

MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, April 23,2022 @ 2:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

Attendees: Intergroup Representatives

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"				0
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	X		1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Beverle			0
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"				0
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"				0
CA682	MON 7:30 pm Palo Alto "Monday Night Book Study"				0
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Troy	X		1
CA1416	TUE 7:00 pm "Tony A Meditation"	Carol	X		1
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Dottie	X	Paul	1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"				0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"	Jeannie	X		1
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Megan			0
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Rosa	X		1

Attendees: Officers, Committees and Visitors

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	Shannon
Vice-Chair	Carol G	X		0	
Secretary	Renée	X		1	
Treasurer	Clare	X		1	
WSO Rep	Victoria			0	
Committee	Chair	Present	Proxy		
Website / Zoom	Evie		Carol		
Workshop Coordinator	Open				
Potluck Speaker Meetings	Shari	X			
Literature Depot Host	Carol G	X			
Retreat Committee	Jeannie	X			
Fun Task Force	Hiatus	0			

Opening: Shari opened the Zoom meeting at 2:03pm. Shari announced this meeting was being recorded. The ACA Serenity Prayer was recited. Members read aloud the Mission Statement, Commitment to Service, 4th Tradition, 4th Concept, and the Guidelines for ACA Business Meetings. Shari welcomed the IGRs, committee members, proxies and visitors to the April Intergroup Meeting. Roll call was taken and voting rights clarified. A quorum was established, see attendance above. (IGR's, proxies, and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 9 voting members were present, meeting our one-less-than-2/3 quorum requirement of 6.

Minutes:

Motion: (Carol/Rosa) Approve the minutes of the 3/26/22 meeting as written. (8-0-1)

7th Tradition: Clare announced and posted in the chat the two ways to contribute to the Intergroup's 7th Tradition: Venmo @Clare_treasurer and PayPal mbacatreasurer@gmail.com.

REPORTS

Chairperson – Shari announced that the Annual World Conference will be held virtually on May 21-22 and they are currently looking for members who would like to share their talents with the world. Options for performances might include reciting poetry, leading a workshop in Pilates or yoga, facilitating a short class, singing some songs, or anything else our fellowship might have to offer. A time limit of 30 minutes is the maximum length to fit between 2 speakers. Contact Shari at acamontereybay@gmail.com if you have any questions or are interested in participating.

Vice Chairperson –Carol had nothing to report.

Secretary – Renée had nothing to report.

Treasurer – Clare displayed her Treasurer’s Report for 2022 to date. The ending balance was \$1,454.11 in addition to the reserves, totaling \$2,526.08.

Prudent Reserve	\$800.00
Outreach	\$ 65.56
Events	\$ 56.41
Travel	\$150.00

A donation was made to WSO for \$500 as voted on last month.

Clare’s email is mbacatreasurer@gmail.com for all communication regarding the Intergroup Treasury.

WSO Representative – Victoria was unable to attend today’s meeting. She submitted a written report which Jeannie read. The report is attached to the end of these minutes.

IGR (Intergroup Representatives) Reports:

