

CONSCIOUS CONTACT

NEWSLETTER FOR ACA MONTEREY BAY INTERGROUP

MAY 28, 2022

This is YOUR Intergroup newsletter. If you want to bring up something at the monthly Intergroup Meeting, you are invited and welcome to attend the meeting on the fourth Saturday of each month at 2:00pm.

Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214

Boundaries Workshop: Sunday, June 12, 2022 1:30 pm - 3:15 pm Pacific Daylight Time (1 hour 45 minutes) on Zoom <https://us02web.zoom.us/j/88460006528> Meeting ID: 884 6000 6528 Passcode: aca

Some of our regular meetings need support

Monday 5:30pm "Stepping Up in ACA" Thursday 5:30pm "Women in Recovery" Thursday 7:00 pm "Serenity Seekers"

If you would like information on some local facilities that are available to accommodate in person meetings, please send an email to acamontereybay@gmail.com for a copy of the worksheet.

The "Bonfire  Meeting" meets in person on the 2nd and 4th Mondays at 7:00 pm at Twin Lakes Beach, at the end of 7th/8th Ave.

If your group has an event to announce or a change to your meeting that you would like to post on our website, please use the new online **Web Request Form** under the **Intergroup Business tab**. Here is the link: <https://acamontereybay.org/auto-draft/>

If you have an **urgent** request, please send an email to mbacaweb@gmail.com.

Help Wanted: Intergroup needs these service volunteers:

- **Workshop Coordinator** to make possible, organize and support the facilitators of our workshops.
- **Outreach Committee Chair** to coordinate Public Outreach activities and report back to the Intergroup.

If interested, please send an email to acamontereybay@gmail.com for a job description and more information.

Intergroup Representatives for 2022 are needed for the following groups. Please consider getting involved in this interesting service opportunity.

Monday 5:30pm "Stepping Up in ACA"

Monday 7:00pm "Authentic Men"

Wednesday 6:00pm "Freedom from the Past"

Thursday 7:00pm "Serenity Seekers"

Sunday 3:30 "Inner Loving Parent"

Contact information:

Monterey Bay ACA Intergroup:

acamontereybay@gmail.com

Intergroup Treasurer:

mbacatreasurer@gmail.com

Workshop Coordinator:

mbacaworkshops@gmail.com

Retreat:

mbacaretreat@gmail.com

Literature:

mbacaliterature@gmail.com

Fun Night Committee:

mbacafuncommittee@gmail.com

Website Committee:

mbacaweb@gmail.com

Monterey Bay ACA website: acamontereybay.org Look on the website for local meeting information, upcoming events, speaker meetings, workshops, flyers, Intergroup information, and more!

Donate to Intergroup: Venmo @Clare_treasurer or PayPal mbacatreasurer@gmail.com.

Please share this information with your group's Treasurer and announce at your meetings.