

# CONSCIOUS CONTACT

NEWSLETTER FOR ACA MONTEREY BAY INTERGROUP

APRIL 23, 2022

This is YOUR Intergroup newsletter. If you want to bring up something at the monthly Intergroup Meeting, you are invited and welcome to attend the meeting on the fourth Saturday of each month at 2:00pm.

Zoom link: <https://us02web.zoom.us/j/89897977526> PW 792214

A Round Table Discussion on Returning to In Person Meetings will be held Saturday, May 14 at 1:00 – 2:00pm on Zoom ID: 898 9797 7526 PC:792214. All are welcome to attend.

## Some of our regular meetings need support

Monday 5:30pm “Stepping Up in ACA”

Wednesday 7:00 pm “ACA @ UCSC”

Thursday 5:30pm “Women in Recovery”

Thursday 7:00 pm “Serenity Seekers”

The “**Bonfire**  Meeting” meets in person on the **2<sup>nd</sup> and 4<sup>th</sup> Mondays at 7:00 pm** at Twin Lakes Beach, end of 7<sup>th</sup>/8<sup>th</sup> Ave.

ACA Annual World Convention (AWC) is virtual-only, May 21-22. Register at [acaworldconvention.org](http://acaworldconvention.org). If you would like to offer a performance or a workshop in one of the periods between speakers lasting approximately 30 minutes, please contact Shari at [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) for more information. Examples are comedy, yoga, poetry, singing, dance party, or other talents.

If your group has an event to announce or a change to your meeting that you would like to post on our website, please use the new online **Web Request Form** under the **Intergroup Business tab**. If you have an urgent request, please send an email to [mbacaweb@gmail.com](mailto:mbacaweb@gmail.com).

The Retreat Committee will be meeting Saturday, May 5<sup>th</sup> at 1:00pm. All are welcome to attend to discuss the Retreat which has been postponed. Contact Jeannie at [jeanniemac40@gmail.com](mailto:jeanniemac40@gmail.com) for more information.

**Help Wanted:** Intergroup needs these service volunteers:

- **Workshop Coordinator** to make possible, organize and support the facilitators of our workshops.
- **Outreach Committee Chair** to coordinate Public Outreach activities and report back to the Intergroup.

If interested, please send an email to [acamontereybay@gmail.com](mailto:acamontereybay@gmail.com) for a job description and more information.

**Intergroup Representatives for 2022 are needed for the following groups.** Please consider getting involved in this interesting service opportunity.

Monday 5:30pm “Stepping Up in ACA”

Monday 7:00pm “Authentic Men”

Wednesday 7:00pm “ACA @ UCSC”

Wednesday 6:00pm “Freedom from the Past”

Thursday 7:00pm “Serenity Seekers”

Sunday 3:30 “Inner Loving Parent”

## **Contact information:**

Monterey Bay ACA Intergroup:

Intergroup Treasurer:

Workshop Coordinator:

Retreat:

Literature:

Fun Night Committee:

Website Committee:

[acamontereybay@gmail.com](mailto:acamontereybay@gmail.com)

[mbacatreasurer@gmail.com](mailto:mbacatreasurer@gmail.com)

[mbacaworkshops@gmail.com](mailto:mbacaworkshops@gmail.com)

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[mbacafuncommittee@gmail.com](mailto:mbacafuncommittee@gmail.com)

[mbacaweb@gmail.com](mailto:mbacaweb@gmail.com)

**Monterey Bay ACA website:** [acamontereybay.org](http://acamontereybay.org) Look on the website for local meeting information, upcoming events, speaker meetings, workshops, flyers, Intergroup information, and more!

**Donate to Intergroup:** Venmo @Clare\_treasurer or PayPal [mbacatreasurer@gmail.com](mailto:mbacatreasurer@gmail.com).

Please share this information with your group’s Treasurer and announce at your meetings.