbal report of inventory: 6 BRB, 2 12-Step workbooks, 1 Strengthening My Recovery, 10 Laundry List workbooks, 4 Loving Parent Guidebooks and 16 Newcomer Booklets. The only book with a price increase at WSO is the BRB (\$21 for hard cover, \$20 for soft cover). The cost of paper and price of printing have gone up considerably while WSO prices had been steady for several years.
- **Website/Zoom Committee** –Evie demonstrated the new ‘contacts’ section at the bottom of the home page, which has hyperlinks for the key contact emails (general and committee chairs). She also showed the partial archive of Conscious Contact newsletters, and showed the June website hits report. Carol has begun writing step-by-step guides on how to do maintenance functions, including posting a flyer, updating a meeting, posting an event. Documentation is stored on our Google Drive.
- **Virtual Speaker Meeting** –Shari reported the next Speaker Meeting will be on July 10th. There will be 3 speakers, a giveaway, and a fun exercise. Immediately following will be the Sponsorship Corner. The event and flyer are on acamontereybay.org.
- **Workshop Coordinator**–Open position. There is a job description for the Workshop Coordinator posted on the website. Please mention this opening at your meetings. Carol presented her Boundaries Workshop on June 12. It was well attended and received positive evaluations. Unfortunately some participants had difficulty hearing Carol. Slides were made available for participants to download.
- **Outreach Committee** – Open position. She will email the job description to anyone interested.
- **Fun Night Committee** – Shari reported she enjoyed leading the Zoom Dance Party on Saturday, June 11th.

OLD BUSINESS - None

NEW BUSINESS

Possible participation in a Region

Shari reported having received invitations from the Greater Western Region, which includes several Western states and has been on hiatus, and a newly forming Western Area Region, which is proposing to start out in Northern California with possible expansion. They are suggesting services including: 24-hr hotline, meeting support, help starting a meeting, Intergroup support, ACA retreat, website. She forwarded the information on both groups to IGR’S after the meeting.

(Forming) Western Area Region: Meets 2nd Friday 9 am Zoom ID 891 6572 2623 Code 333444

Greater Western Region: Meets last Thursday 6:30- 7:30pm Zoom ID 892 0095 8890 Code: Region2

Shari will attend both meetings and report back at our July meeting. If we should vote to join one of the Regions, we would make financial donations to it (splitting what we now donate to WSO).

Service and Sponsorship

Shari asked members to think about how we can get people involved in their program beyond meeting attendance. Sponsors are in short supply and service positions are often difficult to fill, as we witness in our Intergroup. It was suggested that we might need social media presence to involve younger ACA’s.

Motion: (Beverle/Carol) to adjourn (8-0-0)

The meeting was adjourned at 3:14pm with the recital of the ACA Serenity Prayer.

Please send any future agenda items to acamontereybay@gmail.com.

Respectfully submitted,

Carol G. on behalf of Renée H., Recording Secretary

6/25/22