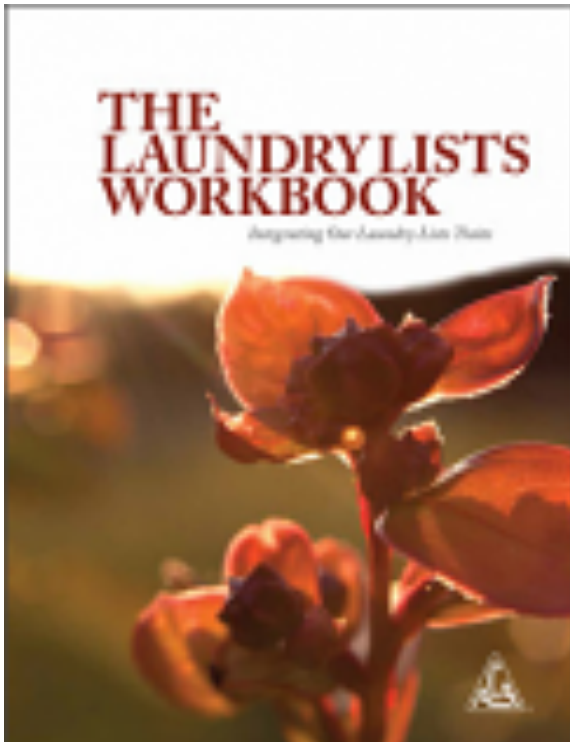




Join your fellow travelers on
a journey through the



LAUNDRY LIST TRAITS

Open to anyone who feels
this workshop aligns with
YOUR recovery journey.

This 16-Week Workshop will focus on the Laundry List Traits as a way of helping us shift away from our dysfunctional behaviors and learn new ones!

Saturdays 9:00 am to 10:30 am PST

Starting June 4th through September 17th

Meeting ID: 811 7067 5708

Passcode: 236912

Attend one of the first three Sessions to register.

For information, call Jennifer 707-302-9735