

MONTEREY BAY ACA INTERGROUP IG# 654 MEETING MINUTES

Saturday, March 26, 2022 @ 2:00 pm

Zoom Meeting ID: 898 9797 7526 PC: 792214

Attendees: Intergroup Representatives

Group#	Intergroup Member Meeting	IGR Name	Present	Proxy	Votes
CA1277	SUN 3:30 pm PAMF "Adult Loving Parent"				0
WEB0287	SUN 6:00 pm "Laundry Lists"	Peg	X		1
CA1264	MON 9:30 am Scotts Valley "ACA Scotts Valley"	Beverle	X	Evie	1
CA1371	MON 5:30 pm Scotts Valley "Stepping up in ACA"				0
CA1308	MON 7:00 pm Quaker Meeting House "Authentic Men"				0
CA682	MON 7:30 pm Palo Alto "Monday Night Book Study"				0
CA1233	TUE 12:30 pm "Inner Loving Parent – Inner Child"	Troy	X		1
CA1416	TUE 7:00 pm "Tony A Meditation"	Megan	X		1
CA 1169	WED 9:30 am Live Oak "Serenity Seekers"	Dottie	X		1
CA1241	WED 6:00 pm Salinas "Freedom from the Past"				0
CA1373	WED 7:00 pm "ACA@UCSC"				0
CA1170	THU 5:30 pm Quaker Mtg House "Women in Recovery"	Jeannie	X		1
CA971	THU 7:00 pm Red Church "Serenity Seekers"				0
CA1313	FRI 7:15 pm Barn Studio "Friday Night ACA"	Carol G	X		1
CA1276	SAT 9:00 am Barn Studio "Heart Circle"	Rosa	X		1

Attendees: Officers, Committees and Visitors

Title	Name	Present	Proxy	Votes	Visitor's Name
Chair	Shari	X		1	Elizabeth
Vice-Chair	Carol G	X		0	
Secretary	Renée	X		1	
Treasurer	Clare	X		1	
WSO Rep	Victoria			0	
Committee	Chair	Present	Proxy		
Website / Zoom	Evie	X			
Workshop Coordinator	Open				
Potluck Speaker Meetings	Shari	X			
Literature Depot Host	Carol G	X			
Retreat Committee	Jeannie	X			
Fun Task Force	Open	0			

Opening: Shari opened the Zoom meeting at 2:01pm. Shari announced this meeting was being recorded. The ACA Serenity Prayer was recited. Members read aloud the Mission Statement, Commitment to Service, 3rd Tradition, 3rd Concept, and the Guidelines for ACA Business Meetings. Roll call was taken and voting rights clarified. A quorum was established, see attendance above. (IGR's, proxies, and officers vote; visitors and committee chairs do not. One vote per person even if filling multiple roles.) 11 voting members were present, meeting our one-less-than-2/3 quorum requirement of 7.

Minutes:

Motion: (Rosa/Clare) Approve the minutes of the 2/26/22 meeting as written. (10-0-1)

7th Tradition: Clare announced and posted in the chat the two ways to contribute to the Intergroup's 7th Tradition: Venmo @Clare_treasurer and PayPal mbacatreasurer@gmail.com.

REPORTS

Chairperson – Shari announced that the Annual Business Conference will be held virtually on May 6-7, and the Annual World Conference will be held virtually May 21-22. Registration is available at acaworldconvention.org. Shari mentioned that the Western Region is experiencing some problems financially and has requested guidance from WSO.

Vice Chairperson –Carol had nothing to report. She is working on the website meeting listing which will be discussed later under Old Business.

Secretary – Renée thanked Carol for doing a fantastic job filling in as Secretary last month. Shari mentioned that the IG officers use a proxy when they are not able to attend an IG meeting. All IGRs are encouraged to do the same.

Treasurer – Clare displayed her Treasurer’s Report for 2022 to date. The ending balance was \$1,930.97 in addition to the reserves.

Prudent Reserve	\$800.00
Outreach	\$ 65.56
Events	\$ 56.41
Travel	\$150.00

Motion: (Carol/Renée) Donate \$500 to WSO. (11-0-0)

Clare’s email is mbacatreasurer@gmail.com for all communication regarding the Intergroup Treasury.

WSO Representative – Victoria was unable to attend today’s meeting. She was also unable to attend the last Trustee meeting and is waiting on the minutes from that meeting and will email a written report once she receives those minutes.