- **Saturday 9:00am “Heart Circle”**: Rosa reports the meeting is doing well and is strong with 15-20+ attending virtually. They read the daily reader and share. They have begun discussions on returning to in person meetings. Rosa encouraged all to attend.
- **Friday 7:15pm “Friday Night ACA”**: Megan was absent today.
- **Thursday 5:30pm “Women in Recovery”**: Jeannie reported the meeting would like to remain in the Conscious Contact newsletter as needing support. They have attendance of 5-7 weekly and have implemented a rotating Secretary position. The ballot proposal votes were turned in. They have had 2 newcomers this month.
- **Wednesday 9:30am “Serenity Seekers”**: Dottie’s proxy is Paul who reported the meeting is strong with 18-20 attending. All service positions are filled with Paul serving as Secretary.
- **Thursday 7:00pm “Serenity Seekers”**: No IGR and needs support. Paul gave a report that their attendance has slightly increased to 4-5 and he is the new Treasurer and Jerry serves as Secretary.
- **Tuesday 7:00pm “Tony A Meditation”**: Carol reported the meeting is going well. Everyone seems to enjoy the meditation which seems to settle everyone into the meeting. They read from Tony A’s book. They have had 2 newcomers. They have 3 rotating Secretaries which seems to work well.
- **Tuesday 12:30pm “Inner Loving Parent-Inner Child”**: Troy reported the hybrid meeting is going great with 7-20 people attending in person and 1-7 on Zoom with some newcomers. They read the BRB for 5 minutes (chapters 13,8,15,12 & 16) and Strengthening My Recovery twice a month. They have quiet journaling/meditation time for 8 minutes and once a month there is a speaker.
- **Bonfire Meeting continues the 2nd and 4th Mondays at 7pm in person at 7th Ave Twin Lakes Beach.**
- **Monday 7:00pm “Authentic Men”**: No IGR. The meeting is now held in person at the Quaker Meeting House.
- **Sunday 6:00pm “Laundry Lists”**: Peg thanked Carol for her assistance in submitting the ballot proposal votes for this meeting. There were 12 attending last week and up to 17 some weeks. There’s a core group and some new members and newcomers. They read and discuss the Laundry List & Flip Side on weeks 1 & 3, and the Other Laundry List & Flip Side on weeks 2 & 4. All service positions are filled.
- **Tuesday 7:00pm at Monterey AA Fellowship Hall**: Shannon reported that this meeting needs to register with WSO and vote to join this Intergroup. It is an in-person meeting with 4 people attending. Shari will be in contact with Shannon to assist in these activities.
- **Monday 9:30am “ACA Scotts Valley”**: Beverle was absent.

Meetings with no current IGR:

- Monday 5:30pm “Stepping Up in ACA”
- Monday 7:00pm “Authentic Men”
- Monday 7:30pm “Monday Night Book Study”
- Wednesday 6:00pm “Freedom from the Past”
- Wednesday 7:00pm “ACA @ UCSC”
- Thursday 7:00pm “Serenity Seekers”
- Sunday 3:30pm “Adult Loving Parent”

COMMITTEE REPORTS

- **Literature Depot** –Carol reported sales were few in April. She submitted her written report and photograph of inventory: 6 BRB, 5 12-Step workbooks, 5 Strengthening My Recovery, 10 Laundry List workbooks, 10 Loving Parent Guidebooks and 18 Newcomer Booklets. A question was asked if ACA members want to purchase literature and their meeting does not have the desired literature, what price is Carol charging these individuals for the literature? Carol answered she is charging the individual the prices voted on for selling literature at Events (9/25/21 IG meeting). Jeannie noted that the WSO is discussing increasing the price of the BRB, so this should be considered when ordering in the future.
- **Website/Zoom Committee** –Evie was absent today but appeared later in the meeting as a listener. Carol reported that she and Evie have been meeting once a week for training on maintaining and updating the website. They have developed a disclaimer about the geographic area service by Monterey Bay ACA IG which was voted on at last month’s meeting. An online form to submit for changes to the website was designed. Carol demonstrated the online form and entertained feedback from the group. A motion was discussed about requiring the WSO registration number on the form.

Motion: (Shari/Renée) WSO meeting number is a mandatory field on all meeting changes submitted. (6-3-0)

The minority opinions were heard and the vote changed, so another vote was taken. The new vote was (3-5-1).

It was suggested that a link be put in the online form to the WSO meeting listing to easily obtain the WSO meeting number. It was also suggested to call or text the Website/Zoom Committee members to ask any questions in filling out the online form.

The group read the disclaimer posted by Carol and agreed it was approved for posting on the website. Shari mentioned she would be making a list of changes to the website and would meet with Evie and Carol to assign priorities to those changes.