COMMITTEE REPORTS (out of order from the published agenda)

- **Literature Depot** –Carol reported sales were slow in March, selling 1 Loving Parent Guidebook and mailing one Newcomer Packet. Current inventory is 4 BRB, 8 Step workbooks, 5 Strengthening My Recovery, 7 Laundry List Workbooks, 1 Loving Parent Guidebook, and 14 Newcomer Booklets. Please order literature on mbacaliterature@gmail.com if you are in the Santa Cruz area, otherwise it is recommended to order online from shop.adultchildren.org as the Literature Depot is not equipped to ship literature. There is a Laundry List Traits workshop coming soon, so Carol said she would probably order some more books soon. Clare asked if a dollar limit should be established for literature orders. It has been the custom of the Intergroup to not set a dollar limit on ordering literature because the Literature Depot is self-sustaining.
- **Website/Zoom Committee** –Evie, Website Committee Chair, said the Website Committee met several times in March to provide some training and demonstrations for the committee members on updating the website with flyers and changes to meeting information. The flyer for the Virtual Speaker Meeting is on the front page of the website but the url link is not functioning, so Evie is getting this corrected. The committee is working on an online web request form for updates and postings, similar to the literature order form which has been recently updated and streamlined. The form will be completed in the next 2 weeks and available under the Website Committee section. The procedures for updates will be posted on the Website Committee section of the website and updates will be due on Wednesdays for updating on Thursdays and Fridays. If there is an urgent request, an email can be sent to mbacaweb@gmail.com to expedite the request. The Website Committee believes a plug-in for the Events Calendar would be a welcome addition to the website, enabling the committee to post recurring events efficiently, which they are now unable to do, costing a lot of time spent in posting recurring events to the Calendar.

Motion: (Evie/Clare) Purchase the Events Calendar plug-in for \$99/year. (11-0-0)

- **Virtual Speaker Meeting** –Shari reported the next one is April 10, “The Gift of Emotional Healing”, 5:30-7:00 pm followed by a Sponsorship Corner, which is for people looking for a sponsor and for those who sponsor others. A flyer is on the home page of the website and Shari will be listing it on the WSO website as well. One of the speakers has withdrawn, so if you are wanting to speak, please send an email to acamontereybay@gmail.com to let Shari know.

The remainder of the Committee Reports will be presented after the IGR Reports.

IGR (Intergroup Representatives) Reports:

- **Sunday 6:00pm “Laundry Lists”:** Peg reported Lorna is the Secretary and Erin is the screen sharer. There are 12-19 people attending with some newcomers. The format includes reading of the Laundry List Traits and the Other LL Traits and the flip sides, followed by discussion. They will be talking about voting on the ABC Ballot Proposals this Sunday.

- **Monday 9:30am “ACA Scotts Valley”:** Beverle was absent and Evie was her proxy. Evie reported the ABC Ballot Proposal voting went well and Beverle will be submitting the votes by March 31. There are less people attending this meeting recently, about 5-8 people now and no newcomers.
- **Monday 5:30pm “Stepping up in ACA”:** No IGR.
- **Monday 7:00pm “Authentic Men”:** No IGR. The meeting is now held in person at the Quaker Meeting House.
- **Monday 7:30pm “Monday Night Book Study”:** No IGR.
- **Tuesday 12:30pm “Inner Loving Parent-Inner Child”:** Troy is the new IGR for this meeting. It’s going well as a hybrid meeting with 1-4 people on Zoom and 6-12 people in person. They have literature for sale and get some newcomers. The format has been updated to have a speaker once a month. They read from the BRB and have a meditation/quiet period during the meeting.
- **Tuesday 7:00pm “Tony A Meditation”:** Megan reported she is no longer the IGR for this meeting as her schedule has changed. She and Carol have traded representation of this meeting and Friday night’s meeting. Carol reported this meeting has less than 10 attendees. The Secretary position rotates as does leading the 15-minute meditation part of the meeting. A reading from Tony A literature follows and then sharing.
- **Wednesday 9:30am “Serenity Seekers”:** Dottie reported the meeting is going strong with 15-20 attending. Voting for the ABC Ballot Proposals went well using a Google doc with 5 votes cast. Paul is the Secretary and Bob is the Treasurer.
- **Wednesday 6:00pm “Freedom from the Past”:** No IGR.
- **Wednesday 7:00pm “ACA@UCSC”:** No IGR.
- **Thursday 5:30pm “Women in Recovery”:** Jeannie reported the meeting is still small with 5-7 attending. They would like to continue to be mentioned in the Conscious Contact newsletter as needing support. At last week’s business meeting, three more people were voted in to rotate in the Secretary position along with the current Secretary. They will each serve in the position once a month. Voting on the ABC Ballot Proposals is in process. They study the BRB and have a speaker once a month. The Quaker Meeting House (former location of this meeting) is now open for in person meetings, but the group has not yet voted to return to in person meetings, so they are still meeting on Zoom
- **Thursday 7:00pm “Serenity Seekers”:** No IGR and needs support.
- **Friday 7:15pm “Friday Night ACA”:** Carol shared Megan will be the new IGR once the group conscience has been taken. Carol reported 12 attending last night and 4 members rotate as Secretary, which seems to be working very well, and they are glad to have Megan back.
- **Saturday 9:00am “Heart Circle”:** Rosa reports the meeting is very healthy with 15-20 attending. This Zoom meeting format includes reading from Strengthening My Recovery followed by sharing. Rosa said she prepared PowerPoint presentations for the ABC Ballot Proposals over the past few weeks and reporting the votes will be completed shortly. She announces an invitation to attend the monthly IG meeting to the group weekly.

Meetings with no current IGR:

- Monday 5:30pm “Stepping Up in ACA”
- Monday 7:00pm “Authentic Men”
- Monday 7:30pm “Monday Night Book Study”
- Wednesday 6:00pm “Freedom from the Past”
- Wednesday 7:00pm “ACA @ UCSC”
- Thursday 7:00pm “Serenity Seekers”
- Sunday 3:30pm “Adult Loving Parent”

COMMITTEE REPORTS (Continued)

- **Workshop Coordinator**—Open position. A survey to the fellowship mailing list was sent out twice in the past month and 22 responses were received. A copy of the results is attached to these minutes. The three top workshop suggestions were (1) *Courageous Communication*, (2) *Relationships*, and (3) *Boundaries* tied with *Art – transformation collage*. Shari shared that Carol would be willing to facilitate her Boundaries workshop, Shari would be willing to facilitate the Grief Unraveled workshop and Jeannie volunteered to facilitate a 22-week Boundaries workshop as well. The goal is to present a workshop every other month. Please announce to your groups that the Workshop Coordinator position is open.
- **Retreat Committee** – Jeannie announced she will be calling a Retreat Committee meeting the first week in April to update the group. She has asked Koinonia for a list of 2023 open weekends and Koinonia responded that they would like us to give them a list of desired dates. The committee will be exploring alternative sites as some members are not comfortable with the dorm-like sleeping arrangements at Koinonia.

- **Outreach Committee** – Open position. There are lots of existing resources for use by this committee in carrying the message, so there is no need to “re-invent the wheel.”
- **Fun Night Committee** – Shari has plans in the works with a possible May event.

OLD BUSINESS

Voting on ABC Ballot Proposals – Shari sent out a link for the IG members to vote on the proposals prior to this meeting. The deadline for voting for this group is March 30. The link is <https://forms.gle/4R8pUYafr9xrzwYm9>

Which meetings are allowed to request listing on website?

It was suggested that volunteers contact certain meetings in our local area that are currently listed on our website to see if they would like to join Monterey Bay ACA Intergroup. Renée, Jeannie and Meegan volunteered to contact various meetings and report back. Discussion ensued about this topic and a motion was offered. It was suggested that a link to the WSO ACA Meeting List be added to the website. The Website Committee will take on that suggestion.

Motion: (Evie/Renée) Add a disclaimer to the website meeting list stating if a meeting would like to be listed on the website, to contact acamontereybay@gmail.com to join the Intergroup. (11-0-0)

The Website Committee will draft the verbiage for this disclaimer.

Further discussion yielded another motion:

Motion: (Carol/Rosa) The geographic scope of the Monterey Bay ACA Intergroup will be Santa Cruz County and Monterey County. (8-0-1)

NEW BUSINESS - none

Please send any future agenda items to acamontereybay@gmail.com.

Motion: (Renée/Carol): Adjourn the meeting. (8-0-0)

The meeting was adjourned at 3:32pm.

Respectfully submitted,
Renée H.
Recording Secretary 3/27/22