Urgent website requests should be emailed to mbacaweb@gmail.com

- **Virtual Speaker Meeting** –Shari reported the April 10th Virtual Speaker Meeting was a great success with 64 people attending and the largest Sponsorship Corner attendance yet. Shari thinks this shows a great need for sponsorship in ACA. She posted this event on the WSO calendar which drew some new people from out of our area.
- **Workshop Coordinator**–Open position. Please mention this opening at your meetings. Carol will be presenting her Boundaries Workshop in the coming 1-2 months. There is a job description for the Workshop Coordinator posted on the website.
- **Retreat Committee** – Jeannie reported she called a committee meeting on May 5th and she will share the results of that meeting at next month’s IG meeting.
- **Outreach Committee** – Open position. Shari will discuss under New Business.
- **Fun Night Committee** – Shari placed this committee on hiatus.

OLD BUSINESS

Which meetings are allowed to request listing on website?

A disclaimer was drafted and approved earlier in this meeting including the geographic area (Santa Cruz and Monterey Counties) of the Monterey Bay ACA IG.

NEW BUSINESS

Outreach

We are seeing more newcomers in our meetings lately and it would be great to get some momentum going to carry the ACA message to those adult children who still suffer. Keeping in mind the Covid information available, Shari would like to start to revive the Outreach Committee and asked the group for some ideas on ways to spread the word. Some suggestions were to post a "Help Wanted" poster on the website asking for members to join the Outreach Committee; recruit from other 12 Step Programs (with permission at their events, not promotion or infiltration); mention ACA when chairing other program meetings; make ACA information available at psychological programs, festivals, rock concerts, psych wards, Community Resources and Health Fairs held by non-profits. Jeannie shared she recently chaired another program's meeting and mentioned recovery from "trauma issues" in her chair and she received a lot of positive feedback and shared privately that ACA had helped her tremendously. Peg shared that in her former career, it was important that clients have access to resources in finding meetings. Another avenue of access is through substance abuse treatment programs where recovery from childhood trauma is now being addressed. Shari will draft a "Help Wanted" poster. She thanked the group for their enthusiasm and participation in moving toward reviving the Outreach Committee.

Round Table Discussion on Return to In Person Meetings

Intergroup would like to assist our meetings in returning to meeting in person, so the information gathered last June on local meeting venues and requirements was revisited. Updated information is needed on these venues. Carol will send the spreadsheet to the people originally gathering the data for updated contacts and information. A Round Table Discussion meeting will be held on **Saturday, May 14 at 1:00-2:00pm to discuss this information. All in the fellowship are welcome to attend this meeting on Zoom: ID: 898 9797 7526 PC: 792214**

The Heart Circle Meeting is investigating meeting outdoors in a park as a trial to see how the hybrid model works for them. Paul is the "scout" to find a private outdoor place to hold a meeting.

Please send any future agenda items to acamontereybay@gmail.com.

Motion: (Renée/Carol): Adjourn the meeting. (9-0-0)

The meeting was adjourned at 3:30pm with recital of the ACA Serenity Prayer.

Respectfully submitted,

Renée H.

Recording Secretary 4/24/22

WSO Report April 2022 from Victoria W. WSO Representative

Book sales continue to be great. India and Canada have been printing the books at a good price.

The pandemic provided the blessing of ACA spreading globally due to virtual meetings.

Ongoing discussion around increasing the cost of the BRB...price ranges discussed are from \$20 to \$25.

Due to five WSO paid employees in California the WSO will have to provide retirement plans as this is a California law.

A sample of the countries now having access to ACA:

India, Japan, China, Thailand, Bangkok.

The Member Services Committee needs members.

The H&I public service committee is working on a workshop that can be delivered to jails and/or prisons.

A Counselor's pamphlet is out for review.

20 countries have participated in the current ballot that will be discussed at the ABC convention.

New Board Members will be up for ratification during the ABC convention.